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Vocabulary about Worksheet الملف

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Family and Friends 4 Unit 12
Vocabulary Test
Form 5
Max 57p.

1. Translate the words. Use articles **a / an** where necessary. Use active vocabulary. /10

izaugt		pils	
svece		tējkarote	
veselīgs		vingrot	
slīmnīca		padoms	
brokastu pārslas		pievienoties	

2. Read the definitions and write the words. Use articles **a / an** where necessary. /10

- a type of food that is used to make things sweet;
- a bad feeling you have when your throat hurts;
- a sickness that causes sneezing, coughing, and a runny nose;
- if you are this, you can do a lot of exercise without getting tired;
- a type of small fish;
- a type of food with big green leaves that you can cook;
- when you have this, you feel strong and want to do lots of exercise
- a type of food made of very thin, flat pieces of potato
- to feel as if your head is going round and round;
- a person who looks after his or her body; something which is good for you.

3. Translate the words and use them to complete the sentences. /11

<i>labā formā</i>	<i>gāzēti dzērieni</i>	<i>enerģija</i>	<i>čipsi</i>	<i>nelaba dūša</i>	<i>saaukstēšanās</i>
<i>veselīgs</i>	<i>vēdersāpes</i>	<i>lielot zāles</i>	<i>kalcijs</i>	<i>sardīnes</i>	

- 1) food is food that is good for you.
- 2) If you are, you can compete in races without getting exhausted.
- 3) is in some foods, such as cheese and milk.
- 4) I don't like vegetables. I like chips, burgers and
- 5) Milly has got a so she shouldn't play outside today.
- 6) Sam has got a because he ate six cupcakes.
- 7) If you eat too many sweets you will feel
- 8) Playing football regularly will give you more
- 9) You should if you feel very ill.
- 10) Eating is good for your bones.
- 11) There is a lot of salt in one packet of

4. Write a paragraph of 6 sentences describing this picture.

/6



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5. Translate the sentences.

/20

Kas tev kaiš?	
Ak vai. Man šķiet, ka tu esi slimš.	
Tev nevajadzētu ēst kūkas, kad tev ir vēdergrauzes!	
Tev vajadzētu iedzert nedaudz ūdeni un doties uz gultu.	
Viena skārdene kolas satur apmēram deviņas tējkarotes cukura!	
Augļi un dārzeņi palīdz tev palikt veselam un augt stipram.	
Tas tev nenāk par labu.	
Makss nevarēja apēst savas vakariņas, bet viņš varēja apēst daudz kūku.	
Kad es biju mazulis, es varēju gulēt un sapņot.	
Bet tagad, kad esmu vecāks, es varu iet skolā.	