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للحصول على جميع روابط الصفوف على تلغرام وفيسبوك من قنوات وصفحات: اضغط هنا

الروابط التالية هي روابط الصف الثاني عشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

رياضيات على التلغرام

UNIT 7 Long lives LESSON 1/2**1-Why do you think keeping active is important for a long life ?**

- We can keep healthy
- We can avoid obesity
- We can enjoy life

2-How do you think we can keep physically active and ensure a long life (keep our muscles supple)?

- What advice can you give to people to ensure a long life? (2nd period 2017)
- It's by active stretching
- We can do some exercise (2012-13/ 2015)
- We can work and go on a good diet
- We can have enough sleep

3-How can we keep mentally (our brains) flexible / active ?

- We can read books
- We can solve crosswords and puzzles

4-In your point of view ,it's hard to find geriatric homes in Kuwait and the rest of the Arab World. Why?

- (2013 - 2014)
- Islam teaches us to honour the elderly (4th period 2013 - 2014)
- Islam teaches us to show them compassion

UNIT 7 WORKBOOK LESSON 3**5- How much sleep we need each night depends on several factors. Mention two.**

- They are age and daily routine (2012 - 2013)
- They are the quality of our sleep and genetic make-up

6- What may happen if we don't get enough sleep ?

- What are the effects of lack of sleep / problems of sleep deprivation ?
- We feel drowsy
- We have memory problems (2013 - 2014)
- We feel moody
- We can not concentrate / we can gain weight

7- Why is it important to get enough sleep? / What is the importance of sleep?

- It helps keep new information
- It helps do better on tests (2010-2011)

UNIT 7 LESSON 7/ 8**8- Our elderly people have done a lot for us so they deserve much from us. Mention**

- they deserve compassion and admiration
- they deserve love and respect

9- How can we show gratitude and respect to the elderly / parents? (2012-13- 16)

- What are the Islamic Teachings regarding the treatment of parents by children ?
- We should show friendship
- We should look after them (3rd 2014-15)
- We should talk to them
- We should help them do simple tasks.

10- What are the factors that have affected / increased life expectancy in Kuwait? (2012-2013)

- It's health care
- It's good nutrition
- It's modern medicine

- 1- **Why** do you think **people move from the countryside to live in the city?** (2013-2014)
- there are more services - there are better-paid jobs - there are more fun places
- 2- **What advantages and disadvantages are there of living in a city?** (2012 - 2013)
Advantages: - there are more services - there are better-paid jobs
Disadvantages: - It's pollution - It's overcrowding (3rd P 2015)
- 3- **What do you think villages suffer from nowadays ?**
- They suffer from unemployment and deserted farms
- They suffer from depopulation and poor infrastructure
- 4- **The phenomenon of rural depopulation can lead to (result in).....** (2010 -11-16)
- **List some of the problems that may be caused by the movement from the country to the city (by leaving villages).** (2012-2015)
- They are overcrowding in cities and deserted villages - People give up farming
- 5- **Why do many wealthy people move to live in the countryside in recent years?**
- **Some people prefer living in the countryside escaping towns .Give reasons .**
- They can enjoy fresh air and nature in the countryside (2010- 2012- 2013)
- They can escape from overcrowding and pollution in cities
- 6- **What measures could people take to make city life less stressful for the people who live there ?** { 2013 -14 / rd p .2015)
- They can reduce noise and pollution - They can have more fun places
- 7- **What would you miss most about city life if you moved to a country area, or vice versa ?** (2012)
- **City:** - we would miss more services - we would miss better-paid jobs
- **Country:** - we would miss nature - we would miss fresh air, quiet

- 8- **Why is the Silk City being built ?** (2010-2011)
- **Governments have to build new cities for several reasons. Explain.** (2nd period 2017)
- It's to offer housing and jobs -It's to make Kuwait a world trade centre
- It's to solve many problems as noise , traffic ,.....
- 9- **What makes Madinat Al-Hareer a unique city ?** (2012 -2013)
-It has a planned design -It has demarcations between areas.

10- From your point ,cities like Silk City will change the way we live. Explain.

- people will be happy
- people will live near water and green areas
- people will overcome the problem of limited land (2012 -13 -16)

11- How do you think cities ten years from now will differ from cities we inhabit today ?

- There will be vertical villages (4th period 2013 - 2014)
- There will be more services and more fun places

UNIT 8 LESSON 7/ 8

12- What things should you consider when choosing a place to live in ? (4th P 2015)

- It should be a green area
- It should be quiet and calm
- It should be expansive
- It should have a good location

UNIT 9 NEW WAYS AND OLD LESSON 1/ 2

1- How do you think traditional pastimes and leisure activities have changed in the modern world? (2010-2011)

- In the past: They were telling stories, reading books, visiting each other
- Nowadays : They are shopping, chatting , playing computer games

2- in your opinion , how can we make the best use of our free time ? (2016 3rd P)

- We can read books
- We can play sports
- We can visit our family and friends

UNIT 9 WORKBOOK LESSON 3

3-What are the purposes/ activities / events of Bayt Lothan? (2012-2013)

-Bayt Lothan serves as a shelter for arts and crafts (a cultural centre) .Explain. (2013 - 14)

- How could old buildings be used to serve new purposes? (2011-12 / 3rd P. 2015)

- It's a centre for arts
- It has workshops / art gallery
- It has classes / exhibitions
- It's a known coffee house

4- What is the impressive history of Bayt Lothan ? (2012 - 2013)

- It acts as a centre for arts
- It was the place where ships could take refuge from storms

5- Are you for or against restoring and reusing old buildings ? Give reasons. (2013 - 2014)

- I'm for
- We can use them as museums , workshops, centre for arts,.....

UNIT 9 LESSON 7/ 8

6-If you were asked to write a short biography of a person you know or know about ,

- Who would you write about ? Give reasons for your choice . (3rd P. 2015)

- I'd write about Sheikh Jaber

- He was called "the prince of hearts"

7-Why do you think Dr.Massouma Al-Mubarak is a distinguished / famous Kuwaiti woman?

- she is the first female minster in Kuwait

(2012-2013)

- she is the first woman to enter the Parliament

8- In your opinion, how can women serve their country?

(2012- 2013)

- They can work at different jobs.

- They can be members of the parliament

- They can bring up their children well.

FOCUS ON GAMES OF THE PAST

9- How did young people spend their free time in the past?

(2012 - 2013)

-they made their own fun.

-they played games in groups

10- What were the characteristics of the games of the past ?

(2011- 2012)

- Compare between the characteristics of the old games and new ones.

(3rd P 2016)

Old games : -games had well-known rules.

-children used simple things .

- games were played in groups

New games : - games don't need socializing

- new games make players idle

11- Unlike computer games and Nintendo, traditional games were practical and useful .Why ?

-They are easy to play

-They have more fun

-They improve fitness

(2010- 2011)

12- What is your favourite pastime ? Give reasons for your choice ?

(2012 - 2013)

- I like playing sports.

- they make me fit.

1- Mention some difficulties / challenges that may face spending time in the isolated icy mountains.

- They are cold , sickness , injury and lack of oxygen

2 -There are good qualities that make a good mountain climber such as ... (آخر العام 2011)

- What qualities would a person need to push the limits (obstacles) / survive the difficulties and bad conditions?
- What type of personality and skills / attributes are important for challenges?
 - They are fitness , strength and courage.
 - They are patience , strong will.

3- In your opinion, what are the preparations people should make before going on expeditions?

- we should get enough training
- we should join a team (آخر العام 2012 / 2016)
- we should get the right equipment
- we should take food , water and a compass

4- Are you interested in making a mountain expedition / doing something physically and mentally demanding? Why ?

- Yes , I'm
- It's exciting (fun). / - It's to be famous. (آخر العام 2013)

5- What were Zed Al Refai's aims in climbing the seven peaks / summits? (آخر العام 2013)

- It's to encourage protecting our environment
- It's to inspire the Arabs to sport.

6- What are pros and cons of record breaking attempts?

- Why are some people so keen to break records ? (آخر العام 2011)
 - * **PROS:** - They are fame , proving abilities and amazing achievements
 - * **CONS:** - They are extremely dangerous , facing death and getting lost

7- Why do people / adventurers push themselves to extreme limits of human endurance?

- It's to gain fame and money
- It's to set a record
- It's to be famous.(2014-2017)

8- What can be learnt from expeditions of challenges?

- We can learn patience and courage
- We can learn experience and adventure.

- 1- Mention the pros and cons of space travel / exploration. Why is the space station important?**
- Space exploration / travel is very exiting. Are you for or against space travel .Why? Why not? (2016)
 - * **Pros / For:**
 - We can make progress on earth.
 - We can discover other planets
 - We can do experiments in space.
 - We can develop useful innovations
 - * **Cons / Against:**
 - it is costly.
 - it is dangerous and risky
- 2. Do you think money should be spent to explore space or is it better spent helping people on Earth? Why?**
- It should be spent to explore space.
 - We can discover other planets (آخر العام 2014)
- Or:**
 - It's better spent helping people on Earth
 - We can feed the homeless and cure diseases
- 3. Why has Venus been given the epithets " the morning star " and "the evening star " ?**
- it is only seen from the Earth three hours before sunrise and three hours after sunset.
- 4. Some people contend that Venus is the earth's sister. Mention the similarities and differences between them?**
- * **Similarities:**
 - They're about the same size and age. (آخر العام 2011)
 - * **Differences:**
 - Venus has no seas and it is too hot.
- 5. Unlike other planets , life on Earth is possible because..... (آخر العام 2011)**
- there are oxygen and water
 - the climate is good
- 6. Mars, with other planets in our solar system except Earth , don't have normal life because :**
- It lacks oxygen
 - It is not conducive to human life.
- 7. How has space technology affected flight / aircraft technology? (آخر العام 2012)**
- It made aircraft lighter and faster
 - It made aeroplane engines quieter
- 8. The wireless technology helped to solve the communication problems in space and Earth. Mention.**
- It accesses data from Earth to space.
 - It's used in medicine
 - It's used for saving lives
- 9. There are a lot of benefits and spin-offs we could get from space technology. Mention some.**
- **How do advances in space technology benefit you in your daily life? (آخر العام 2013)**
 - We have satellite television , mobile phones. and AC units
 - We have sun glasses and GPS systems.
- 10. Space technology has a great impact on people's lives. How? (آخر العام 2017)**
- It's used in medicine
 - It's used for saving lives
 - It monitors heart activity

Unit 12 "Geniuses"

Unit 12

Lesson 1

1-What are the advantages and disadvantages of being a child prodigy? (آخر العام 2013)

* **Advantages:** - It's gaining respect and fame

* **Disadvantages:** - It's having few friends .- They may be treated in a different way

2-How should child prodigies be treated by their parents and teachers ? (آخر العام 2016)

- We should develop their talents and skills.

- We should care for them

3. What role did the Kuwaiti Scientific Club play in helping the three Kuwaiti inventors to win

the Oscar of the Geneva Fair?

(آخر العام 2012)

- It can train and care for them

- They got skills through training

4. What are the aims / purposes of Award ceremonies ?

- They encourage young talents and creativity

- They honour talented inventions

5- Mention two qualities an inventive genius should have? (آخر العام 2012)

- They should have dedication , initiative , courage

- They should have hard work , problem solving , perseverance

6- In your opinion , how can we encourage and appreciate young talents ? (آخر العام 2013)

- How can governments encourage people to utilize their talents and creativity? (2017)

- we should give them awards.

- we should support and care for them

7. What are the secrets of (Maha Al Ghunaim's) great achievements and success?

- They are hard work and strong will.

- They are family support , great

ambitions .

8. What makes a successful businessman ?

(آخر العام 2011)

- They are planning and clear vision

- They are communication skills and

confidence