

أوراق عمل إثرائية لاختبار منتصف الفصل غير مجابة



تم تحميل هذا الملف من موقع المناهج القطرية

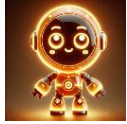
موقع المناهج ⇨ المناهج القطرية ⇨ المستوى الحادي عشر ⇨ لغة انجليزية ⇨ الفصل الأول ⇨ ملفات متنوعة ⇨ الملف

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ملفات اكتب للمعلم اكتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي للمدرس

المزيد من مادة
لغة انجليزية:

التواصل الاجتماعي بحسب المستوى الحادي عشر



صفحة المناهج
القطرية على
فيسبوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

المزيد من الملفات بحسب المستوى الحادي عشر والمادة لغة انجليزية في الفصل الأول

مراجعة شاملة لاختبار منتصف الفصل غير مجابة

1

نموذج اختبار ومراجعة لاختبار منتصف الفصل

2

كتابة موضوع حول العمل الذي تحلم به في المستقبل

3

أوراق عمل إثرائية منتصف الفصل غير مجابة

4

أوراق عمل الأندلس نهاية الفصل مع الإجابة النموذجية

5

Use of Language: Vocabulary

Vocabulary M1a SB page: 10

Expression	Meaning	Expression	Meaning
employ	يوظف	employee	موظف
staff	العاملون	trainee	متدرب (بدون خبرة)
get fired	يفصل من العمل	out of work	عاطل
unemployed	عاطل	wage	أجر (عن عمل)
salary	راتب	hold a meeting	يعقد اجتماع
be on benefit	يعيش على إعانة	intern	خريج متدرب (كفو)
make ends meet		job cut	تخفيض عمالة

Fill in the spaces with words from the table above.

- people who work for a company: a _____
b _____
- money received for work done: a _____
b _____
- having no job: a _____
b _____
- to give work to: _____
- receiving money from the state: _____
- to lose one's job: _____
- to have enough money to live: _____
- arranging and participating in a group discussion: _____
- advanced student/university graduate receiving practical training: _____
- reduction in the number of workers: _____
- somebody at a low level in a company learning the skills needed for a job: _____

- | | | |
|---------|--------------------------|---|
| 1. win | ☐ | a. weight / speed / access / experience |
| 2. earn | ☐ | b. a race / a match / a game |
| 3. gain | ☐ | c. money / a salary / one's living |

I. Complete the sentences with the correct collocation.

1. **A:** How does Tim _____ his _____?

B: He's a mechanic.

2. I'm on a diet because I don't want to _____ any more _____.

3. I'm surprised he's losing. Jack usually _____ any _____ he plays in.

4. The car began to _____ as it went down the hill.

5. How much _____ do you _____ in your new job?

6. You need a password to _____ to this site.

7. Saleh often _____ the bike _____, but I think Hamad has a chance this year.

8. He's a lot happier now because he likes his new job and _____ a good _____ too.

1. Read the following.

To _____ a living, I used to work part time jobs.

Which of the following BEST fits the above gap?

- A. win
- B. gain
- C. find
- D. earn

2. Read the following.

_____ weight is so easy nowadays because of the inactive lifestyle we are living.

Which of the following best fits in the gap?

- A. Finding
- B. Gaining
- C. Earning
- D. Winning

Expression	Meaning	Expression	Meaning
self-employed	يعمل لحسابه الخاص	take off (business)	ينطلق / يزدهر
you're your own boss	انت مدير نفسك	government grant	منحة من الحكومة
(run) set up a business	يؤسس مشروعاً تجارياً	private enterprises	المؤسسات الخاصة
line of work	مجال العمل	entrepreneur	رائد أعمال
has a good head for figures			بارع في الحسابات

Match the words in column A to the words in Column B

A

Self-
Government
Private
Line of
Set up a

B

grant
business
work
employed
enterprises

Fill in the spaces with words from the list below.

entrepreneur - figures - take off - enterprises

- The government is encouraging private _____ to invest in agriculture.
- My brother has a good head for _____ and loves solving math problems.
- The school held a seminar for a young _____ to talk about his saucerful business.
- I think that the company will _____ once they start advertising online.

Fill in the spaces with words from the list below.

grant - business - line - self-employed

- Being _____ gives you more control over your schedule.
- He received a government _____ to start his small business.
- One day, I will set up a _____ selling handmade jewelry.
- She chose a creative _____ of work in graphic design.

Choose the CORRECT answer.

1. Read the following.

A lot of private _____ are encouraged and supported by the government.

Which of the following BEST fits the above gap?

- work
- business
- enterprises
- experience

2. Read the following.

Khattab has a good _____ for figures, he could be a great accountant.

Which of the following BEST fits the above gap?

- A. body
- B. hand
- C. head
- D. brain

3. Read the following.

A(an) _____ is a person who creates a new business, bearing most of the risks and enjoying most of the regards.

Which of the following BEST fits the above gap?

- A. expert
- B. trainee
- C. manager
- D. entrepreneur

4. Read the following.

Artificial Intelligence is a new _____ of work that would take off.

Which of the following BEST fits the above gap?

- A. line
- B. trade
- C. business
- D. experience

5. Read the following.

Shinbari owns a big company, he is _____.

Which of the following BEST fits the above gap?

- A. an expert
- B. a trainee
- C. an employee
- D. self-employed

6. Read the following.

Tonight, there is an economic programme on TV that gives precious advice to entrepreneurs on how to successfully _____ a business.

Which of the following BEST fits the above gap?

- A. do
- B. run
- C. take
- D. trade

Complete the sentences using the correct form of the words in the boxes.

company business corporation

1. He runs a small _____ that employs three people.
2. The _____ I work for has offices in fifty-two countries and employs over 100,000 people.
3. We now do _____ with exporters in three continents.

split divide

4. Four _____ by two is two.
5. The town will be _____ in two by the new motorway.

staff personnel

6. Two new members of _____ started in our office this month.
7. All _____ will receive a pay rise this year.

sum amount number

8. The _____ of people who attended the sales was up on last year.
9. Do they always give you such a large _____ of work to do each day?
10. We spent a huge _____ of money on advertising our new products this year.
11. There are a(n) _____ of things you still need to do before the project is finished.

quality skill

12. I learnt all the _____ for making this type of cake from my mother.
13. Patience is a necessary _____ for working with young children.

full-time permanent

14. This position is _____, but it is only for 21 hours per week.
15. This position is _____, but it is only for six months.

criticise blame accuse

1. He _____ her of stealing the ring.
2. Stop _____ me. Don't you have anything good to say?
3. She _____ her brother for missing the ferry because he had left their tickets at home.

share divide distribute

4. Do you want to _____ a pizza?
5. Can you _____ these flyers outside the station?
6. The school year is _____ into two terms.

reward prize medal

7. He won a silver _____ at the last Olympics.
8. There is a £1,000 _____ for anyone who gives information that will help the police catch the criminal.
9. Karim won first _____ in the race.

competition game race

10. Do you want to play a computer _____ after school?
11. They are holding a _____ to find the best young scientist.
12. Who came in second place in the bike _____?

leisure occupation pastime

13. His favourite _____ is playing volleyball.
14. He doesn't have much time for _____ now that he has started a new job.
15. Now that he's not working, Grandpa's main _____ is fixing things for friends.

fan spectator audience

16. The _____ was great at last night's play.
17. Martin's an Arsenal _____, like his brother.
18. There were 30,000 _____ at the game.

Choose the CORRECT answer.

1. Read the following

Spending much time playing video _____ is not a good thing.

Which of the following best fits in the gap?

- A. toys
- B. races
- C. games
- D. competitions

2. Read the following.

Why do you keep _____ me in front of all these people?
Look at yourself before you look at others.

Which of the following BEST fits in the gap?

- A. dividing
- B. blaming
- C. accusing
- D. criticizing

3. Read the following.

You can't _____ me for breaking the laptop. It wasn't me.

Which of the following BEST fits in the gap?

- A. divide
- B. accuse
- C. criticise
- D. distribute



Constructed Response Vocabulary Questions

1. Fill in the gaps with the suitable words from the box.

living - line of work - reward

A. A: What is your _____?

B: I am a secretary in a big corporation.

B. Al Arabi's father gave him a precious _____ for being honest.

2. Read the following, then fill in the gap with the suitable word(s).

reward - takes off - skills

A. Your business would take few years before it _____.

B. There are four main _____ in the English language.

3. Read the following, then fill in the gap with the suitable word(s).

takes off - figures - season

A. The coldest _____ of the year is winter.

B. He has a good head for _____ and he can do calculations correctly.

4. Read the following, then fill in the gap with the suitable word(s).

trespassing - wastelands - ends

A. _____ will be encountered by gunfire.

B. How can we change these _____ into beautiful gardens?

5. Read the following, then fill in the gap with the suitable word.

ends - figures - reward

A. There is a big _____ for anyone who finds my lost wallet.

B. You need to work hard in order to make _____ meet.

Present Simple, Present Progressive M1a SB page: 11

& Stative Verbs M1b SB P:16

Present Simple, Present Progressive & Stative Verbs

Present simple Tense:

It is used to talk about:

- Repeated actions, habits.
- General truths / facts
- Future [timetables]

Key words:

always, usually, sometimes, often, never, every, normally, regularly

I , We , You , They → verb
He , She , It → verb + s/es/ies

Stative verbs:

They indicate a state rather than an action. They do not take [__ing form]

Senses: taste, smell, see, sound, look, touch, feel

Emotions: love, like, dislike, hate, prefer, want, wish, mind, need

Possession: have, own, possess, consist, include,

Mental state: know, believe, think, forget, remember, agree, disagree

Others: cost, owe, weigh, seem, depend

Some stative verbs can be dealt with as action verbs, but with a change of the meaning.

I think Ali is a good person. [state]	I am thinking of your offer. [action]
The baby's skin feels soft. [state]	The mother is feeling her baby's skin. [action]
I see you are too wise. [state]	I am seeing a dentist tonight. [action]
The food tastes delicious. [state]	Mother tastes the food before serving it. [action]

Present continuous:

It is used to talk about an action that is happening: a. now b. currently /temporarily
c. in the future [arrangement]

Key words:

now, at the moment, today, this week, this weekend, tonight, currently, these days, still, Look!, Listen!

Form:

[I]	am			-ing
[He – She – It]	is			
[We – You – They]	are			

A. Choose the correct answers.

1. Read the following

Farida's hair _____ smooth and is naturally free of tangles.

Which of the following BEST fits the above gap?

- A. feel
- B. feels
- C. is feeling
- D. was feeling

2. Read the following.

The caring mother _____ her girl's hair to calm her down.

Which of the following BEST fits the above gap?

- A. feel
- B. feels
- C. is feeling
- D. was feeling

3. Read the following.

My sister _____ the dish to see if it's spicy.

Which of the following BEST fits the above gap?

- A. taste
- B. tastes
- C. is tasting
- D. was tasting

4. Read the following.

My uncle _____ a big pricey house with a beautiful garden, he likes it very much.

Which of the following BEST fits the above gap?

- A. has
- B. had
- C. is having
- D. was having

5. Read the following.

The connecting train to Lusail _____ at 3 o'clock.

Which of the following BEST fits the above gap?

- A. arrive
- B. arrives
- C. is arriving
- D. will be arriving

6. Read the following.

Abdullah _____ the homework right now. Please leave him alone.

Which of the following BEST fits in the above gap?

- A. did
- B. does
- C. is doing
- D. has done

7. Read the following.

A: Khaled, can you please check where your father is?

B: Just look from the window. He _____ his morning coffee in the garden.

Which verb form fits in the above gap?

- A. has
- B. had
- C. is having
- D. was having

8. Read the following.

Be quiet and listen carefully. I think it _____ .

Which verb form fits in the above gap?

- A. rains
- B. rained
- C. is raining
- D. was raining

9. Read the following.

Look! Salem _____ TV. My father will punish him if he catches him.

Which verb form fits in the above gap?

- A. watch
- B. watches
- C. is watching
- D. was watching

10. Read the following.

Prices _____ higher and higher because of the economic crisis.

Which of the following BEST fits the above gap?

- A. goes
- B. went
- C. has gone
- D. are going

11. Read the following.

The new housemaid _____ the food before serving it, look at her!

Which of the following BEST fits in the gap above?

- A. taste
- B. tastes
- C. is tasting
- D. was tasting

12. Read the following.

I _____ English this weekend as I need to pass the exam.

Which of the following BEST fits in the above gap?

- A. study
- B. studied
- C. am studying
- D. have studied

13. Read the following.

My sister _____ the dish to see if it's spicy.

Which of the following BEST fits the above gap?

- A. taste
- B. tastes
- C. is tasting
- D. was tasting

14. Read the following.

Ahmed _____ a doctor this weekend, he's been suffering from a severe headache.

Which of the following BEST fits the above gap?

- A. saw
- B. sees
- C. is seeing
- D. was seeing

15. Read the following.

Ali _____ going out rather than staying at home.

Which of the following BEST fits in the above gap?

- A. prefer
- B. prefers
- C. is preferring
- D. has been preferring

16. Read the following

Mona's hair _____ smooth and is naturally completely free of tangles.

Which of the following BEST fits the above gap?

- A. feel
- B. feels
- C. is feeling
- D. was feeling

17. Read the following.

Look at that caring mother! She _____ her girl's hair to calm her down.

Which of the following BEST fits the above gap?

- A. feel
- B. feels
- C. is feeling
- D. was feeling

A. Correct the verbs in brackets:

1. My father **(know)** _____ everything about cars, but nothing about motorbikes.
2. I **(work)** _____ in London for the next two weeks.
3. The moon**(go)** _____ round the earth.
4. My cousin **(stay)** _____ at our house this week.
5. I **(eat)** _____ my dinner right now.
6. My friend normally **(have)** _____ lunch at two p.m.



Present Perfect M2a SB page:25

Present Perfect Simple:

Form: Sentence

[I – We – You – They] **have** = 've not p.p (التصريف الثالث للفعل).
 [He – She – It] **has** = 'S

Examples:

- I _____
- She _____
- Ahmed _____
- We _____

Form: Question

Have [I – we – you – they] not p.p (التصريف الثالث للفعل) ?
Has [he – she – it]

OR

Question Word **have** [I – we – you – they] not p.p (التصريف الثالث للفعل) ?
 has [he – she – it]

Examples:

- What _____ ?
- Have _____ ?
- Has _____ ?
- Where _____ ?

It is used as a link between the past and the present to express an action that:

- happened without a key word for the past simple → I have finished the project successfully.
- started in the past and just finished in the present → - I have just done my homework.
- started in the past and is still there in the present → - He has lived in Doha for 10 years.

Examples:

- I _____
- She _____
- Ahmed _____
- We _____

Key words:

just, already, recently, lately, yet, since, for, so far, before, ever, never, it's the (first/second/third) time
Complete the following sentences.

- | | |
|--|---|
| -I have just _____. | -I have already _____. |
| -She has recently _____. | -He has lately _____. |
| -We haven't _____ yet . | -Mohamed _____ for five years. |
| -They have _____ since childhood. | -I have _____ three books so far. |
| -We haven't _____ before . | -Have you ever _____ to Paris? |
| -No, I have never _____ to Paris. | -It's the second time she _____ a dish. |

A. Circle the CORRECT answers.

1. She _____ her homework yet.
A. didn't finish
B. doesn't finish
C. hasn't finished
D. haven't finished
2. We _____ that movie three times.
A. see
B. saw
C. has seen
D. have seen
3. They _____ in this house since 2010.
A. live
B. lived
C. has lived
D. have lived
4. She _____ just _____ her lunch.
A. has / finish
B. has / finished
C. have / finished
D. _____ / finished
5. I _____ my keys! I can't find them anywhere.
A. lose
B. lost
C. have lost
D. was losing
6. They _____ already _____ their work.
A. has / finished
B. have / finished
C. have / finished
D. _____ / finished

7. Read the following.

Have you _____ tried sushi?

Which of the following best fits in the gap?

- A. yet
B. just
C. ever
D. since

8. Read the following.

Has she done her homework _____?

Which of the following BEST fits in the gap?

- A. yet
- B. ever
- C. never
- D. usually

9. Read the following and CORRECT the words in brackets.

1. They (**never/be**) _____ to The Netherlands before.
2. She (**never/eat**) _____ Sushi before.
3. Radhi (**not/call**) _____ his teacher yet.
4. I can't believe that Al Arabi (**not/ watch**) _____ the documentary about Qatar yet.

Comparisons M2b SB page:25

Comparisons & Superlatives

صفة قصيرة + er

more / less + صفة طويلة

} than

_____ is / are / was / were as _____ صفة _____ as _____

the

صفة قصيرة + est

most / least + صفة طويلة

Adjective	Comparison	Superlatives
صفة + r		صفة + st
nice	nicer	nicest
wise	wiser	wisest
large	larger	largest
صفة + er		صفة + est
tall	taller	
fast	faster	
small	smaller	
صفة آخرها حرف ساكن وقبله حرف متحرك		
big	bigger	biggest
sad	sadder	saddest
thin	thinner	thinnest
صفة + ier / iest من مقطعين وآخرها y		
easy	easier	easiest
angry	angrier	angriest
happy	happier	happiest
صفة غير عادية		
far	farther	farthest
bad	worse	worst
good	better	best
صفة طويلة (من مقطعين أو أكثر)		
famous	more famous	most famous
expensive	more expensive	most expensive
important	more important	most important

A. Circle the CORRECT answers.

1. Read the following.

This motorbike is as _____ as Ahmed's.

Which of the following best fits in the gap?

- A. fast
- B. faster
- C. fastest
- D. faster than

2. Read the following.

Driving a truck is _____ than driving a bus.

Which of the following best fits in the gap?

- A. difficult
- B. difficulty
- C. more difficult
- D. most difficult

3. Read the following.

More and _____ companies are growing bigger.

Which of the following best fits in the gap?

- A. less
- B. a lot
- C. little
- D. more

B. Write the CORRECT forms of the words in brackets in the sentences below.

1. The book I borrowed yesterday is **(informative)** _____ than the one I borrowed last week.
2. A leopard can run **(quick)** _____ than any other creature on earth.
3. In my opinion, travelling by train is **(tiring)** _____ as travelling by car.
4. I believe that ancient history is **(interesting)** _____ than modern history.

5. In fact, I can pass the test **(easy)** _____; English is as easy as 1,2,3 for me.
6. The book I borrowed yesterday is **(good)** _____ than the book I bought at the Book Fair.
7. It was raining this morning but now the weather is getting **(good)** _____ and **(good)** _____.

Rewrite the following sentences using the words in bold.

- | | |
|---|------------------|
| 1. You become increasingly fit the more you work out.
You become _____ <i>fitter and fitter</i> _____ the more you work out. | AND |
| 2. Riding a bike is not as challenging as horse riding.
Riding a bike _____ horse riding. | LESS |
| 3. Sewing is not as easy as diary writing.
Sewing _____ diary writing. | DIFFICULT |
| 4. Camel racing and horse racing are both exciting to watch.
Camel racing is _____ horse racing. | AS |
| 5. I prefer baking to sewing.
I like baking _____ sewing. | MORE |
| 6. Harun plays chess better than anyone else.
Harun _____ at playing chess. | BEST |
| 7. I have never had such a bad time.
That _____ I have ever had. | WORST |
| 8. Falcon racing is more popular than amateur astronomy in Qatar.
Amateur astronomy _____ falcon racing in Qatar. | NOT |

Grammar Constructed Response Questions

1. Read the following and correct the words between brackets.

- A. The students **(do)** _____ three short tests so far.
- B. Messi is **(good)** _____ playmaker I have ever seen.

2. Correct the verb in brackets in the sentence below.

- A. Al Gharrafa **(win)** _____ two championships so far.
- B. I am sure this computer isn't as **(fast)** _____ as the new ones.

3. Correct the verb in brackets in the sentence below.

- A. My father **(buy)** _____ two pearls so far.
- B. I believe hiking is **(adventurous)** _____ than watching birds.

4. Correct the verb in brackets in the sentence below.

- A. My father **(just / buy)** _____ a new car.
- B. She **(not/do)** _____ her homework yet.
- C. How long **(you/have)** _____ in this house?

5. Correct the word between brackets in the sentence below.

- A. Planes are **(fast)** _____ than any other means of transportation.
- B. Currently, we **(think)** _____ about moving to a new flat.

6. Correct the verb between brackets in the sentence below.

- A. I **(have)** _____ a cup of tea with my friends at the moment.
- B. We usually **(have)** _____ breakfast at around 7 am.

Reading Comprehension 1

Read the following text and then answer the questions that follow.

1 Growing up in a small house at the edge of town, young David watched his father work tirelessly as a labourer in a factory, earning just enough to keep food on the table. His mother, a kind and gentle soul, struggled with illness and finally passed away, leaving David and his father heartbroken. David dreamed of a better future, imagining himself wearing a white coat, helping those in need.

2 Determined to honour his mother's memory and make a better life for himself and his father, David immersed himself in his studies. He spent late nights over textbooks, often with only a flickering candle for light. His teachers noticed his dedication and encouraged him, offering help whenever they could. Despite all the difficulties, David graduated at the top of his class and earned a scholarship to a prestigious university. It was a turning point that filled him with hope to pursue his dream of becoming a doctor. David vowed to use his skills to help others in need.

3 In college, David faced new challenges, but he never despaired. The most important challenge was the lack of fund. To overcome it, he had to work part-time jobs just to make ends meet. Each late night and early morning were a step closer to his dream. As he learned about healthcare, he realised the importance of compassion in medicine. He remembered the families who suffered because they couldn't afford treatment. This fueled his will to make a difference.

4 After years of hard work, David became a doctor. He remembered his humble beginnings and the struggles his family had faced. Therefore, he established a charity hospital to provide quality medical care to those who couldn't afford it. In addition, he inspired others to open a charity pharmacy to afford free medicine for families who once struggled to find help now had access to quality healthcare.

5 Through his journey, David learned that adversity could lead to strength. His childhood challenges shaped him into a compassionate doctor who dedicated his life to serving others. The charity hospital became evidence of the idea that one person can make a difference. David's story reminds us that no matter where we come from, we have the power to transform our circumstances and help those who need it most.

1. What is the writer trying to inform the readers about in the above text?

- A.** Life is always unfair and filled with sorrow.
- B.** Success is only achievable for those who were born rich.
- C.** Hard work and determination lead to success and compassion.

D. Compassion and empathy have no place on the way to success.

2. In paragraph 2, what does the **UNDERLINED** word 'pursue' **MOST LIKELY** mean?

A. want

B. break

C. follow

D. refresh

3. Read the text again and decide if the statements below are True, False or Not Mentioned. Write (T), (F) or (NM).

A. David's mother died when he was a child.	
B. David's father worked in the hospital which David had established.	

4. From paragraph 3, mention the **MAIN** challenge that faced David in college and the solution he found to overcome it.

Challenge:	
Solution:	

5. From paragraph 4, mention **TWO** actions David did to help poor families get quality healthcare.

Action 1:	
Action 2:	

Read the following text and then answer the questions that follow.

- 1** Leading a healthy lifestyle is vital for enhancing overall well-being and longevity. It involves several key components, including balanced diet, regular physical activity, and mental wellness. By focusing on these areas, individuals can improve their quality of life, boost their productivity, and minimise the risk of chronic illnesses.
- 2** Balanced diet is foundational for a healthy lifestyle. Consuming a diverse range of foods rich in essential nutrients—such as vitamins, minerals, and fiber—supports physical health and cognitive function. A balanced diet filled with fruits, vegetables, whole grains, and proteins not only enhances energy levels but also strengthens the immune system. Proper hydration is equally important, as it aids digestion and maintains bodily functions. Prioritizing nutrition leads to better health outcomes and fosters a more active lifestyle.
- 3** Regular physical activity is another important component. Engaging in exercise helps maintain a healthy weight, strengthens muscles, and improves cardiovascular health. Activities such as walking, cycling, or participating in sports can enhance fitness levels significantly. Exercise is also linked to reduced stress and anxiety, promoting better mental health. Incorporating physical activity into daily routines encourages a sense of accomplishment and can improve overall life satisfaction.
- 4** Mental wellness often gets overlooked but is essential for a healthy lifestyle. Practices such as mindfulness, meditation, and sufficient sleep are vital for maintaining emotional balance. Managing stress through relaxation techniques can lead to improved focus and resilience. Furthermore, building and nurturing social connections provides emotional support, which is crucial during challenging times. By prioritizing mental wellness, individuals can better navigate life's ups and downs and cultivate a positive mindset.
- 5** In conclusion, leading a healthy lifestyle is a journey that includes balanced nutrition, regular physical activity, and mental wellness. Each component plays a significant role in promoting overall health and reducing the likelihood of disease. By making conscious choices in these areas, individuals can achieve a healthier, more fulfilling life.

1. What is the writer trying to inform the readers about in the above text?

- A.** to live happily
- B.** to avoid some bad habits
- C.** to deal with life positively
- D.** to maintain a healthy lifestyle

2. In paragraph 2, what does the UNDERLINED word 'foundational' MOST LIKELY mean?

- A. basic
- B. minor
- C. normal
- D. optional

3. Read the text again and decide if the statements below are True, False or Not Mentioned. Write (T), (F) or (NM).

C. The immune system is positively affected by good diet	
D. Living in the city is important for mental health	

4. From paragraph 3, mention TWO benefits of regular physical activity.

Benefit 1:	
Benefit 2:	

5. From paragraph 4, mention TWO practices that contribute to emotional balance.

Practice 1:	
Practice 2:	

Topic A

Your school decided to organise an **IELTS PREPARATION PROGRAMME** starting from next week.

Write an **ANNOUNCEMENT** for the students to participate.

Make sure the following items are included:

- who can join the programme
- when the programme starts
- how long the programme lasts
- where the programme will be held

OR

Topic B

Write an **ARTICLE** on '**A DANGEROUS JOB**' you have ever dreamed of.

The following notes may help you:

- title of the article
- description of the job
- requirements
- duties
- working environment
- job satisfaction

Write your response here.

[illegible]