

تم تحميل هذا الملف من موقع المناهج الكويتية



فجر

الملف ملخص الوحدة الخامسة قوة الرياضة المفردات والقواعد

موقع المناهج ← ملفات الكويت التعليمية ← الصف التاسع ← لغة انجليزية ← الفصل الثاني

روابط مواقع التواصل الاجتماعي بحسب الصف التاسع



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## Grade 9 - unit 5 (A)- vocabulary

Word	P.O.S	Definition & Example	Arabic Meaning
<b>athlete</b>	n	A person who is trained in or good at sports and physical exercise. ..... <i>The <b>athlete</b> trained hard for the upcoming race.</i>	رياضي
<b>flexibility</b>	n	The ability to bend or move easily; the ability to adapt to new situations. ..... <i>Yoga improves body <b>flexibility</b>.</i>	مرونة
<b>injury</b>	n	Damage done to a person's body, especially by accident. ..... <i>He couldn't play because of a leg <b>injury</b>.</i>	إصابة
<b>performance</b>	n	The act of doing something, especially an activity or sport. ..... <i>The team's <b>performance</b> was excellent today.</i>	أداء
<b>persistence</b>	n	The quality of continuing to do something even when it is difficult. ..... <i>Her <b>persistence</b> helped her achieve her goals.</i>	إصرار / مثابرة
<b>self-confidence</b>	n	Belief in your own abilities or judgment. ..... <i>Public speaking can boost your <b>self-confidence</b>.</i>	الثقة بالنفس
<b>technique</b>	n	A particular way of doing something, especially a skillful way. ..... <i>He used a special <b>technique</b> to paint the picture.</i>	تقنية / أسلوب
<b>adopt</b>	v	To start using or following something new. ..... <i>The school decided to <b>adopt</b> a new teaching method.</i>	يتبنى
<b>boost</b>	v	To increase or improve something. ..... <i>Eating healthy food can <b>boost</b> your energy.</i>	يعزز / يقوي
<b>compete</b>	v	To try to win or be better than others. ..... <i>Many countries <b>compete</b> in the Olympic Games.</i>	يتنافس
<b>require</b>	v	To need something. ..... <i>Good results <b>require</b> hard work.</i>	يحتاج / يتطلب

<b>unite</b>	v	To bring people or things together. ..... <i>Sports can <b>unite</b> people from different backgrounds.</i>	يوحد
<b>diverse</b>	adj	Showing a great deal of variety; very different. ..... <i>The company hires people from <b>diverse</b> cultures.</i>	متنوع
<b>fulfilling</b>	adj	Making you feel happy and satisfied because you are doing something worthwhile. ..... <i>Teaching is a very <b>fulfilling</b> career.</i>	مُرص / مُلبّي
<b>key</b>	adj	Very important or essential. ..... <i>Communication is a <b>key</b> skill in teamwork.</i>	أساسي / رئيسي
<b>mutual</b>	adj	Felt or done by two or more people toward each other. <i>They have <b>mutual</b> respect for one another.</i>	متبادل
<b>recreational</b>	adj	Done for enjoyment when not working. ..... <i>The park offers many <b>recreational</b> activities.</i>	ترفيهي
<b>significant</b>	adj	Important or meaningful. ..... <i>She made a <b>significant</b> contribution to the project.</i>	مهم / ملحوظ
<b>strategic</b>	adj	Planned carefully to achieve a specific goal. ..... <i>They made a <b>strategic</b> decision to expand the business.</i>	استراتيجي
<b>enthusiastically</b>	adv	In a way that shows strong excitement and interest. ..... <i>The crowd cheered <b>enthusiastically</b> for the team.</i>	بحماس
<b>individually</b>	adv	Separately, for each person rather than as a group. ..... <i>Each student was tested <b>individually</b>.</i>	بشكل فردي



Choose the right word:

1. The young ..... trained every day for the big race.  
 (A) injury (B) athlete (C) technique (D) mutual
2. Good ..... helps a dancer move smoothly and bend easily.  
 (A) flexibility (B) injury (C) key (D) strategic
3. The player stopped running because of a leg .....  
 (A) injury (B) recreational (C) persistence (D) performance
4. Her strong ..... in the exam impressed all the teachers.  
 (A) technique (B) diversity (C) performance (D) requirement
5. With ..... and hard work, he finally passed the difficult test.  
 (A) recreation (B) injury (C) strategy (D) persistence
6. Daily practice can ..... your skills in any sport.  
 (A) require (B) boost (C) unite (D) compete
7. The coach taught a new ..... for swimming faster.  
 (A) confidence (B) diversity (C) technique (D) recreation
8. Many people ..... a healthy lifestyle after a medical scare.  
 (A) boost (B) adopt (C) unite (D) compete
9. Teams from many countries will ..... in the world tournament.  
 (A) require (B) boost (C) adopt (D) compete
10. This job will ..... you to work on weekends.  
 (A) unite (B) boost (C) require (D) adopt
11. The festival will ..... people from different cultures.  
 (A) adopt (B) compete (C) unite (D) require
12. Our class is very .....; students come from many countries.  
 (A) mutual (B) diverse (C) key (D) strategic
13. Helping others can make life more ..... for many people.  
 (A) strategic (B) fulfilling (C) repair recreational (D) mutual
14. Trust is a ..... element in a strong friendship.  
 (A) recreational (B) key (C) significant (D) individually

15. Children played ..... in the park after school.

- A** strategic                      **B** recreational                      **C** individually                      **D** enthusiastically

**Fill in the Spaces – Test 1**

( performance – injury – flexibility - athlete – persistence – self-confidence )

1. The young ..... won three medals in one day.
2. After months of stretching, her ..... improved a lot.
3. His strong ..... helped him believe he could win.
4. A serious knee ..... kept her out of the game.
5. Because of his continuous training, his ..... became much better.

**Fill in the Spaces – Test 2**

( require - adopt – boost – technique - compete– strategic )

1. The artist used a special ..... to create the painting.
2. Many families ..... new habits to live more healthily.
3. Extra practice will ..... your speaking skills.
4. The rules ..... all players to wear safety equipment.
5. The team made a plan to ..... for the title.

**Fill in the Spaces – Test 3**

( significant - diverse – fulfilling – mutual - unite – recreational )

1. The new sports club will ..... students from all classes.
2. Our school has a ..... group of learners.
3. They share ..... respect for each other.
4. Volunteering at the center is very ..... for her.
5. Playing football in the evening is a fun ..... activity, and it has an effect on their health.

## Grade 9 – unit 5 (A) – Grammar

## يتكون الماضي التام من Had+v3

- I had finished.
- They had written their homework.

**متى نستخدم الماضي التام:** إذا كان هناك حدثان في الماضي \* الحدث الذي تم أولاً يكون ماضي تام والحدث الثاني يكون ماضي بسيط

- He studied his lessons. Then he slept.
- After he **had studied** his lessons, he **slept**.
- Before he slept, he had studied his lessons.

Examples with Before

She **had eaten before** the movie started.

(كانت قد أكلت قبل بدء الفيلم)

They **had left before** we arrived.

(كانوا قد غادروا قبل وصولنا)

He **had finished** his homework **before** dinner.

(كان قد أنهى واجبه قبل العشاء)

Examples with After

**After** she **had cooked**, they ate.

(بعد أن كانت قد طبخت، أكلوا)

The train left **after** we **had waited**.

(غادر القطار بعد أن كنا قد انتظرنا)

He called **after** I **had gone** to bed.

(اتصل بعد أن كنت قد ذهبت إلى الفراش)

after, as soon as, because of, by

هناك كلمات يأتي بعدهم ماضي تام مثل

before, by the time, when

لا يأتي بعدهم ماضي تام



Choose the right answer:

1. She ..... dinner before the guests arrived.

- A** had cooked      **B** cooked      **C** cooks      **D** cooking

2. After the team ..... the coach celebrated.

- A** had won      **B** won      **C** wins      **D** winning

3. They ..... the movie before it started.

- A** watch      **B** watched      **C** had watched      **D** watching

4. The rain ..... after we had left.

- A** has fallen      **B** falling      **C** falls      **D** had fallen

5. He ..... his keys before he went.

- A** had lost      **B** has lost      **C** loses      **D** losing

6. After I ..... she came.

- A** called      **B** had called      **C** calls      **D** calling

7. The children ..... before bedtime.

- A** had slept      **B** have slept      **C** sleep      **D** sleeping

8. We went home after the shop .....

- A** had closed      **B** closed      **C** closes      **D** closing

9. She ..... the letter before he read it.

- A** has written      **B** wrote      **C** writes      **D** had written

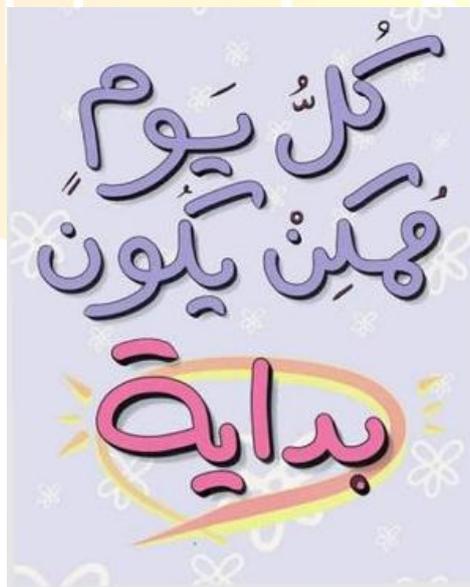
10. The bell rang after students .....

- A** had finished      **B** finished      **C** have finished      **D** finishing

Correct the verb:

1. She ..... (eat) before the guests arrived.
2. After he ..... (finish), we played.
3. They ..... (leave) before the rain started.
4. The movie started after we ..... (buy) tickets.
5. He ..... (go) home before dinner.
6. After the kids ..... (sleep), mom cleaned.
7. We ..... (visit) the park before it closed.
8. She smiled after I ..... (help) her.
9. The dog ..... (eat) before the cat came.
10. They laughed after he ..... (tell) the joke.

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## Grade 9 – unit 5 (A) – Writing



E-sports and traditional sports are two popular types of competition enjoyed by people around the world.

Plan and write a two-paragraph report about E-sports and physical sports, explaining how they are similar and how they are different.

Introduction: .....

**Paragraph 1 (Similarities between E-sports and physical sports)**

Topic sentence: .....

Supporting details: .....

Concluding sentence: .....

**Paragraph 2 (Differences between E-sports and physical sports)**

Topic sentence: .....

Supporting details: .....

Concluding sentence: .....

Conclusion: .....

No.	Traditional Sports	E-Sports
1	Played on a field or court	Played on a computer or console
2	Needs physical movement	Needs mental focus and hand control
3	Uses real sports equipment	Uses keyboards, mice, or controllers
4	Players run, jump, and sweat	Players sit and play for long hours
5	Teams meet face-to-face	Teams meet online
6	Training needs physical practice	Training needs gaming and strategy practice
7	Can be played outdoors	Played indoors
8	Sportswear and shoes are needed	Headsets and screens are needed
9	Fans cheer at stadiums	Fans watch live streams online
10	Old and traditional	New and modern

Topic



## Grade 7 - unit 5 (B)- vocabulary

Word	P.O.S	Definition & Example	Arabic Meaning
<b>dedication</b>	n	A strong effort or hard work to do something important. ..... <i>Her <b>dedication</b> to her studies helped her win the scholarship.</i>	التفاني / الالتزام
<b>fame</b>	n	The state of being well known by many people. ..... <i>The actor became famous and gained great <b>fame</b> quickly.</i>	الشهرة / الاسم
<b>income</b>	n	The money that a person earns from work or business. ..... <i>His main <b>income</b> comes from his job as a driver.</i>	الدخل / المدخول
<b>nutritionist</b>	n	A person who gives advice about healthy eating and diet. ..... <i>The <b>nutritionist</b> told her to eat more fruit and vegetables.</i>	أخصائي التغذية / خبير التغذية
<b>platform</b>	n	A place or opportunity to speak or share ideas publicly. ..... <i>Social media gives everyone a <b>platform</b> to express opinions.</i>	منصة / منبر
<b>strategy</b>	n	A careful plan to achieve a particular goal. ..... <i>The team used a winning <b>strategy</b> to beat the champions.</i>	استراتيجية
<b>emerge</b>	v	To appear or become visible, often after being hidden. ..... <i>The sun <b>emerged</b> from behind the clouds after the storm.</i>	يظهر / يبرز
<b>evolve</b>	v	To develop or change slowly over time. ..... <i>Technology continues to <b>evolve</b> every year.</i>	يتطور / ينمو
<b>pursue</b>	v	To try to achieve a goal or follow a path. ..... <i>She decided to <b>pursue</b> a career in medicine.</i>	يسعى / يتابع
<b>addicted</b>	adj	Strongly dependent on something, often in a way that is hard to stop. ..... <i>He is <b>addicted</b> to computer games and plays every day.</i>	مدمن / مولع

<b>experienced</b> adj	Having a lot of knowledge or skill because of long practice. ..... <i>The <b>experienced</b> teacher helped the students understand the lesson.</i>	خبير / متمرس
<b>genuine</b> adj	Real, true, and not fake or pretending. ..... <i>She gave him a <b>genuine</b> smile when he arrived.</i>	حقيقي / صادق
<b>massive</b> adj	Very large in size, amount, or degree. ..... <i>The company made a <b>massive</b> profit this year.</i>	ضخم / هائل
<b>professional</b> adj	Having the high skill and behavior expected in a job. ..... <i>The doctor gave a very <b>professional</b> opinion.</i>	احترافي / مهني
<b>rapidly</b> adv	Very quickly; at a fast speed. ..... <i>The city is growing <b>rapidly</b> and new buildings are going up every year.</i>	بسرعة كبيرة / بسرعة مهولة
<b>intensively</b> adv	With great effort, focus, or concentration. ..... <i>The students trained <b>intensively</b> for the final exam.</i>	بشكل مكثف



Choose the best word to complete each sentence.

1. The footballer became famous because of his great talent and worldwide .....  
 (A) fame (B) nutritionist (C) strategy (D) evolve
2. She is trying to become a .....so she can help people eat healthy food.  
 (A) addiction (B) nutritionist (C) income (D) emerge
3. Most of his .....comes from his job as a taxi driver every day.  
 (A) experience (B) evolve (C) income (D) fame
4. The company created a new marketing .....to sell more products.  
 (A) emerge (B) pursue (C) strategy (D) dedication
5. Many young people use Instagram as a .....to share their music and videos.  
 (A) evolved (B) income (C) fame (D) platform
6. The company has .....from a small shop into a big international business.  
 (A) pursued (B) rapidly (C) evolve (D) experience
7. The coach sees her strong .....and believes she can become a champion.  
 (A) addicted (B) experience (C) dedication (D) platform
8. The teacher gave an excellent and ..... lesson that everyone understood.  
 (A) intensively (B) experienced (C) genuine (D) pursue
9. The software update caused the problem to ..... only after a few days.  
 (A) experience (B) emerge (C) strategy (D) evolve
10. The teacher is very ..... and has taught in many different countries.  
 (A) require (B) experience (C) rapidly (D) intensively
11. He is ..... to video games and sometimes forgets to eat or sleep.  
 (A) emerge (B) intensively (C) addicted (D) experience
12. The country's economy is growing ..... each year.  
 (A) intensively (B) pursue (C) rapidly (D) experience
13. The company trained its workers ..... for two weeks before the big event.  
 (A) addiction (B) experience (C) massive (D) intensively

14. The stone fell and made a ..... hole in the roof.

- (A) experience (B) pursue (C) intensively (D) massive

15. Her smile looked very ..... and everybody felt happy around her.

- (A) genuinely (B) experience (C) genuine (D) evolve

### Fill in the Spaces – Test 1

( experience — fame — income - dedication — pursue — evolve )

- Many young people want to become famous and achieve great .....
- If you want to become a doctor, you must .....that career with hard work.
- The company's technology is expected to .....over the next ten years.
- Her only main .....is from her part-time job at the small shop.
- The coach praised the team's .....and hard work during the tournament.

### Fill in the Spaces – Test 2

( massive - platform — strategy — emerge — addicted — experience )

- The website gives users a .....to share their opinions with thousands of people.
- The army developed a secret .....to win the war without losing many soldiers.
- The sun finally .....from behind the thick clouds after the long storm.
- Many teenagers are .....to mobile games and spend hours playing every day.
- The .....teacher organized the lessons very well and helped all students.



Fill in the Spaces – Test 3

( genuine — massive — rapidly - professional — intensively – emerge )

1. The chef wore a ..... uniform and looked very serious in the kitchen.
2. The city is changing ..... with new buildings, roads, and shopping centers.
3. The students worked ..... every day to prepare perfectly for the final test.
4. The hole in the wall caused by the storm was very .....
5. The kind old man gave her a .....smile that made her feel warm inside.



## Grade 9 – unit 5 (A) – Grammar

## Grammar Explanation – Third Conditional (if) الحالة الشرطية الثالثة (if)

If + had+v3, would have + V3

نستخدم هذه الحالة للتعبير عن مواقف خيالية أو لم تحدث في الماضي

*If I had studied hard, I would have passed the exam.*

(لو كنت درست بجد، لُنجحت في الامتحان – لكنني لم أدرس ولم أنجح)

Example Sentences

1. If she **had woken** up early, she **would have caught** the bus
2. If we **had known** the truth, we **would have helped** you.
3. If I **had eaten** breakfast, I **wouldn't have felt** hungry.
4. They **would have arrived** earlier If they **had left** on time.
5. If he **had studied**, he **would have passed** the test.
6. I **would have come** to help If you **had called** me.

Choose the correct answer to complete each sentence.

1. If I ..... harder, I would have passed the exam.  
 (A) study                      (B) studied                      (C) had studied                      (D) have studied
2. She would have come to the party if you ..... her.  
 (A) invite                      (B) invited                      (C) had invited                      (D) inviting
3. If they ..... the map, they wouldn't have gotten lost.  
 (A) read                      (B) had read                      (C) reads                      (D) reading
4. We would have taken a taxi if it .....  
 (A) rains                      (B) rained                      (C) had rained                      (D) raining
5. If he ..... more money, he would have bought a new phone.  
 (A) had                      (B) has                      (C) had had                      (D) have had
6. If you ..... me, I would have helped you.  
 (A) tell                      (B) told                      (C) had told                      (D) telling
7. They ..... the match if they had practiced more.  
 (A) win                      (B) won                      (C) would have won                      (D) would win
8. If we ..... the teacher's advice, we would have done better.  
 (A) follow                      (B) had followed                      (C) have followed                      (D) following
9. The baby wouldn't have cried if it ..... hungry.  
 (A) was                      (B) were                      (C) has been                      (D) had been
10. If I ..... your address, I would have sent you a card.  
 (A) knew                      (B) have known                      (C) know                      (D) had known



Write the correct form of the verb in brackets to complete each sentence.

1. If she ..... (be) at home, she would have answered the phone.
2. If I ..... (see) him, I would have said hello.
3. He would have come earlier if he ..... (know) the time.
4. If they ..... (study) harder, they would have passed the test.
5. We would have stayed longer if we ..... (have) more time.
6. If you ..... (listen) to me, you wouldn't have made that mistake.
7. She would have gone to the meeting if she ..... (feel) better.
8. If it ..... (rain), we would have taken an umbrella.
9. If I ..... (understand) the question, I would have answered it.
10. He wouldn't have failed if he ..... (prepare) well.

### Grade 9 - unit 5 - Comprehension

Read the following passage and answer the questions:

Traditional sports like football, basketball, and tennis have been played for many years. They need **physical** energy, teamwork, and outdoor spaces. Players train their bodies to run fast, jump high, and stay strong. These sports help people build fitness and learn cooperation. Fans also enjoy watching live games and cheering for their favorite teams.

On the other hand, e-sports are video game competitions played on computers or consoles. They need quick thinking, focus, and hand-eye coordination. Although players do not move much, **they** train their minds and practice daily to get better. E-sports are becoming very popular because they are easy to watch online and connect people from around the world. Both traditional sports and e-sports bring people joy, challenge, and a sense of teamwork, but they use different kinds of skills.

Choose the correct answer:

- The best title for this passage is:
  - The Rules of Football
  - The Growth of Games
  - Traditional Sports and E-Sports
  - Playing Alone
- The meaning of the underlined word **physical** is:
  - About the body
  - About the mind .....
  - About machines
  - About school
- The pronoun **they** in “they train their minds and practice daily” refers to:
  - Fans
  - Sports
  - E-sport players
  - Coaches
- The writer’s main purpose is to:
  - Tell a story
  - Compare two kinds of sports
  - Explain game rules
  - Describe one famous player
- All the sentences are **right** *except*:
  - Traditional sports need body movement.
  - E-sports make players run for long hours.
  - E-sports need computers.
  - Both sports bring people fun.
- Based on the information, we can say that:
  - E-sports train the body more than the mind
  - Both kinds of sports help teamwork.
  - Only traditional sports are popular.
  - E-sports are played outside.

Answer the following questions:

- What are two main differences between traditional sports and e-sports?

.....

- Why do you think e-sports are becoming more popular today?

.....