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O'level

Foundation

Week 37

The Write Tribe

ARGUMENTATIVE

Argumentative Essay Sample

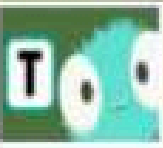
TOPIC: Smart devices are destroying the current generation. Do you agree?

INTRODUCTION
A. Background information
1. General background information that grabs attention
2. More specific background information to lead to thesis
B. Thesis statement
1. Topic
2. Outline your keypoints

TOPIC: It is easier to be a teenager than an adult. Do you agree?

INTRODUCTION
A. Background information
1. People may think teenagers have it easy. The increasing volatile world thrusts teenagers into tides of uncertainty and chaos.
2. Additionally, hormonal body changes, issues with identity and social pressure makes being a teenager harder than ever.
B. Thesis statement
1. It is harder to be a teenager than an adult because
2. they grapple with identity crisis, have higher chances of anxiety and depression. Lastly, their values are not taken as highly as adults'.

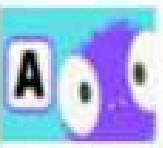
SUPPORT PARAGRAPH 1



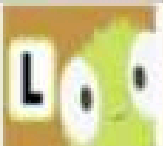
Grappling with identity crisis.



Teenage bodies go through hormonal changes leading to changes in mood. Compared to adults, they face more struggles with identity. Since, they go through numerous changes, they are more self conscious than adults. Furthermore, the pressure of today's society to look good from social media is taxing on them.

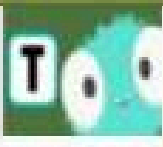


For example, thanks to technology, they have access to the world through social media. Not all messages that come through are healthy for them. They may not have the maturity to adopt the right messages and may follow wrong trends that could lead to adopting poor self image.

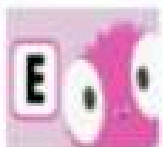


Therefore, teenagers have it harder than adults as they go through identity crisis thanks to the numerous body changes.

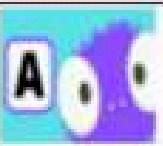
SUPPORT PARAGRAPH 2



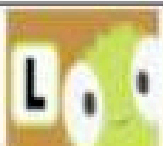
Being a teenager is a confusing period. They are more prone to anxiety and depression.



Due to the bodily changes and hormones, they are a bundle of emotions. They also go through rapid growth spurts, periods, acne and a change in vocal cords. This can lead to a feeling of not being in control. Therefore, it can create a cycle of anxiety and depression in them. Whereas, an adult's life is more stable as they do not go through such rapid physical changes anymore.



For example, in a study funded by the National Institutes of Health (NIH), researchers found that the prevalence of major depressive episodes in adolescent children in America increased from 8.7 percent in 2005 to 11.3 percent in 2014. This increase is made worse by the access to technology. The unwanted pressure to look and act in a certain way adds on to anxiety and depression. A teen's brain is not fully developed until age 25. The prefrontal cortex is responsible for making rational decisions. Teenagers make decisions more with the amygdala - the emotional aspect.



Therefore, compared to an adult, teenagers are more prone to anxiety and depression that can make being a teenager a difficult time period.

CONCLUSION

THESIS RESTATEMENT

Some may argue that teenage years are the golden years and they do not have to worry yet about paying bills. They are still in school and have the liberty to explore the paths they like while being sheltered. However, there is a lot of pressure on today's teens. Most teens have to take examinations at a tender age that can determine their life path. For example in China, teenagers sit for a national exam called *Gaokao*. *Gaokao* is often dubbed the most gruelling and formidable examination in the world that can affect a teenager's future job prospects. Such burden on young shoulders can be cruel, considering their rational decision making part of the brain only develops fully at age 25.

SUMMARIZE SUBPOINTS

Therefore, due to social pressure from social media, the search for identity and hormonal changes that can cause anxiety and depression,

FINAL IMPRESSION

being a teenager hard. Therefore, it is definitely harder being a teenager than an adult.

Topic: It is easier to be a teenager than an adult. Do you agree?