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nouns uncountable and countable about Worksheet الملف

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Complete the summary with five of the words in the box.

eat is before healthy mornings sleep
isn't after unhealthy afternoons

The lifestyle of sumo wrestlers normal. The food which they eat is , but they a lot. They also sleep a lot in the and they don't exercise meals.

Complete the sentences using one of the words in brackets.

1. Would you like a ? (sandwich / chips)
2. There are two in the fridge. (yoghurts / meat)
3. Do you have for breakfast? (strawberry / cheese)
4. Can I have a , please? (rice / pizza)
5. I don't like . (sandwich / salad)
6. Have you got any ? (banana / bread)

Complete the dialogue with the words in the box.

a lot of a lot any how many
how much much some some

Dan : I'm hungry. Let's make cheese sandwiches.

Joe : Good idea. bread is there?

Dan : There's bread, but there isn't cheese.

Joe : I think there's chicken.

Dan : OK. Are there apples?

Joe : Yes, there are.

Dan : OK. apples are there?

Joe : There are of apples.

Dan : Perfect! Chicken sandwiches and apples.

FOOD AND HEALTH (PART 2)

NAME:

CLASS:

Complete the interview with the questions below.

The sports interview ...

SUMO STYLE

Those sumo wrestlers are big! How much do they weigh?

Most top wrestlers weigh more than 140 kilos. The heaviest are around 190 kilos.

Is it a popular sport?

Well, there aren't many sumo wrestlers these days. It isn't a healthy lifestyle.

(1) _____

They get up early and **train** from 5 a.m. until about 1 p.m.

What do they have for breakfast?

They don't have breakfast – so they're very hungry at lunchtime and they eat a lot!

(2) _____

They have a special **dish** called *chankonabe*. There's a lot of meat or fish in *chankonabe* and there are also a lot of vegetables.

(3) _____

Well, it's full of **vitamins** and there isn't much fat in it, but they eat **enormous** quantities – sometimes six or seven **bowls** – and then maybe five bowls of rice.

But they exercise a lot.

Yes, but not after meals. After lunch they sleep, then they get up and eat more *chankonabe*.

(4) _____

Yes, some eggs, salads, some **desserts** maybe; but always *chankonabe*. So, if you want to be sumo-size, eat and sleep a lot. If not, maybe do sports which are healthier!

What do they have for lunch?

Do they ever eat any different foods?

What's their typical day?

Is it healthy?