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Grammar English about Worksheet الملف

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# 4C Short life, long life?

## I. GRAMMAR

Complete the sentences with a verb and an adverb of frequency.

- 1 Matt usually sleeps for eight hours.
- 2 He \_\_\_\_\_ relaxed.
- 3 He \_\_\_\_\_ sports or exercises.
- 4 He \_\_\_\_\_ healthy food.
- 5 He \_\_\_\_\_ sick.

always	✓✓✓✓		
usually	✓✓✓		
often	✓✓		
sometimes	✓		
hardly ever			
never	-		
		Matt	Becky
sleep for eight hours	✓✓✓✓		✓✓
be relaxed	✓✓✓✓		✓✓✓
play sports or exercise	✓✓		-
eat healthy food	✓✓✓		✓
be sick	-		✓✓✓✓

- 6 Becky \_\_\_\_\_ for eight hours.
- 7 She \_\_\_\_\_ relaxed.
- 8 She \_\_\_\_\_ sports and exercises.
- 9 She \_\_\_\_\_ healthy food.
- 10 She \_\_\_\_\_ sick.

## II. VOCABULARY

Complete the sentences with one or two words.

- 1 Leo goes to the gym all week and on weekends.  
Leo goes to the gym every day.
- 2 Tomo usually takes a vacation in the summer and winter.  
Tomo usually takes a vacation \_\_\_\_\_ a year.
- 3 We usually see one new film a month.  
We go to the movie theater \_\_\_\_\_ a month.
- 4 Adele doesn't do any homework at all.  
Adele \_\_\_\_\_ does homework.

- 5 They have English classes on Mondays, Wednesdays, and Fridays.  
They have English classes \_\_\_\_\_ a week.
- 6 My mother goes to the hair salon once a week, on a Friday.  
My mother goes to the hair salon \_\_\_\_\_ Friday.
- 7 Sofia walks to work once a year.  
Sofia \_\_\_\_\_ ever walks to work.
- 8 I always buy a new pair of sunglasses in the summer.  
I buy a new pair of sunglasses \_\_\_\_\_ summer.

### III. PRONUNCIATION

Match the words to their pronunciation. In which word is the **h** not pronounced? .....

- |          |                                     |   |             |
|----------|-------------------------------------|---|-------------|
| 1 half   | <input checked="" type="checkbox"/> | e | a /hɪr/     |
| 2 high   | <input type="checkbox"/>            |   | b /'aʊər/   |
| 3 how    | <input type="checkbox"/>            |   | c /haɪ/     |
| 4 hour   | <input type="checkbox"/>            |   | d /'həri/   |
| 5 hardly | <input type="checkbox"/>            |   | e /hæf/     |
| 6 here   | <input type="checkbox"/>            |   | f /'hæpi/   |
| 7 hurry  | <input type="checkbox"/>            |   | g /'hardli/ |
| 8 happy  | <input type="checkbox"/>            |   | h /haʊ/     |

### IV. READING

1. Read the interview. What is surprising about Esther Armstrong?

## Interview with Esther Armstrong, 94

- Interviewer** How do you spend your day, Esther?  
**Esther** My day is very normal, really. I get up, I get dressed, I have breakfast. Then I go to work.
- Interviewer** What do you do?  
**Esther** I'm an accountant.
- Interviewer** Why do you still work, Esther?  
**Esther** To have an interest. Also, my job is very exciting.



**Interviewer** What time do you start work?  
**Esther** I start between 9 and 10 every day and I finish at 4 o'clock. It isn't very stressful, really.  
**Interviewer** What do you usually do after work, Esther?  
**Esther** I go out for dinner with friends two or three times a week, and we go to the movies or the theater, or to the ballet.  
**Interviewer** Do you live alone?  
**Esther** Yes, I do. I have quite a big apartment and someone helps me with the housework for four hours a week. I do everything else myself.  
**Interviewer** Do you have children, Esther?  
**Esther** Yes, I do. Both of my daughters live here in New York. One daughter works nearby, and she comes and has lunch with me. And I work with the other daughter, so we eat together two or three times a week, too. I'm very, very happy with my life.

**2. Read the interview again. Write T (true) or F (false).**

- 1 Esther thinks her day is normal. F
- 2 She doesn't like her job. —
- 3 She sometimes starts work at 10 o'clock. —
- 4 She thinks her job is difficult. —
- 5 She often sees friends after work. —
- 6 She lives with one of her children. —
- 7 She never does housework. —
- 8 She has two children. —