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الروابط التالية هي روابط الصف الثاني عشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

رياضيات على التلغرام



وزارة التربية

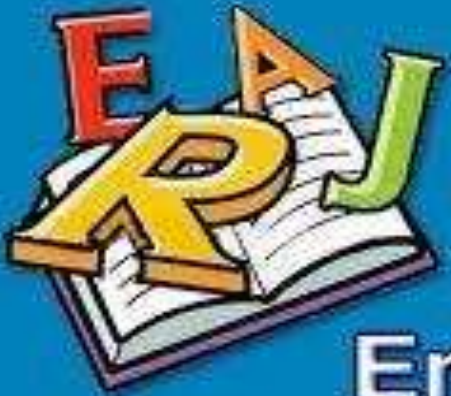
الإدارة العامة لمنطقة حولي التعليمية
مدرسة ماريّة القبطيّة الثانويّة بنات



بنك الأسئلة-الصف الثاني عشر

العام الدراسي 2020/2021

الفترة الدراسية الثانية



English Department

Unit (7)

Vocabulary

Fill in the spaces with words from the list :

{vigorous \ geriatric \ centenarians \ honoured \ commentary \ integral}

- 1- Dr. Smith waswith the Nobel Prize for Medicine .
- 2- A very exercise can increase the risk of heart attacks.
- 3- Customs and traditions form an part of every human society.
- 4- There is a question mark over the future of care.
- 5- That programme will include live on the Syrian current events .
- 6- Japan has more than 4,000Whose age passed 90.

Fill in the spaces with words from the list :

{cycle \ onerous \ elderly \ supple \ expectation \ cardiovascular}

- 1- The doctor advised me not to do exercises to avoid tiredness.
- 2- Smoking places you at serious risk of diseases.
- 3- people who stay active are usually the healthiest.
- 4- Theytheir bikes half an hour daily.
- 5- These shoes are made fromleather.
- 6- There is widespread that the strike will be settled soon.

Fill in the spaces with words from the list :

{ chronic \ deprived \ drowsy \ genetic make-up \ restful \ shallow }

- 1- I always have asleep .I can't get to sleep with all that noise in my area.
- 2- He suffers fromheadaches. He can't sleep without having pills.
- 3- I feel and have to fight off the urge to sleep.
- 4- The diet allows you to eat less, so you won't feelof your favourite foods.
- 5- How much sleep we need depends on the quality of our sleep and our
- 6- I hope you had a relaxing and weekend.

Fill in the spaces with words from the list :

{blizzard \ concealing \ dispute \ excuses \ frequently \ vicinity}

- 1- She knew at once that he was something from her.
- 2- We were snowed in by a raging
- 3- The two farmers are involved in a land
- 4- There are no hotels in the of our house.
- 5- Iron and folic acid supplements are given to pregnant women.
- 7- It is his habit, he always lies and gives silly.....

Fill in the spaces with words from the list:

{admiration \ bestowed \ due \life expectancies \ fatal}

1. He made a mistake of spending all his money on the project.
2. The university on her an honorary degree.
3. The amount you should pay is 45 dollars.
4. She earned theand respect of her coworkers.
5. We have longerthan our parents.

Fill in the spaces with words from the list:

{ ailment \ due \ deserved \ reverence \ affection }

- 1- Muslims show a deep for their religion.
- 2- She suffered from a chronic back
- 3- The team really that victory after the way they played.
- 4- We have a deep for kuwait and its people.

Set Book

1-According to you, how can the elderly ensure mental and physical fitness?

- 1- By reading books and the holy Quran.
- 2- By doing exercises like walking and running.

2- In your opinion, the youth can show gratitude and respect to the elderly by.....

- 1- Helping them to walk or hold doors
- 2- listening to their advice.
- 3- standing up when they enter the room.

3- What is meant by ‘geriatric homes’?

- * They are special homes for the elderly away from their family.

4-What are the Islamic teachings regarding the treatment of parents by children?

- 1- Islam teaches children to honour and respect their parents.
- 2- It urges children to show compassion to their parents in their old age.

5- Keeping active for along time has its benefits . Give examples .

- 1) Enjoying a healthier heart and muscles.
- 2) Sleeping well
- 3) living for a long time
- 4) Reducing obesity

6-How can you stay active physically and Mentally?

- 1) By half an hour of vigorous stretching and running.
- 2) By walking daily
- 3) By reading a book to keep us mentally flexible.
- 4) by eating the healthy food

7- The amount of sleep we need depends on several factors like.....

- 1- age and quality of sleep
- 2- daily routine and the genetic make up

8-From your point of view how do you feel when you don't get enough sleep?

- 1- I can't concentrate in the class. 2- I am moody and irritable.

9-What is the importance of sleeping ?

- 1) It is essential for person's health and wellbeing 2) It helps the brain retain information
3) It is the key of staying active all day 4) being able to think better
5) ensuring body development for children

10-Some people have difficulty in sleeping . Suggest ways to help them with this problem .

- 1) Having a hot shower before going to bed 2) Read a book or a story
3) Switch off the lights , TV , computer

11-Lack of sleep causes a lot of problems and affects your life style. Explain.

- 1) Lack of sleep might cause road accidents.
2) Lack of sleep might cause serious mistakes at work
3) Lack of sleep might cause failure at schools or in exams
4) Lack of sleep negatively affects our immune system

12-People need different amount of sleep . Give examples .

- 1) Children & babies: 16 hours a day
2) Teens : An average of 9 hours a day
3) Adults : about 8 to 10 hours a day

13- Why has life expectancy increased in the modern world?

* Many ailments that used to be fatal can now be easily cured and this has increased the life expectancy.

14- Mention any two practical ways by which you can show appreciation and respect to the elderly.

- 1) Helping them to do some tasks .
- 2) Showing reverence through talking to them
- 3) Helping them to walk or hold doors

Grammar

Choose the right option:

- 1- If you can't get it to us in time, we will just have to
- a- **make up for** b- **do without** c- **do away with** d- **do up**
3. I think we have tothe traditional way of voting in elections. Technology can help us a lot
- a- **make up for** b- **make up** c- **do away with** d- **do up**
4. Her enthusiasm mayher lack of experience.
- a- **make up for** b- **do without** c- **do away with** d- **do up**
5. What you know is totally false. The fact is that the workerthe whole story.
- a- **made up for** b- **did without** c- **did away with** d- **made up**
6. He the buttons because they were loose.
- a- **did away with** b- **made up** c- **made up for** d- **did up**
7. We can'tthe help of our Government.
- a- **do without** b- **do up** c- **make up** d- **make up for**
8. The long-range goal must be to nuclear weapons altogether.
- a- **do away with** b- **make up** c- **make up for** d- **do up**
9. Ask for an extra compensation to..... the stress you have been caused.
- a- **do away with** b- **make up** c- **make up for** d- **do up**
- 10- There is a shortage of sugar .You will have toit in your coffee.
- a- **do without** b. **do away** c. **do with** d. **do up**
- 11- You shouldn't try to sleep. You need at least eight hours a night.
- a- **do away with** b. **do without** c. **do** d. **do up**

Ex: 1. I have Arabic homework. I have English homework.
I have **both** Arabic **and** English homework.

Ex: Ali plays football. Khaled plays football.
Both Ali **and** Khaled play football.

Rewrite the two sentences as one sentence using (both ... and)

1 -The food was terrible. The service was terrible too.

2 -Angela played the piano. Lucy also played the piano.

3- Eagles hunt small animals. Wolves hunt small animals.

4- The film is very funny. The book is also very funny.

5- Japan has a lot of earthquakes. California has a lot of earthquakes.

6- Her mother is tall. She is beautiful too.

7- I love soft music. My sister loves soft music also.

8- My brother visited France. He also visited Italy.

Reported Speech

Report the statements into indirect speech:-

1- He said to me, "I'm glad to meet you."

2- They said, " We had lost our way to the park."

3- " I'll be there in the café tomorrow."

4 -" Our teacher asks too many questions."

They said

5-"I'll pay for your friend's ticket."

He told me

6-"I have forgotten to post my letters."

He told us

Change into reported speech:

1- I said “Where will you spend this weekend.”

2-The father “Where did you go yesterday?”

3-“Why are you laughing at me?”

He asked her

4-“What do you want?”

She asked me

5-“When will you come to see us again?”

They asked.....

Change into reported speech:

1." Would you like go shopping tomorrow ?"

Mariam asked her friend

2." Have you already been on holiday?"

Omar asked us.....

3." Are you hungry ?"

My mother asked me

4." Is she feeling alright ."

He asked.....

5." Did you enjoy your holiday?"

Ali asked Mona

Report the following sentences :

1-“ Study your lessons. ”

The teacher advised the students.....

2-The man said “Tell me the way to the hospital, please.”

3-“Open the door.” The teacher said.

Language Functions

Write what you would say in each of the following situations :

1- You are moving to a new area and saying goodbye to some friends.

.....

2- An estate agent is showing you round a house which you don't like .

.....

3- A decorator has painted your living room the wrong colour .

.....

4- You work at a shop and you are offering help to a customer .

.....

5- You want to ask when the next train leaves.

.....

6- You're giving advice to your friend who looks tired from overwork.

.....

7- You need directions to the city centre.

.....

8- Your friend asks you : Which is better : studying in Kuwait or abroad?

.....

9- A friend of yours wants to join a humanitarian organization .

.....

10- Your friends made you a surprise party on the occasion of your success.

.....

vocabulary

Choose the correct word to complete the following sentences :

- 1- The hospital has no beds for the main time because of Covid-19
a) vacant b) astounded c) embarrassed d) advantageous
- 2- Mexico city is one of the most populated cities in the world.
a) frequently b) densely c) ungentlemanly d) vice versa
- 3- The war has badly damaged the country's.....
a) vicinity b) infrastructure c) disturbance d) unemployment
- 4- She... the car into the parking space.
a) narrated b) bumped into c) reversed d) bestowed
- 5- Coffee is one of Brazil's main
a) almond b) depopulation c) hub d) exports
- 6- People came from..... to see the house.
a) far and wide b) hustle and bustle c) odds and ends d) below par
- 7- She felt..... about undressing in front of the doctor.
a) tranquil b) embarrassed c) rural d) deserted
- 8- He doesn't trust her, and.....
a) frequently b) ungentle manly c) vice versa d) customarily

Fill in the spaces with words from the list:

(demarcation / astounded / bumped into / palatial / densely / run

into/disturbance) 1- The river serves as the line of... between the two countries .

2- Wow! Your house is large and

3- England was once a wooded country.

4- I was.....to hear that Tim had left .

5- Phone calls are the biggest..... at work .

6- We.....Alison when were in London last week .

7- I had scarcely left when I.....him.

Fill in the spaces with words from the list :

{ almond \ reversed \ \ vice versa \ depopulation \ infrastructure \ deserted }

1- Farmers are their fields and coming here looking for jobs.

2- We need to spend more money on maintaining and repairing

3- Ruralcan lead to overcrowding in cities .

4- On the left was a plantation of.....trees.

5- Teachers qualified to teach in England are not accepted in Scotland and

6- The runnerstheir direction on the track.

{ exports \ public services \ vacant \ socioeconomic \ unemployment }

1- The money is used by local authorities to pay for

2to Kuwait have risen this year.

3is so damaging both to individuals and to communities.

4- There are no.....jobs in the ministry of Education this year .

5- The termmay refer broadly to the "use of economics in the study of society.

{public services /overcrowding / vacant / unemployment / infrastructure / vice versa}

1. It's just too hard to find aseat here .It's very crowded.

2. The levels reached new high during the recession.

3areas causes a lot of stress on me ; I just can't handle such noise and number of people all in one place .

4. My father works for the office, there they provide services that helps people in many ways .

5. The mayor said the town's needed modernizing.

Fill in the spaces with words from the list :

{ bumped \ embarrassed \ far and wide \ glamour \ hustle and bustle \ tranquil \ odds and ends }

- 1- We searched.....for someone who could tell the real story .
- 2- I don't like the of noisy places .
- 3- His unexpected response the audience.
- 4- She left her hometown, attracted to theof the big city.
- 5- The hotel is in arural setting.
- 6- I will look for them among all my
- 7- We.....into Ali when we were in London last week.

Fill in the spaces with words from the list :

{advantageous \ Palatial \ Picturesque \ leafy }

- 1- He lives in a..... house near the sea .
- 2- The view of the mountains was very
- 3- Her experience placed her in an position to apply for the job.
- 4- The backyard's.....bushes look nice and add attraction to the area.

Set Book Questions

1- What is meant by rural depopulation?

Large numbers of people move from their homes in the country to live in towns.

2- In your opinion, what are the bad consequences of the rural depopulation?

a- overcrowding in cities. b- the country areas become deserted.

3- What are the advantages of living in a city?

a- better paid jobs b- attractive and exciting places
c- modern schools, hospitals and universities.

4- What are the disadvantages of living in a city?

a- pollution b- noisy c- overcrowding d- unfriendly people

5- Mention some facts about country life.

a- calm b- free from disturbance c- fresh air d- friendly people

6- What are the characteristics of a suitable place to live in?

- a- quite and calm b- not much traffic c- near green park

7- Where would you like to live in the country or the city? Why?

- a- I would like to live in the city b- because life is so interesting.

8- City life could be less stressful if

- a) It provides better and faster ways of commuting
- b) It enforces more strict criminal laws
- c) Creating better chances of lifestyle
- d) The problem of pollution is solved

9- State some of the characteristics of a suitable place for a family to live in.

- a- location b- residents parking.

10- Who now lives in deserted villages and country areas ? Why ?

- a- Rich people b- Some people like to spend holidays or weekends there .
They go there to escape noise , pollution and tension of city life .

11- Why do you think farming has become less profitable in recent years?

- a. Due to the modern technology which has made it possible for big farms to price smaller farms out of the market.
- b. Due to the cheap imports from other countries which threaten indigenous farmers.

12- Why are many of the inhabitants of villages elderly people ?

Because most of the young people have left for work in the cities, leaving only old people who are already retired.

13- Why are many of the inhabitants of the villages in Spain elderly people ?

Because all young people have left for work in big cities .

14-What things should be put into consideration if you want to choose a place to live in?

- a- Overlooking a green area . b- A quiet and calm area c- There isn't much traffic d- There's a residents' parking. e- All facilities are available

Grammar

Subject-Verb Inversion

Usual word order : **Ex** : I have never felt so happy in my life .

Inverted word order : **Ex** : Never have I felt so happy in my life .

Complete the following sentences :

1- I shall never forget your kindness.

Never.....

2- She rarely does her homework alone .

Rarely.....

3- We had hardly started when it began to rain.

Hardly.....

4- As soon as we had left the house , it exploded.

No sooner

5- I have seldom heard such beautiful singing.

Seldom

6- I had scarcely left when I ran right into him .

Scarcely

7- They not only robbed you, they smashed everything.

Not only

8- She only now understood the problem.

Only now.....

9- I have never been as annoyed as when I lost my mobile phone .

Never

10.I little expected to see my friend at the library .

Little

11.I have rarely been as excited as when my team won.

Rarely

12- I was treated so poorly that I left in disgust.

So

Relative Pronouns

From a ,b ,c and d choose the right word:

1- Do you remember the exact timethe accident happened.

- a) **when** b) **Which** c) **whom** d) **who**

2- The city,.....s very polluted , is home to over 250,000.

- a. **which** b. **who** d. **why** d. **whose**

3- The park,.....I play football, is famous throughout the country.

- a. **where** b. **who** d. **why** d. **whose**

4-The actor ,.....I went to school with , obviously gained great enjoyment from his profession .

- a. **who** b. **why** d. **where** d. **which**

5- I'll always remember the day _____I started school.

- a. **when** b. **where** d. **who** d. **whom**

Comparative and contrastive connectors

Choose the right option from a , b , c and d :

1- In Kuwait, summer is too hot,..... winter is cool.

- (a) **in comparison with** (b) **instead of**
(c) **whereas** (d) **on the other hand.**

2-cooking, let's go out for dinner.

- (a) **Whereas** (b) **In comparison with**
(c) **On the other hand** (d) **Instead of.**

3- City life is exciting, , life in the countryside is more peaceful.

- (a) **in comparison with** (b) **instead of**
(c) **whereas** (d) **on the other hand**

4- Life nowadays, life a century ago was quite hard.

- (a) **In comparison with** (b) **But** (c) **Whereas** (d) **Instead of**

Language Functions

What would you say in the following situations:

1. You are celebrating the Mother's Day in your school broadcast. Show your respect and gratitude towards your mother.

.....

2. You're asked about the pros. and cons. of chatting on the internet.

.....

3. Someone who has just started in the company where you work asks you what you think of the boss.

.....

4. Kuwaiti women have proved to be equal to men in some occupation or better sometimes.

.....

5.The exams are approaching. Remind your sister of her duties and responsibilities.

.....

6. You have the desire and intention to study in England

.....

7- Being a witness in a crime you have seen, you were asked to describe the suspicious .

.....

8- You are in the composition Exam . You are asked to write a short biography of someone who has had an interesting or unusual life .

.....

9- Your friend invites you to his birthday party. You are busy , give him reasons of your refusal.

.....

10- Your cousin decided to join a scholarship in Britain .

.....

11- You are moving to a new area and saying goodbye to some friends.

.....

12- An estate agent is showing you around a house which you don't like.

.....

vocabulary

Fill in the spaces with words from the list:

(in parallel/promote/socialise/immobile/ungentlemanly/put to/appointed)

- 1- He sat , wondering what to do next.
- 2- We've... three new teachers this year.
- 3- Advertising companies are always having to think up new ways to.....products.
- 4- Their relation was a test when they couldn't reach an area of agreement.
- 5- I tend not to..... with my colleagues.

Choose the correct word to complete the following sentences :

- 1- Maha is a very.....secretary.
a)competent b)immobile c)picturesque d)deserted
- 2- She had attended many classes before she got married.
a)bill b)cookery c)parliament d)portfolio
- 3- He.....from the company to take a more challenging job.
a)appointed b)fixed c)resigned d)socialised
- 4- It's.....to have adult conversation with such a young child.
a)unique b)unusual c)mass-produced
.....d)contemporary
- 5- She was elected to in 1997.
a)minister b)biography c)parliament d)degree
- 6- You eat a massive plate of food for lunch,... I have just a sandwich.
a)whereas b)like c)in spite of d)despite
- 7- When a is passed in parliament , it becomes law.
a)bill b)snooker c)workshop d)mail order
- 8- They couldn't my old computer, so I bought a new one.
a)fix b)promote c)put to d)narrate

Fill in the spaces with words from the list :

{ workshop \ fix \ cookery \ unique \ mass-produced }

- 1- books offer new ways of making meals .
- 2- A lot of goods are using modern machines in our factory.
- 3- Each person's genetic code is except in the case of identical twins.
- 4- We held a to discuss an important issue .
- 5- They couldn't my old computer, so I bought a new one.

{ competent \ mail order \ custom-made \ unusual }

- 1- "Do you like the new settee?" "Very much, it's most....."
- 2- I often buy clothes by
- 3- This car is it is specially made for a particular buyer
- 4- I wouldn't say he was brilliant but he is at his job.

Fill in the spaces with words from the list :

{ contemporary \ craftsmen \ parallel \ platform }

- 1- The plates are hand painted by our finest
- 2- Although it was written hundreds of years ago, it still has a feel to it.
- 3- These two machines are in, they are arranged in a way that means they both receive the same amount of electricity.
- 4- He stepped up onto the and started his speech .

Fill in the spaces with words from the list :

{ pottery \ socialize \ promotes \ seamlessly }

- 1- Making is not an easy task , it needs both an art and hand skills .
- 2- It has long been known that regular exercise all-round good health.
- 3- He likes to with his coworkers after work ends.
- 4- What a transition from step to step in Mr. Khaled's lesson!

Fill in the spaces with words from the list :

{ below par \ calling the shots \ immobile \ neck and neck \ put }

- 1- The general manager is the one who is in our company .
- 2- The two teams were.....tell the end of the match .
- 3- I have a question I want toto you.
- 4- She sat....., wondering what to do next.
- 5- I am not qualified for that job I am feeling a bit

Fill in the spaces with words from the list :

{ snooker \ substandard \ toe the line \ ungentlemanly }

- 1- I don't like playing it is not my favourite game .
- 2- Mr. Hani is a teacher who rejects work without hesitation.
- 3- Ministers who wouldn't were swiftly got rid of.
- 4- He was dismissed because he behaved

Set Book Questions

1-List some of leisure activities people enjoyed in the past and some they enjoy nowadays :

leisure activities in the past: Reading \ Dancing \ Fishing \ Swimming \ Camping \ Hunting \ Embroidery

leisure activities nowadays

Going to the cinema \ shopping \ Playing video games, billiards , table tennis , football....etc.

3- Mention some skills which were common in the past but are unusual now .

a- Laundry b- Car Maintenance c- Childcare d- Car Wash e- Hair Cuts

4- What are the creative uses of home computers?

a- Design magazines. b- Produce posters. c- Produce diagrams and tables.

5- Bayt Lothan is an old house serving new purposes .Explain.

It is a place where people meet to drink coffee, eat food, socialize and it is a shelter in which human creativity, arts and crafts are shown.

6- Brief the impressive history of Bayt Lothan.

Bayt Lothan in the past: The word lothan means shelter as it was the place where ships could escape storms.

Bayt Lothan nowadays: It provides a shelter in which human creativity, arts and crafts are shown.

7- Bayt Lothan is more than just a coffee house. Discuss.

It also houses arts and crafts.

It provides a platform for artists to show their works. c-

There are exhibitions of new Kuwaiti artists.

d- People can take classes to learn new skills.

8- Is it better to reuse old buildings, or build entirely new ones that perfectly suit a community's needs?

We can re-use old buildings while keeping their historic features if they are part of our culture and heritage so as to keep our heritage alive for the coming generations to see and learn.

Building entirely new ones is a good way if the reasons for building these buildings were no longer needed. So we can build entirely new buildings to meet the community's needs.

9- Where does the name of "Bayt Lothan" come from?

The word lothan means shelter as it was the place where ships could escape storms.

10- What kind of workshops and lessons are held in Bayt Lothan ?

**a.jewellery design b. clay pottery c. photography d. Arabic calligraphy
e. manuscript decoration**

Focus on

1.Mention some of the classic Kuwaiti games. Or Name 4 of the old Kuwaiti games ?

a- Al Khabsah b- Dawama c- Amber

2.How do people spend their free time nowadays?

a- Playing computer games. b- Chatting on the Net c- Watching television.

3.What were the characteristics of the games of the past?

a- They were simple b- They were enjoyable. b- They involved group socialising .
c- They utilised items from everyday life like rocks , shells ,etc.

4.Why is it so important to keep in touch with ones past ?

a- To keep our culture . b- To know how our ancestors lived in the past.
Those who have no past have no present or future.

Grammar

Causative Verbs(present – past – future)

More Examples

Verb Tense	Examples	Causative Forms
Present Simple	She <u>paints</u> her portrait.	She <u>has</u> her portrait <u>painted</u> .
Present Continuous	She <u>is painting</u> her portrait.	She <u>is having</u> her portrait <u>painted</u> .
Past Simple	She <u>painted</u> her portrait .	She <u>had her</u> portrait painted.
Past Continuous	She <u>was painting</u> her portrait.	She <u>was having</u> her portrait painted.
Future Simple	She <u>will paint</u> her portrait.	She <u>will have</u> her portrait <u>painted</u> .
Future Continuous	She <u>will be painting</u> her portrait.	She <u>had</u> her portrait <u>painted</u> .
Present Perfect	She <u>has painted</u> her portrait .	She <u>has had</u> her portrait <u>painted</u> .
Past Perfect	She <u>had painted</u> her portrait.	She <u>had had</u> her portrait <u>painted</u> .
Present Perfect Continuous	She <u>has been painting</u> her portrait.	She <u>has been having</u> her portrait <u>painted</u> .
Past Perfect Continuous	She <u>had been painting</u> her portrait.	She <u>had been having</u> her portrait <u>painted</u> .
Infinitive	She <u>can paint</u> her portrait.	She <u>can have</u> her portrait <u>painted</u> .
-ing form	She <u>likes painting</u> her portrait.	She <u>likes having</u> her portrait <u>painted</u> .

Change into Causative

1- I couldn't repair my computer myself.

.....

2- We didn't build our own house .

.....

3-People don't service their cars themselves.

.....

4- She didn't make the dress herself.

.....

5.He isn't going to take his own photo.

.....

6. We didn't cut down the trees in our garden ourselves.

7. My father doesn't clean his car himself.

Do as Shown:

1- Fahad is taking his car to the mechanic tomorrow to repair. (**Begin like: Fahad is having**)

2- Hesham will repair his car tomorrow. (**Causative**)

3- His house was built by a local builder. (**Change into causative**)

4- The mechanic checked **the brakes**.
I had (**Complete**)

5- I didn't repair my watch. (**Causative**)

7- She didn't make the dress herself. (**Causative**)

8- He isn't going to take his own photo. (**Causative**)

9- My father doesn't clean his car himself. (**Causative**)

Used to

Used to describes a past action

He **used to travel** everywhere by taxi. (But now I don't)

He **didn't use to** travel everywhere by taxi. (**Negative Form**)

Did you **use to** travel everywhere by taxi ? (**Interrogative Form**)

Practice :

1- She used to wear a school uniform. (**Change into negative**)

2- Students used to study in large groups in the past. (**Form a Question**)

3- Yes, I used to practice sports when I was young. (**Form a Question**)

Extra Grammar Exercises on Module 3

Correct the verb:

1. My brother was late to reach because he (not set) his alarm clock.
2. He (not use to) drive a car very well, but now he does.
3. Our house is out dated we must have it(redecorate).
4. All the ancient buildings (restore) by the government a year ago.
5. He is having his car(repair) next week.
6. My parents said they (spend) the coming holiday in Paris.
7. He(travel) everywhere by train. But Now he travels plane.
- 8 -I (my car repair) by the mechanic.
- 9 - I (use) to swim fast when I was young.
- 10 - The criminal admitted that he (commit) the crime two days before.

Do as shown:

- 1-People may have moved their cars away from the main street. (Make passive)
.....
- 2- My father's car was sold last week. (causative)
.....
- 3- I have never felt embarrassed here. M3-u8
Never..... (Complete)
- 4-We have never gone for a long trip in the desert. (begin with : Never..)
.....
- 5- We study hard. We can get high marks. (use: so .. that)
.....
- 6- I hurried to the post office to post the letter. (use: in order that..)
.....

Correct the verb between brackets :

- 1.I (make) two mistakes in the last quiz. 1-.....
- 1.Next week , I (get up) up at 7: 30 every morning. 2-.....
- 2.Please don't call around 6: 00 tomorrow evening because we (visit) our grandparents . 3-
3. He (live) **has lived / has been living** alone since his parents died.4.....
- 4.Our daughter , who is 22 years old, (not graduate) from school yet. 5-

From a , b , c and d choose the right answer :

- 1.Parachuting isa dangerous sport that people are scared to try it.
a. so b. such c. very d. none
- 2.I was.....scared that I couldn't move .
a. so b. such c. very d. none

3. Her room is a mess that she can't find anything.
a. so b. such c. very d. none
4. He's a strong man that he can lift a car.
a. so b. such c. very d. none
5. The computer is complex that I can't understand it .
a. so b. such c. very d. none

Choose the right answer from a, b, c and d

1. He..... speaks and writes in Spanish.
a. either b. both c. neither d. nor
2. She asked we had already finished our work.
a. that b. whether c. to d. for
3. She is both pretty clever.
a. or b. nor c. and d. so
- 4- I saw a wanted thief... was arrested by the police.
a. which b. whose c. whom d. who
- 5- This is the valuable present cost my father a lot.
a. which b. whose c. whom d. who
- 6- The young man you met yesterday is my cousin.
a. which b. whose c. whom d. who

LANGUAGE FUNCTIONS

Write What you would say in the following situations:

1. You are celebrating the Mother's Day in your school broadcast. Show your respect and gratitude towards her.

.....

2. You're asked about the pros. and cons. of chatting on the internet.

.....

3. Someone who has just started in the company where you work asks you what you think of the boss.

.....

4. Kuwaiti women have proved to be equal to men in some occupation or better sometimes.

.....

... 5. The exams are approaching. Remind your sister of her duties and responsibilities.

.....

6. You have the desire and intention to study in England

.....

... 7- Being a witness in a crime you have seen, you were asked to describe the suspicious

.....

... 8- You are in the composition Exam. You are asked to write a short biography of someone who has had an interesting or unusual life.

.....

... 9- Your friend invites you to his birthday party. You are busy, give him reasons of your refusal.

.....

... 10- Your cousin decided to join a scholarship in Britain.

.....

... 11- Someone asks you about your plan for the future.

.....

12. The Ministry has shut down all bad websites.

.....

13. The lecturer had ended his presentation. You have a different opinion.

.....

14. You are completely convinced that your friend's plan for work is the best .

.....

15. A friend of yours says that it's important to treat old people kindly .

.....

16. You Heard a women saying the Dr. Massoma AL-Mubarak added to the political history in Kuwait.

.....

vocabulary

Unit (10)

Choose the correct word to complete the following sentences :

- 1- World leaders will meet next week for their annual economic..... .
a)summit b)arson c)binoculars d)mountaineer
- 2- Repairing the roof willspending a lot of money.
a)crave b)traverse c)entail d)scale
- 3- The country's roads are quite..... .
a)dizzying b)unconscious c)perilous d)strong-willed
- 4- The bumps wereduring the night when the automatic operating system stopped.
a)manned b)grueling c)visible d)fatigued
- 5- A cinema was burnt out in north London last night. Police suspect..... .
a)feat b)arson c)attempt d)reconstruction
- 6- Post-war economic..... must begin with the resumption of agricultural production.
a)exhaustion b)arson c)reconstruction d)frost-bite
- 7- They slowlythe steep path up the mountain.
a)scaled b)highlighted c)engulfed d)ascended

Fill in the spaces with words from the list:

(elite / coming down / cope with / came across /crave / alight /extreme / assist)

- 1- He was smoking in bed and his blankets caught..... .
- 2- Ahmedsome of his old letters in his drawer.
- 3- In..... cases, the disease can lead to blindness.
- 4- It must be difficult to three small children and a job.
- 5- Economically, inflation is..... .

6-Hossam is famous and one of the country's educated.....

7-I always.....for eating chocolate.

8-The army arrived to in research.

Fill in the spaces with words from the list :

{ ascend \ attempt \ elite \ dizzying \ exhaustion \ extreme }

1- Mona felt ill with

2- He failed his driving test on the first.....but he succeeded on the second one.

3- The tower rose to.....heights.

4- " happiness begets tragedy."

5- She believed that when she died, her soul wouldto heaven.

6- Dr. Ma'soma Al- Mubarak is one of the country's educated

{ highlights \ reconstruction \ perilous \ scaled \ summit }

1- Kuwait made a great progress in the.....of the health-care system

2- She made a journey across the mountains.

3- The prisoner the high prison wall and ran off.

4- Yuichiro Miura set the record as the oldest person ever to reach the.....of Mount Everest .

5- The report.....the need for improved safety.

Fill in the spaces with words from the list :

came away with / came round/ Come over/ came across / came out /come up / come down }

1- As we were walking up the mountain , we a small camp site.

2- It had been coldly all morning, but in the afternoon the sun.....

3- After she fell and hit her head on the ice , it was ten minutes before she.....

4- A job hasat the polar research centre- I may apply for it.

5- I wish the price of petrol would.....

6- In the end , Ifirst prize.

7 when you're next in town.

Fill in the spaces with words from the list :

{ assist \ grueling \ feats \ mountaineer \ engulfed \ binoculars }

- 1- We need to the handicapped live a normal life .
- 2- I couldn't see the balloon in the sky till I looked through
- 3- Junior doctors often have to work a..... 100-hour week.
- 4- She's performed remarkable organizing the office.
- 5- Zed Al Refai's , the Arab aims in climbing the seven peaks .
- 6- The flames rapidly the house.

Fill in the spaces with words from the list :

{ cope with \ craved \ entails \ strong-willed }

- 1- She has always excitement.
- 2- The job a lot of hard work.
- 3- She's very and if she's decided to leave school, nothing will stop her.
- 4- It must be difficult for her to three small children and a job.

Set Book questions

1. What qualities would a person need to survive in icy mountains?

Or: What type of personality and skills are important for challenges?

He should be : confident \ courageous \ adventurous \ fit \ loves teamwork \ patient
heroic \ well-equipped \ respects nature

2. What difficulties may a mountain climber face?

extreme cold \ Frost bite \ serious injuries \ sickness \ lack of food and water \ lack of Oxygen

3. What preparations should be done before going on expeditions?

checking equipment \ taking enough food and water \ taking First Kit Aid \ the right clothes \
Oxygen cylinders \ communication devices

4. What were Zed Al Refai's aims in climbing the seven peaks?

- a) To highlight the importance of protecting the environment in the Gulf regions .
- b) To inspire other Arabs to become involved in the sport.

5. One Zeddy's adventures is travelling to the mountains in Pakistan for noble reasons .

What were his reasons ?

- a. helping his fellow Muslims after a huge earthquake
- b. taking part in reconstruction efforts

6. What can be learnt from expeditions of challenges?

confidence \ the spirit of teamwork \ patience \ respecting nature

7. What things should you take when going on expedition?

a. water and food b. first kit-aid c. compass d. tent e. binoculars

8- What type of personality and skills are important for challenges?

a- Strong will b- Motivation. c- Craving adventures and excitement.

1- What can be learnt from expeditions of challenges?

a- Patience b- Courage c- Experience

9- How can you stay safe whilst doing extreme sports?

a- Make sure you are prepared. b- Take a medical kit and a mobile phone with you.
b- Tell people where you are going. c- Don't push yourself till you are ready.

Grammar

(Past Perfect Simple & Past Perfect Continuous)

Past Perfect had + PP

The **past perfect** and **continuous** can be used :

◆ to clarify which of two past actions happened first

EX : I went back home because I had forgotten my keys .



◆ to talk about things that happened or were felt in the past

EX : Hussein felt nervous because he had never flown a plane.

◆ to provide background to a past event.

EX : He had looked everywhere for his coat.

Past Perfect Continuous **had + been + verb-ing**

The past perfect continuous is often used in preference to the past perfect to talk about :



EX :For much of her walk Salaw had been fighting strong winds.

◆ Actions which were repeated.

EX : Salwa had been having sleepless nights .

EX :Lail had been feeling sick for most of the day .

Correct the verbs in brackets : (Past Perfect)

- | | |
|--|---------|
| 1- I did not have any money because I (lose) my wallet. | 1-..... |
| 2- Tony knew Istanbul so well because he (visit) the city several times. | 2-..... |
| 3- Kristine (never be) to an opera before last night. | 3-..... |
| 4- (you ever visit) the U.S. before your trip in 2006? | 4-..... |
| 5- Yes, I (be) to the U.S. once before. | 5-..... |

Correct the verbs in brackets : (Past Perfect Continuous)

- | | |
|--|---------|
| 1- They (talk) for over an hour before Tony arrived. | 1-..... |
| 2- She (work) at that company for three years when it went out of business. | 2-..... |
| 3- How long (you wait) to get on the bus? | 3-..... |
| 4- Mike wanted to sit down because he (stand) all day at work. | 4-..... |
| 5- James (teach) at the university for more than a year before he left for Asia. | 5-..... |

More Practice :

- 1.He passed all his exams. He (revise) for a month .
- 2.They finished preparing the magazine a week before. They (prepare)
.....it for over a month .
- 3.I went to the hospital to see Fahad. He (break) his leg during a football match.
- 4.Everyone enjoyed the family celebrations. My mother (make) all the food herself .

Sothat

Ex. The sky was so cloudy that we decided not to go out that day.

Re-write the following sentences using (so.....that....) :

1- The film was very interesting. We enjoyed our time .

2- The house was extremely dark. We didn't even see the stairs.

3- The road is very rocky. He cannot drive the car easily

4- The exam was very difficult. She could not get high marks

5- The dress was loose. She didn't wear it.

6- The weather is very stormy. They can not go out .

Suchthat

It was

It is They

are

They were + such + a / an + adj. + noun+ that + the rest of the sentences.

EX :It was such a funny film that I couldn't help laughing.

EX :They were such interesting stories that we finished them all.

Join using (such....that)

1- This dress is too ugly . She won't wear it.

2-The class was so crowded .Some pupils didn't find a seat.

3- This question is very difficult . She didn't understand it.

4- He is very angry. You can't speak to him.

5- This car is expensive .I can't buy it.

6-He is coward . He ran away .

vocabulary

Choose the correct word to complete the following sentences :

1- Your..... is to isolate the enemy by destroying the bridges across the rivers.

- a)universe b)mission c)data d)emission

2- Tests revealed some.....skin cells.

- a)economical b)superb c)abnormal d)conductive

3- Everyone will have an... .. to comment.

- a)trainers b)spin-off c)detriment d)opportunity

4- Racism of any kind is to me.

- a)durable b)frontier c)dual d)abhorrent

5- We are aiming our campaignat young people.

- a)specifically b)approximately c)exceptionally d)roughly

6- The sun was by the clouds.

- a)dispatched b)obscured c>alerted d)waned

7- A soon as I was....., I began to have second thoughts about leaving.

- a)solar system b)on board c)natural satellite d)take for granted

Fill in the spaces with words from the list:

(sentient / awe-inspiring /roughly /conductive /trainers /data /dispatched / obscure)

1- Such a noisy environment was not..... to a good night's

sleep. 2- There has been an increase of... ..2.25 million.

3- The..... was/were collected by various researchers.

4- Two loads of woollen cloth were... ..to the factory on December 12 th.

5- It is hard for a... ..person to understand how you could treat .
a child so badly.

Fill in the spaces with words from the list :

{ awe-inspiring \ abhorrent \ intrepid \ mission \ orbit \ concept \ revered }

- 1- Racism of any kind is.....to me.
- 2- An.....person is someone who acts in a brave way.
- 3- It is very difficult to define theof beauty.
- 4- Nelson Mandela is.....for his brave fight against apartheid.
- 5- The higher we climbed, the more the scenery became.
- 6- Russia sent a.....to study the space .
- 7- On this mission the Shuttle will the Earth at a height of several hundred miles.

Fill in the spaces with words from the list :

{ detriment \ executed \ revolves \ frontier \ universe \ sentient }

- 1- Early astronomers thought that our planet was the centre of the
- 2- The whole play was.....with great precision.
- 3- The conversation..... around childcare problems.
- 4- Are you sure that I can follow this diet without.....to my health?
- 5- A..... being is capable of experiencing things through its senses.
- 6- They lived in a town close to the

Fill in the spaces with words from the list :

{ abnormal \ alert \ data \ monitor \ revolutionized \ Spin-offs }

- 1- Parents should be.....to sudden changes in children's behaviour.
- 2- Newton's discoveries physics.
- 3- The research has had in the development of medical equipment.
- 4- What a strange behavior ! He seems to be
- 5- Now theis/are being transferred from magnetic tape to hard disk.

Fill in the spaces with words from the list :

{ dual \ take for granted \ specifically \ durable \ economical \ trainers \ emissions }

- 1- The new factory sends out carbon dioxide
- 2- This room has a.....purpose , serving as both a study and a dining room.
- 3- The prophets' sayings must be
- 4- These jeans are designed.....for kids.
- 5- This T-shirt is long lasting , it is made of materials.
- 6- What's the most..... way of diminishing the amount of petrol used in our cars.
- 7- I bought a type of light comfortable that are suitable for playing sport.

Set Book questions

1-Why are scientists desperate to know more about space?

- a)to understand the world around us b)provide people with knowledge about space
c)Provide chances for more scientific advances
d)enhance communication field
e)To know the reason behind climate changes .

2-What risks might an astronaut face in his work field?

- a)Shortage of air b) health problems (**such as : thin bones**)
c)being exposed to different temperatures
d)Unexpected fault in the shuttle or explosion

3-What is the importance of the space station (ISS) ?

- a)conducting experiments
b)contacting the crew on the shuttle
c)sending and receiving data to the crew on the shuttle
d)Monitoring space and shuttles

4- Being an astronaut is not an easy task .Explain .

- a)It needs a lot of study b)It costs a fortune
c) being away from family and friends

5-Mention some of the Pros and Cons of being an astronaut ?

Pros : understanding the world. -providing people with knowledge of our world
- enhancing communication field

Cons : It needs a lot of study and training -It costs a fortune -being away from family

6- Why is the space station important?

It includes experiments that are not possible on earth.

7- What is the importance of space exploration?

a- It helps us progress on earth.

Exploring Mars and other planets helps discover interesting information about our planet.

8-There are a lot of examples of the effect of space technology on human lives on the Earth. Mention two.

a- Aircraft technology.

b- Wireless technology.

9-How has space technology affect aircraft technology?

a- It has made aircraft lighter, faster and more economical.

b- It has made aeroplane engines quieter and has lowered fuel consumption and emissions.

10-The wireless technology was first developed to solve the communication problems between the Earth and space. Where is it also used?

It is now used in medicine to monitor heart activity.

11-There are a lot of benefits we could get from space technology? Mention some.

a- Satellite television.

b- Weather forecasting.

c- GPS systems.

d- Mobile phones.

e- Air-conditioning units.

12-Space technology advances enabled people to revolutionise their life on Earth. Explain.

8-Through using aircraft technology

b) developing wireless communications

13-How did Space technology assist flight industry?

a)aircrafts are lighter and faster

b)aircrafts are more economic

c)aeroplane engines are quieter

d)lowered fuel consumption and

emission

14-Wireless technology have been developed to achieve many benefits. Give examples.

a)Accessing data collected from space ships .

b) Monitoring heart

activity. c)Alerting medical staff of abnormal heart activities .

15-Space technology is working towards human benefits. How do people use Space technology in their daily life?

a) Through satellite television

b)weather forecasting

b) GPS system

Grammar

The passive with Modal Verbs

(can\ could \ shall\should \will \would\may\might\must\ought to\have to\has to\ had to)
 + be - have been+ PP

Ex : People were moved from their homes so that work on the dam could be started .

Ex : People living along the river should not have been forced out of their homes .

Modal verbs	Active	Passive
1.can	People <u>can transport</u> goods hundreds of kilometers inside China.	Goods <u>can be transported</u> hundreds of kilometers inside China.
2.could	The workers <u>could start</u> the work on the dam after moving people from their houses.	The work on the dam <u>could be started</u> after moving people from their houses.
3.have to	The government <u>had to move</u> people from their homes.	People <u>had to be moved</u> from their homes.
4.must	The government <u>must give</u> the people compensation	People <u>must be given</u> compensation.
5.should	The government <u>should not have forced</u> people out their homes	People <u>should not have been forced</u> out of their homes.
6.may	The government <u>might have saved</u> some of the historical sites.	Some of the historical sites <u>might have been saved</u> .
7.might	The owner <u>may have moved</u> whole buildings to other places	Whole buildings <u>may have been moved</u> to other places.

Change the passive sentences into active and vise versa :

1- Astronauts should be rewarded by the government.

.....

2- Each astronaut has to wear a space suit.

.....

Space shuttle can transport equipment into space.

.....

4- Scientists might have cured diseases if they hadn't spent their time working on space technology .

5- Experiments can be carried out on board the international Space Station .

6- This report from the meeting can be typed up next week .

7- The news from Kuwait has to be delivered today .

8- We will conquer the enemy.

9- You have to tell the manager .

10- People have given Venus 'the morning star ' and ' the evening star'.

11- The Russians have sent spacecraft and probes to Venus.

12- I can type up this report from the meeting next week.

13- We have to deliver the news from Kuwait today.

Giving Choices (eitheror \ neither.....nor)

When making comparisons, “either” goes with “or” and “neither” with “nor”:

Ex : “I want to buy either a new desktop computer or a laptop, but I have neither the cash nor the credit I need.”

“**Either**” often gets misplaced in a sentence:

Ex : “He either wanted to buy a car or a motorbike ” (Wrong)

Ex : “He wanted to buy either a car or a motorbike.”

In this example, both things are wanted, so “either” comes after the verb. But if the action is different in regard to the things compared, the “either” has to come before the verb:

“He wanted either to buy a car or hire a motorbike .”

Here two different actions are being compared, so the “either” has to precede both actions.

Expression	Example
both ... and ...	I like both cats and dogs.
So	Jane likes cats. So do I.
not ... either	Jane doesn't like cats. I don't like cats either.
either ... or ...	Jane either has a cat or a dog.
neither/nor	Jane doesn't like cats. Neither do I./Nor do I.
neither ... nor ...	I like neither cats nor dogs.

Both ... and

Subjects connected by 'both ... and' take the a plural conjugation.

Examples:

Both Alice and Janice attended USC.

Both Jim and Peter are attending the conference in New York this weekend.

Either ... or

'Either ... or' is used in sentences in a positive sense meaning "one or the other, this or that, he or she, etc." Verb conjugation depends on the subject (singular or plural) closest to the conjugated verb.

Examples:

Either Peter or the **girls need** to attend the course. (second subject plural)

Either Peter or the **girl needs** to attend the course. (second subject plural)

Neither ... nor

'Neither ... nor' is used in sentences in a negative sense meaning "not this one nor the other, not this nor that, not he nor she, etc.". Verb conjugation depends on the subject (singular or plural) closest to the conjugated verb.

Choose which expression is correct.

1. Both Tom and Peter _____ in a suburb of Chicago.
a- live b- lives c- living d- are lived
2. Either he or they _____ going to take care of the problem.
a- is b- are c- be d- being
3. Neither my aunts nor my grandmother _____ to come to the celebration.
a- want b- wants c- wanting d- is wanted
4. Both my father and my brother _____ to finish the project.
a- intend b- intends c- intending d- is intended
5. Neither Sally nor the other children _____ in the tooth fairy.
a- believes b- believe c- believing d- is believing
6. Either I or Jack _____ investigated the situation already.
a- has b- have c- having d- are having
7. Both the students and the teacher _____ in evolution.
a- believing b- believes c- believe d- is believing
8. Either the uncle or the aunt _____ the boy a birthday card every year.
a- is sending b- send c- sends c- sending
9. Neither Jennifer nor Katherine _____ able to attend the party last week.
a- is b- are c- were d- was
10. Either the participants or the sponsors _____ going to make a donation now.
a- is b- are c- were d- was

Choose the proper response:

1. He doesn't like (**either** \ **neither** \ **nor**) one of those bands.
2. I hate that song, and my sister hates it (**neither** \ **too** \ **either**).
3. Neither my brother (**nor** \ **neither** \ **or**) my mother knows about this.
4. He didn't come to the party, and his brother didn't come (**neither** \ **nor** \ **either**)
5. He (**neither** \ **too** \ **either**) has a cat or a dog. I can't remember.
7. Neither my brother (**nor his friends are** \ **nor his friends is** \ **or his friends is**) ready to go.
8. He was not angry, (**nor** \ **neither** \ **either**) did he insult me.

9. I'm not a big fan of that writer, and (**too \ either \ neither**) is my father.

Join the following sentences using the words in brackets :

2- I thought the TV programme about space was dramatic. I thought the TV programme about space was fascinating. (**both..... and**)

2- I am not curious about space travel . I am not curious about deep-sea diving . (**neithernor**)

3- You can watch TV. You can read a book . You can't do both. (**eitheror**)

4- There were three crew members on the international space station. They weren't wearing spacesuits. (**none**)

Correct the verbs between brackets :

1. That morning , I went to the market as soon as I (finish.....my breakfast .
2. Please (meet)... me at the museum this afternoon.
3. I can't talk to you now because I (do) my homework.
4. I (look).....for my key when the door suddenly burst open.
5. I hope I (go).....to university next year , when I have finished my schooling.

Language Functions

What would you say in the following situations:

1. Someone asks you about your preparations for the university.
2. I have a surprise for you.
3. Your teacher is explaining something you don't get.
4. You're asked about a teacher you respect most.
5. What do you think of the manager's decision concerning increasing the duration of the working hours.
6. I'm planning to camp in the desert.

Some topics for composition

A large number of people move from their homes in country areas to live in cities. Plan and write a report of (14 sentences 160 words) discussing the causes of rural depopulation and its negative effects.

Rural Depopulation

Nowadays, more and more people are moving from the country into the city. This is called rural depopulation .In this essay, I will discuss the causes of rural depopulation and its negative effects.

Many people prefer the city to rural areas. There are many reasons for them to move to the city. One of the biggest reasons is that they seek better public services and education for their children. They even believe to have better paying jobs there. The multiple and vast types of entertainment there such as cinemas, malls, theatres and restaurants play a big factor in people moving to the city.

People do not realise that their move to the city can have a negative effect on the areas they leave. As people leave from rural areas to cities, the amount of people living there decreases. This is called rural depopulation. It can result in people going out of business and even in farms being deserted. Moreover, as more and more people move into the city, they risk the chance of causing overcrowding.

Living in a city can offer you many things but at the same time you have to be willing to cope with the overcrowding. You need to understand that your choice will not affect you but others as well. For even though you may find great opportunities, you may be robbing your old area from some!

Space is the final frontier from which Man has benefited on Earth. In not less than 14 sentences (160 words), plan and write an essay about space technology advances and their possible effects on our life on Earth.

Space Technology

Advances in technology designed especially for space have enabled people to revolutionise their lives on Earth. In this essay, I will write about the space technological advances and their possible effects on our life on Earth.

Space technology has revolutionised how airplanes are made. You can see how travel has changed throughout history. Nowadays, you can travel more easily and quickly to anywhere in the world. Because space technology has lowered fuel consumption more people can now afford to travel, whereas in the past it was considered a luxury.

Space technology has also made a change in wireless communication. This technology has allowed officials to carry out search and rescues more effectively, resulting in saving more lives. It has also allowed critical patients to be in contact with their physicians to get the required medical attention.

Many items have been improved by technology originally used in space. Not only has it made our lives easier but has resulted in saving more lives. Hopefully, these advances will continue to help us.

Many people like to push themselves to extreme limits. In not less than 14 sentences (160 words), plan and write an essay discussing the arguments for and against why people push themselves to extreme limits and stating your position.

Extreme Sports

Many people like to push themselves to extreme limits. Some people argue that it has a lot of benefits, whereas others disagree. In my opinion, pushing yourself to the limits is the only option as it results in great accomplishments and even wealth.

Pushing yourself to the limits has many benefits. In fact, there are many examples of people pushing themselves and making amazing accomplishments as well as fame and wealth. Zaid Al-Refaie is a great example. Ever since he has got a lot of attention and has become an example of people pushing their limits. That is why people are encouraged to push themselves out of the comfort zone.

On the other hand, some people are against pushing themselves to the ve this can result in many difficulties such as exhaustion and can even be dangerous. Moreover, they may have potential problems like injury, frost-bite and even getting lost. However, this is not an enough excuse for not pushing yourself as fear will leave you with nothing.

In conclusion, it is true that beating the record is exciting. However, it is not easy. In fact, if you are willing to push yourself to the limits, then you need to know how to deal with the results.

Throughout history, people have used leisure time in different ways to balance the stress of work and everyday life. In 14 sentences (160 words), plan and write an essay comparing between pastime activities in the past and in the present time and their impact on people's life.

Pastime Activities

Throughout history, people have proved that it is important to have a pastime activity. Even though times have changed, there are, however, similarities as well as differences in pastime activities. People have always enjoyed pastime activities both in past and present time. In this essay, I will compare how people spent their pastime activities in the past and present time.

One would think that people did not have many resources to create multiple activities in the past, however, they are mistaken. In the past, people had to rely on their creativity to create pastime activities. They had many activities that involved great skills such as weaving carpets, embroidery and even carving things out of wood. These were fun activities that had a useful outcome. They also enjoyed playing fun games such as Khabsa, Amber and Dawama. These activities were simple yet entertaining.

Nowadays, people still enjoy leisure activities. Some activities are very similar to those in the past, yet some are quite different. With the development of technology, people spend much of their leisure time on the internet as well as social media and watching T.V. Nevertheless, people still enjoy some skilful activities such as painting and even arts and crafts. Moreover, people also enjoy playing games, however, these games have developed into computer games.

To sum up, people have always found ways to enjoy themselves whether in the past or now. However, as times change so do the types of activities. Games in the past were simple and group socialising, whereas nowadays they are more individual.