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Test Grammar الملف

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Teacher's name : Ms An  
Class : Grade 7 – basic class

Test 45 minutes  
Date : 21st October

**I. Choose the odd one out.**

1. a. running                      b. coughing                      c. cycling                      d. swimming
2. a. vegetables                      b. fish                      c. fried chicken                      d. fruits
3. a. cold                      b. cough                      c. stuffy nose                      d. sunburn
4. a. soda                      b. milk                      c. fruit Juice                      d. water
5. a. fever                      b. health                      c. obesity                      d. headache

**II. Choose the best answer a, b, c, or d to complete the sentence.**

1. Please wake me \_\_\_\_\_ at 5 and we will leave at 6 in the morning.  
a. up                      b. on                      c. over                      d. in
2. If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
a. lose                      b. gain                      c. put on                      d. take
3. Junk foods are high in fat, sodium and sugar, which can lead to \_\_\_\_\_.  
a. fever                      b. allergy                      c. obesity                      d. stomachache
4. He looks so \_\_\_\_\_. He can't keep his eyes open!  
a. happy                      b. tired                      c. healthy                      d. fit
5. If you want to stay healthy, eat \_\_\_\_\_ vegetables, wholegrains, fruit and fish.  
a. much                      b. fewer                      c. more                      d. less
6. Fruit tastes good \_\_\_\_\_ it's healthy for your body.  
a. so                      b. but                      c. or                      d. and
7. You are \_\_\_\_\_ you eat, so don't eat unhealthy foods.  
a. what                      b. who                      c. which                      d. that
8. She looks very tired. She should work \_\_\_\_\_ or she will get sick.  
a. well                      b. less                      c. more                      d. enough
9. She stays in \_\_\_\_\_ by exercising daily and eating well.  
a. health                      b. fit                      b. size                      d. shape
10. Don't sit too close to the screen, \_\_\_\_\_.  
a. and you'll hurt your eyes                      b. so you can see more clearly  
c. or you'll get a headache                      d. but it's bad for your health

**III. Complete the sentences with the correct form or tense of the verb *play, go, do* or *collect*.**

1. He \_\_\_\_\_ tennis with his father every Sunday.
2. We \_\_\_\_\_ camping in Dam Sen Park next Saturday.
3. \_\_\_\_\_ you \_\_\_\_\_ coins some day in the future?
4. Do you want \_\_\_\_\_ a jigsaw puzzle with me?

**IV. Underline the correct words.**

1. Your eyes look very tired. Let your eyes rest \_\_\_\_\_ and watch \_\_\_\_\_ TV.
2. If you want to stay in shape, eat \_\_\_\_\_ healthy food like fruits, vegetables or fish.
3. Drink \_\_\_\_\_ water when you have a high fever.
4. If you want to lose weight, eat \_\_\_\_\_ junk food.
5. Sunbathe \_\_\_\_\_ to avoid getting sunburnt.

**V. Choose the word which best fits each gap.**

Breakfast is the (1) \_\_\_\_\_ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (2) \_\_\_\_\_ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (3) \_\_\_\_\_ to concentrate. Surprisingly, breakfast actually plays a part in weight control. It's easier to (4) \_\_\_\_\_ weight if you eat in the morning rather than later in the day. Dividing the day's calories (5) \_\_\_\_\_ three meals helps take off weight more efficiently than (6) \_\_\_\_\_ breakfast and having two larger meals a day does.

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|----------------|-----------|-----------|------------|
| 1. a. healthy  | b. tasty  | c. main   | d. most    |
| 2. a. strenght | b. power  | c. energy | d. effort  |
| 3. a. able     | b. enable | c. unable | d. capable |
| 4. a. lose     | b. put    | c. gain   | d. drop    |
| 5. a. in       | b. into   | c. up     | d. for     |
| 6. a. skipping | b. making | c. buying | d. serving |

**VI. Join each pair of sentences by using a suitable conjunction: *and, but, or, so*.**

1. The bus stopped. The man got off.
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2. He is a vegetarian. He doesn't eat any meat.
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