

ملخص الوحدة الثانية sports Adventure



تم تحميل هذا الملف من موقع المناهج العمانية

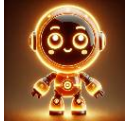
موقع فايلاتي ◀ المناهج العمانية ◀ الصف الثامن ◀ لغة انجليزية ◀ الفصل الأول ◀ ملفات متنوعة ◀ الملف

تاريخ إضافة الملف على موقع المناهج: 01:40:05 2025-11-05

ملفات اكتب للمعلم اكتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل
منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي ا للمدرس

المزيد من مادة
لغة انجليزية:

التواصل الاجتماعي بحسب الصف الثامن



صفحة المناهج
العمانية على
فيسبوك

المزيد من الملفات بحسب الصف الثامن والمادة لغة انجليزية في الفصل الأول

ملخص ثاني للوحدة الأولى planet Our unit1	1
عرض تقديمي برزنتيشن عن Water	2
دليل المعلم book teacher	3
ملف آخر للكلمات مع الترجمة	4
كلمات المادة Vocabulary	5

Unit 2

Adventure Sports

New words

Extreme Sports الرياضات الخطيرة	Geography الجغرافيا
Rock climbing تسلق الصخور	North الشمال
Horse riding ركوب الخيل	South الجنوب
Motor racing سباق السيارات	East الشرق
Go-karting سباق العربات الصغيرة	West الغرب
Surfboarding ركوب الأمواج	Sunrise شروق الشمس
Sandboarding التزلج على الرمال	Sunset غروب الشمس
Caving استكشاف الكهوف	Wood غابة صغيرة / خشب
Water skiing التزلج على الماء	Field حقل
Paragliding الطيران الشراعي	Valley وادٍ
Diving الغوص	Scenery المنظر الطبيعي
Abseiling الهبوط بالحبال	Brand علامة تجارية

Mountain biking	ركوب الدراجات الجبلية	Situation	موقف / حالة
Water Sports	الرياضات المائية	Pack	حزمة / يعبئ
Sand Sports	الرياضات الرملية	Cliff	منحدر صخري
Team Sports	الرياضات الجماعية	Hill	تل
Individual Sports	الرياضات الفردية	Rescue	ينقذ/ إنقاذ
Indoor Sports	الرياضات الداخلية	Remember	يتذكر
Outdoor Sports	الرياضات الخارجية	Remind	يُذَكِّر
Danger	خطر	Cycle Ball	كرة الدراجة
Quite	جداً / تماماً	Stunning	رائع / مذهل
Quiet	هادئ	Expert	خبير
Choice	اختيار	Terrific	رائع
Celebrate	يحتفل	Perfect	مثالي
Campsite	موقع التخييم	Gentle	لطيف
Enthusiasm	حماس	Explain	يشرح
Experience	تجربة		
Safari adventure	مغامرة سفاري		
Would rather + inf	يُفضل		
= prefer + (to + inf)			

Grammar

Reflexive Pronouns

الضمائر المنعكسة

تُستخدم عندما يقوم الشخص بفعل شيء بنفسه، الفاعل والمفعول به في الجملة هما نفس الشخص

الضمائر المنعكسة

I → **myself** (نفسي)

He → **himself** (نفسه)

She → **herself** (نفسها)

It → **itself** (نفسه/نفسها لغير العاقل)

You (مفرد) → **yourself** (نفسك)

You (جمع) → **yourselves** (أنفسكم)

We → **ourselves** (أنفسنا)

They → **themselves** (أنفسهم)

Ex. I hurt myself. أنا جرحت نفسي

He looked at himself in the mirror. هو نظر إلى نفسه في المرآة

The cat cleaned itself. القطة نظفت نفسها

Please introduce yourself. قدم نفسك

● تستخدم الضمائر المنعكسة مع بعض حروف الجر

- ◆ **by** → بمفرده
- ◆ **to** → إلى نفسه
- ◆ **for** → لنفسه
- ◆ **with** → مع نفسه
- ◆ **of** → عن نفسه

He lives **by himself.** يعيش بمفرده

She talks **to herself.** تتحدث إلى نفسها

I cooked **for myself.** طبخت لأنفسي

We are proud **of ourselves.** نحن فخورون بأنفسنا

He is angry **with himself.** غاضب من نفسه

Past Perfect tense

زمن الماضي التام

يُستخدم للتعبير عن حدث بدأ وانتهى قبل حدث آخر في الماضي

> يتكون من

[Had + p.p]

Ex. I had eaten before they arrived.

1 had eaten ← حدث أول (الاقدم) ماضي تام

2 arrived ← حدث ثاني (الاحدث) ماضي بسيط

🎯 الكلمات الدالة على الماضي التام

- before
- after
- when
- by the time
- because
- as soon as

After-as soon as- because > *Past Perfect* > *past Simple*

before- when- by the time > *past Simple* > *Past Perfect*

Ex. After I had studied, I went out.

Ex. As soon as I had studied, I went out.

Ex. Before I went out, I had studied.

Ex. By the time we arrived, the movie had started.

ملحوظة < إذ لم يوجد فاعل بعد **after, before** يأتي الفعل + **ing**

Ex. After studying, I went out.

> **النفى**

had not (hadn't) + p.p

Ex. He hadn't seen the film before he ate.

> **السؤال**

Had + subject + p.p ?

Ex. Had they left when you called?

yes, they had./ No, they hadn't.

Reflexive Pronouns - choose the correct answer :

- 1. I made this cake by (myself / herself)***
- 2. He cut (himself / yourself) while using the knife.***
- 3. She taught (himself / herself) how to play guitar.***
- 4. We enjoyed (ourselves / themselves) at the party.***
- 5. They introduced (ourselves / themselves) to the guests.***
- 6. The dog cleaned (itself / herself) after eating.***
- 7. You should be proud of (yourself / himself).***
- 8. Children, behave (yourselves / ourselves)!***
- 9. I looked at (herself / myself) in the mirror.***
- 10. My brother hurt (himself / themselves) playing football.***
- 11. We built the tent (ourselves / yourselves).***
- 12. Did you make this table (yourself / himself)?***
- 13. The cat can't feed (itself / myself).***

14. She blamed (herself / yourself) for the mistake.

15. The kids cleaned the room (themselves / ourselves).

16. I reminded (myself / himself) to call my mom.

17. You and your friend should help (yourself / yourselves).

18. He talks to (herself / himself) sometimes.

19. We taught (ourselves / themselves) how to draw.

20. The computer turns off by (itself / herself)

Past Perfect- write the correct form of the verb :

1. I _____ (eat) lunch after I _____
(arrive) home.

2. She _____ (not/finish) her homework
before the teacher _____ (collect) it.

3. They _____ (leave) the cinema when the
movie _____ (end).

4. He _____ (forget) his phone at home before
he _____ (go) to work.

5. As soon as we _____ (sit) down, the show
_____ (start).

6. When I _____ (reach) the station, the train
_____ (already/leave).

7. My sister _____ (clean) the room after we
_____ (make) a mess.

8. We _____ (not/buy) tickets before the
concert _____ (begin).

9. After he _____ (read) the book, he
_____ (watch) the movie.

10. The rain _____ (start) before we
_____ (close) the windows.

11. I _____ (never/see) that film before I
_____ (watch) it with you.

12. When she _____ (enter) the kitchen,
someone _____ (eat) her cake.

13. They _____ (arrive) at the party after it
_____ (already/start).

14. She _____ (fall asleep) as soon as she
_____ (get) into bed.

15. Before he _____ (drive) the car, he
_____ (check) the tires.

16. The teacher _____ (explain) the rules
before the students _____ (begin) the test.

17. I _____ (feel) tired because I _____
(not/sleep) well.

18. We _____ (find) our seats after the movie
_____ (start).

19. She _____ (write) the email before she
_____ (leave) the office.

20. He _____ (not/understand) the question
after the teacher _____ (repeat) it.

Grammar. **1** Choose the correct answer.

During our safari adventure, the guide explained the (1) _____ of the valley and showed us a (2) _____ map of the region. Before we (3) _____ the cliffs, we (4) _____ our equipment carefully. My friend preferred to try (5) _____ rather than water skiing. Unfortunately, he cut (6) _____ while fixing the ropes. An (7) _____ gave him first aid. After we had (8) _____ the trip, we (9) _____ around the campfire to (10) _____ our success.

- | | | |
|----------------|-------------|------------|
| 1. geography | celebration | situation |
| 2. stunning | quiet | bad |
| 3. reach | reached | reaching |
| 4. pack | packed | had packed |
| 5. paragliding | sleeping | read |
| 6. himself | itself | ourselves |
| 7. expert | engineer | student |
| 8. finish | finished | finishes |
| 9. gathered | gathers | gather |
| 10. rescue | celebrate | remind |

Grammar. 2 Choose the correct answer.

Last holiday, my family went to the coast to try different (1) _____. Early in the morning, we watched the (2) _____ over the sea, and the view was really (3) _____. My brother chose (4) _____ while I preferred (5) _____. Before we (6) _____ the campsite, we (7) _____ our bags with clothes and food. During the activities, I cut (8) _____ with a sharp shell. Fortunately, my (9) _____ helped me quickly. After we had (10) _____ the adventure, we shared our photos together.

- | | | |
|-----------------|--------------|--------------|
| 1. water sports | sand sports | team sports |
| 2. field | sunset | sunrise |
| 3. amazing | quiet | gentle |
| 4. surfboarding | sandboarding | horse riding |
| 5. diving | motor racing | abseiling |
| 6. leave | left | leaving |
| 7. had packed | packing | packs |
| 8. himself | ourselves | myself |
| 9. friend | father | student |
| 10. finished | finishes | finishing |

Reading 1. (1) (5 marks)

Match the five texts on the left with the texts in the box. There is ONE extra text in the box.

1. Rock climbing is exciting but can be dangerous on high cliffs.

2. Sandboarding is fun in the desert, especially at sunset.

3. Horse riding is a quiet sport and gives a perfect view of the field.

4. Paragliding is a terrific sport for people who love stunning scenery.

5. Diving is an amazing water sport where you see fish and coral.

A. People enjoy it in the sea and it is part of water sports.

B. You need a gentle horse and some experience to enjoy it.

C. It takes place in the desert on high hills of sand.

D. You can fly in the air from a hill or a mountain with a parachute .

E. This is an indoor sport played with bicycles.

F. You climb up rocks and sometimes need rescue.

Reading 1. (2) (5 marks)

Match the five texts on the left with the texts in the box. There is ONE extra text in the box.

- 1.** Rock climbing needs strong arms and special ropes to go up cliffs.
- 2.** Motor racing is very fast, quite dangerous, and needs expert drivers.
- 3.** Caving is exciting, sometimes dark, and a little scary underground.
- 4.** Mountain biking is perfect in valleys, hills, and rough rocky paths.
- 5.** Abseiling means slowly coming down a high rock with ropes.

- A.** You drive powerful cars on a wide race track.
- B.** You ride a bicycle on rough natural ground outdoors.
- C.** You use ropes to go down safely from the top.
- D.** You explore underground caves and narrow tunnels.
- E.** You climb up high rocks using hands and feet.
- F.** This is a team sport played on bicycles indoors.

Reading 1. (3) (5 marks)

Match the five texts on the left with the texts in the box. There is ONE extra text in the box.

1. Surfboarding is fun and exciting when the waves are high.

2. Water skiing is fast, thrilling, and you must be careful.

3. Sandboarding is enjoyed in the hot desert at sunset.

4. Diving lets you see stunning fish, coral, and sea plants.

5. Paragliding gives you a terrific view of the blue sea.

A. You slide down the desert sand with a special board.

B. You fly with a parachute and feel the strong wind.

C. This sport is usually played inside a big gym.

D. You ride the sea waves standing on a wooden board.

E. You swim deep underwater with air tanks and a mask.

F. You move across water while a fast boat pulls you.

Reading 1. (4) (5 marks)

Match the five texts on the left with the texts in the box. There is ONE extra text in the box.

1. Team sports need more than one player to work together.

2. Individual sports depend only on one person and skill.

3. Outdoor sports are usually played in big open fields.

4. Indoor sports are played inside gyms and sports halls.

5. Cycle ball is a sport played indoors with bicycles.

A. Swimming, running, cycling alone are good examples.

B. Football, volleyball, and basketball all belong to them.

C. It uses bikes and a ball in a large hall.

D. They are played in nature or stadiums outside.

E. They are usually done inside a gym , hall or at home.

F. You need ropes, cliffs, and very strong arms.

Reading 1. (5) (5 marks)

Match the five texts on the left with the texts in the box. There is ONE extra text in the box.

1. A campsite is a perfect place to celebrate and enjoy nature.

2. A valley is low land that lies between high hills.

3. A cliff is a steep, high rock often above the sea.

4. A safari adventure gives you a new and special experience.

5. Sunrise is stunning when the sun appears in the east.

A. You can watch wild animals and plants with a guide.

B. You see the first bright light of the new day.

C. People put up tents and spend nights outdoors.

D. It is a natural low area of land between mountains often with a river.

E. It is a steep rock wall often near blue water or the top of the mountain.

F. This word means a strong feeling of happiness.

Reading 2 **(1)** **(5 marks)**

Read the text and answer the questions (not more than 4 words)

Last summer, I joined a group of students for an adventure camp near the mountains. On the first day, our leader suggested trying rock climbing. At first, I felt nervous because the cliffs looked very high and dangerous. But the leader explained everything carefully and gave us helmets, ropes, and safety equipment.

When it was my turn, I started slowly. My hands and legs were shaking, but I remembered his advice: "Don't look down, just look up." Step by step, I climbed higher. The rocks were rough, and sometimes I had to stop to rest. I could hear my friends cheering from below, shouting words of encouragement.

After twenty minutes, I finally reached the top. The view was stunning. I could see green valleys, tall hills, and the shining river in the distance. For a moment, I forgot my fear and felt proud of myself. It was not only an adventure but also an important experience. That evening, we celebrated around the campsite fire, sharing stories about our first climb.

-
- 1. Where did the students go?**
 - 2. What sport did they try?**
 - 3. What advice did the leader give?**
 - 4. What could the narrator see from the top?**
 - 5. Where did they celebrate in the evening?**

Reading 2 **(2)** **(5 marks)**

Read the text and answer the questions (not more than 4 words)

Two years ago, my family and I went on a safari adventure in the south desert. It was my first time camping in the sand, and I was very excited. We arrived at the campsite in the afternoon, set up our tents, and prepared food. The guide told us that we would try sandboarding the next morning.

At sunrise, the desert looked magical. The sand was golden, and the air was quiet and gentle. After breakfast, we walked to a high hill of sand. The guide gave us boards and explained how to stand on them. My first try was not good—I fell quickly and laughed. But with practice, I improved. Sliding down the hill was fast, thrilling, and full of enthusiasm.

Later, we went on a short camel ride and saw the sunset in the west. The view was perfect, and my mother took many photos. At night, we sat under the stars, listening to stories from the guide about desert animals. It was a day I will never forget.

-
- 1. Where did the family go?**
 - 2. Which sport did they try?**
 - 3. How did the desert look at sunrise?**
 - 4. What animal did they ride?**
 - 5. What did they do at night?**

Reading 2 **(3)** **(5 marks)**

Read the text and answer the questions (not more than 4 words)

Last holiday, my cousin and I traveled to the north coast for a diving course. We stayed in a small hotel near the beach, full of tourists from different countries. On the first day, our instructor, an expert diver, explained the rules and showed us the equipment. We learned how to use the mask, fins, and air tank.

The next morning, we took a boat to a quiet diving spot. The water was clear and blue. When I went under, I saw colorful fish, coral reefs, and even a small turtle. It was like entering another world. At first, I felt nervous, but the instructor reminded me to breathe slowly.

We spent almost an hour exploring the underwater scenery. My cousin was so happy because he saw a lot of silver fish swimming together. After finishing, we returned to the boat and talked about our experience. That evening, we watched the sunset on the beach and celebrated with fresh seafood.

-
- 1. Where did they travel?**
 - 2. Who explained the rules?**
 - 3. What animals did the narrator see?**
 - 4. How long did they explore?**
 - 5. What did they eat in the evening?**

Answer Key

Reflexive Pronouns - choose the correct answer :

1. myself
2. himself
3. herself
4. ourselves
5. themselves
6. itself
7. yourself
8. yourselves
9. myself
10. himself

11. ourselves
12. yourself
13. itself
14. herself
15. themselves
16. myself
17. yourselves
18. himself
19. ourselves
- 20.

Past Perfect- write the correct form of the verb :

1. ate – had arrived
2. had not finished – collected
3. had left – ended
4. had forgotten – went
5. had sat – started
6. reached – had already left
7. cleaned – had made
8. had not bought – began
9. had read – watched
10. had started – closed

11. had never seen – watched
12. entered – had eaten
13. arrived – had already started
14. fell asleep – had got
15. drove – had checked
16. had explained – began
17. felt – had not slept
18. found – had started
19. had written – left
20. did not understand – had repeated

Grammar

1

1-geography, 2-stunning, 3-reached, 4-had packed, 5-paragliding, 6-himself,
7-expert, 8-finished, 9-gathered, 10-celebrate

2

1-water sports, 2-sunrise, 3-amazing , 4-surfboarding, 5-diving, 6-left,
7-had packed, 8-myself, 9- father, 10- finished

Reading 1

1

1 → F
2 → C
3 → B
4 → D
5 → A

2

1 → E
2 → A
3 → D
4 → B
5 → C

3

1 → D
2 → F
3 → A
4 → E
5 → B

4

1 → B
2 → A
3 → D
4 → E
5 → C

5

1 → C
2 → D
3 → E
4 → A
5 → B

Reading 2

1

1. Near the mountains
2. Rock climbing
3. Don't look down
4. Valleys, hills, river
5. Around the fire

2

1. South desert
2. Sandboarding
3. Magical and golden
4. Camel
5. Listened to stories

3

1. North coast
2. Instructor
3. Fish, coral, turtle
4. Almost an hour
5. Fresh seafood

Good luck