

### Madleen Nabil

# الملف أهم أسئلة كتاب الطالب لتقييم الفهم والاستيعاب مرفقة بالإجابة

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# Set Book Questions With answers

**Grade 10** 

1<sup>st</sup> Term

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### **Set book Questions**

# Unit 1

1-Why should we eat homemade meals and avoid fast food?

لماذا يجب علينا تناول الوجبات المعدة في المنزل وتجنب الوجبات السريعة؟

- Homemade meals are healthy and full of vitamins.
- Fast food is full of fats and sugar.
- 2-How can you keep your mind and body in tip top shape?

كيف نكون في أفضل حالاتنا جسمانيا وعقليا؟

- We should eat healthy food.
- We should do some exercises regularly.
- 3- What are the pros (advantages) of a vegetarian menu? إماهي مميزات الوجبات النباتية؟
  - It is full of vitamins.
  - It makes us healthy.
- 4-What are the cons (disadvantages) of a vegetarian menu? ماهى عيوب الوجبات النباتية?
  - It lacks RDA.
  - It causes malnutrition.
- 5- Why are antioxidants so good for our bodies?

ما هي اهميه مضادات الأكسدة؟

- They help combat cancer.
- They lower cholesterol.

## Unit 2

- 1- In your opinion, what are the benefits of treating each other with respect? ما هي فوائد ان نتعامل مع بعض باحترام؟
  - We will live in peace.
  - Our world will be a better place to live in.
- 2- How can we show respect for other cultures and nations? كيف نقدم الاحترام للأخرين؟
  - By sharing their celebrations
  - By reading about their culture
- 3- How should we treat people of other faiths?

كيف نتعامل مع أناس من خلفيات او معتقدات مختلفة؟

- with tolerance
- with respect

4. What has Kuwait done to further the culture of peace?

ماذا فعلت الكويت لدفع عمليه السلام

- holding seminars
- promoting interfaith dialogues
- 5. What are the duties of a mentor towards his students?

ما واجب الناصح او المرشد اتجاه طلابه؟

• teaching them new skills

تعليم مهارات جديدة

• breaking down barriers

كسر الحواجز



Unit 3

1- Why is building impressive buildings important?

لماذا نبني مباني جاذبه؟

- They attract tourists.
- People enjoy themselves.
- They become the pride of the nation.
- 2. What are the pros (advantages) of building a new airport in a residential area? ماهی ممیزات بناء مطار بالقرب من منطقه سکنیه
  - It creates a link between Kuwait and Gulf countries.
  - It provides more jobs.
- 3. What are the cons (disadvantages) of building a new airport in a residential area?
  - It causes pollution and noise.
  - It causes insomnia. (people can't sleep at night)
- 4. What makes a **shopping centre** appeal to customers?

ما الذي يجعل مول يناسب جميع الزبائن؟

- If it has entertainment facilities.
- If it offers sales.
- 5. Why is 360 Kuwait an educational centre?

لماذا مول 360 مول تعليمي؟

• It has the latest edutainment technology for children.

### 6. Why do people consider Kuwait a shopper's paradise? لماذا تعتبر الكويت جنة المشترون

- It has the best stores.
- It offers sales.
- 7. Men in Kuwait still prefer wearing traditional dress. Give reasons.

يفضل الكويتيون ارتداء الزي التقليدي. اعطى أسباب.

- They feel proud.
- These clothes are suitable for the hot weather.

# Unit 4

موقع

1-How do computer games positively affect young people?

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ما التأثير الإيجابي لألعاب الكمبيوتر على الشّباب؟ ۗ

- They develop imagination.
- They teach new skills.
- 2-How will computer games be like in the future?

كيف سوف تكون العاب الكمبيوتر في المستقبل؟

- They will be more realistic.
- They will be more convoluted.
- 3- What are the disadvantages of computer games?

ماهى عيوب العاب الكمبيوتر؟

- They are a waste of time.
- They may cause some health problems.
- 4 How can computer games be used wisely?

كيف نستخدم العاب الكمبيوتر بحكمة؟

- by setting a time limit
- by playing games with friends

Unit 5

- 1- What is the importance of the Paralympics? ما اهميه دوره الألعاب الأوليمبية اصحاب الهمم
  - They help the disabled to rehabilitate.
  - They help to overcome their disabilities.

- 2- From your point of view, what has Kuwait done to encourage and motivate the disabled? and motivate the
  - Kuwait has built a club for them.
  - It organizes different competitions for them.
- 3. How can your personality affect your choice of sport if you are an extrovert? كيف ? تؤثر شخصيتك على اختيار نوع اللعبة إذا انت شخص اجتماعى؟
  - If I were an extrovert, I would choose playing in a team with interaction like football.
- 4- How can any society help the disabled?

كيف يساعد أي مجتمع اصحاب الهمم؟

- by offering jobs
- building special clubs

الناهج الكويتية almanahj.com/kw

Unit 6

- 1- Why are Natural Reverses such as <mark>Al Jahra</mark> Pool Nature Reserve important?
  - They provide shelter for endangered animals.
  - They protect their habitat.
  - They provide natural habitat to animals.
- 2- Why do you think animals are important in our world? اهميه الحيوانات؟
  - They keep balance in the world.
  - They are used in labs and research.
- 3. What can you do to help protect wildlife in your area? إماذا نفعل لحماية الحياة البرية؟
  - cleaning the environment
  - putting food and water
- 4. Kuwait is the shopper's paradise. Explain.

الكويت جنة المتسوقون اشرح.

- It offers sales.
- There are a variety of products.

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