



المراجعة النهائية

مادة اللغة الإنجليزية

المفردات اللغوية

الصف العاشر



2026 / 2025
الفصل الدراسي الأول



Unit 1

absorb	يتمصّ	iron	حديد
antioxidant	مضادات الأكسدة	metabolise	يحول الطعام الى طاقة
arthritis	إلتهاب المفاصل	neutralise	يبطل مفعول الشيء - يحايد
caffeine	كافيين (مادة منبهة)	nutrition	تغذية
calcium	كالسيوم	probiotic	محتوي على بكتيريا نافعة
cholesterol	كلسترول (نوع من أنواع الدهون)	protein	بروتين (مادة بانية للأجسام)
combat	يقاوم	saturated fat	الدهون المشبعة
dietician	أخصائي التغذية	stimulant	منبه - منشط
digestive	هضمي	unsaturated fat	الدهون غير المشبعة
fibre	ألياف	vitamin	فيتامين

deficiency	نقص	pomegranate	الرمان
grilled	مشوي	RDA (Recommended Daily Allowance)	الكمية الموصى بها يوميا
metabolism	تحويل الطعام الى طاقة	sodium	ملح الطعام
organic	عضوي	supplement	مكمل غذائي

appeal to	يروق لـ - يعجب	irresponsibly	بطريقة غير مسؤولة
atmospheric (setting)	جوّ منعش	malnutrition	سوء التغذية
crammed	مكتضّ	salad bar	ركن السلطة
eatery	مطعم	speciality	إختصاص
fanatic	محبّ	vegetarian	نباتي
wholesome	صحيّ - مفيد		

Unit 2

aspiration	طموح	initiative	روح المبادرة
creed	عقيدة - مذهب	interfaith	ديني - عقائدي
delegate	مندوب	mentor	الناصح - مستشار
diversity	تنوع - إختلاف	seminar	حلقة نقاشية
tolerance	تسامح		



calligraphy	فن خط اليد	inspirational	ملهم - إلهامي
consistently	بثبات - باستمرار	master	بيرع في
diverse	متنوع	richly	بغزارة - بوفرة

account	تقرير	high-ranking	ذو مرتبة عالية - رفيع المقام
conduct	ينظم	pilgrimage	الحج
cover	يغطي مسافة	relevant	وثيق الصلة بـ - مناسب
figure	شخصية بارزة	review	مراجعة نقدية
ground-breaking	ريادي		

Unit 3

concrete	خرساني - إسمنتي	framework	هيكل البناء
design	تصميم	geometric	هندسي
drill	يتقرب	renowned	مشهور - معروف
evoke	يستحضر الى الذهن	slightly	بعض الشيء
expressionist	تعبيري	studio	الاستوديو
forecourt	فناء أمامي	venue	مكان الحدث
foundation	أساس البناء		

boutique	محل لبيع الملابس	gourmand	شهره
brand	علامة تجارية	mainstream	السائد - الشائع
edutainment	ترفيهي و تعليمي	state-of-the-art	أحدث طراز

chic	أنيق	spacious	فسح - رحب - واسع
governmental	حكومي	state	حكومي
modernistic	عصري - حديث	sturdy	عتيد - ثابت - قوي
public	عام	substantial	قوي - ضخم
residential	سكني - معد للسكن		

advocate	يؤيد - يساند	influx	تدفق
apprehensive	قلق - مهموم - هلع	objective	هدف - غرض
benefit	يفيد - يستفيد	profitable	مربح - مكسب
council	المجلس	voice	يعبر عن
detrimental	مؤد - ضار		



Unit 4

Lessons 1 & 2

16 words

anti-reflective	مضاد / مقاوم للانعكاس	naturalistic	طبيعي
Artificial Intelligence	الذكاء الاصطناعي	perception	إدراك
compete	يتنافس	rival	منافس - خصم
competitive	تنافسي	sensor	جهاز الاستشعار
console	جهاز للألعاب	simulate	يحاكي - يقلد
convoluted	معقد	speech recognition	تمييز الصوت
discourse	حديث	visual effects	المؤثرات البصرية
employ	يوظف	wizard	شخص عبقري - نابغة

Lessons 4 & 5

6 words

analogue	تمائلي	hold button	زر التوقف المؤقت
computer-friendly	ملائم للتعامل مع الحاسوب	touchscreen	شاشة اللمس
drive	مشغل القرص	wireless	لا سلكي

Lessons 7 & 8

10 words

arcade	جهاز / محل ألعاب باستعمال العملة النقدية	exclusive	قصري - حصري - خاص
bonus	إضافي	helpline	خط الهاتف الساخن
breathtaking	أخاذ - مذهش	joystick	عصى التحكم في اللعبة
built-in	داخلي - متضمن	keypad	لوحة مفاتيح اللعبة
caller	الشخص المتصل	mode	الوضع



Unit 5

Lessons 1 & 2

11 words

able-bodied	سليم الجسم	neurologist	طبيب أمراض الأعصاب
adversity	وقت الشدة	observe	يتقيد بـ - يطيع
equestrian	خاص بالفروسيّة	rehabilitation	إعادة تأهيل
Paralympics	أولبياد ذوي الاحتياجات الخاصة	self-discipline	الإنضباط الذاتي
phenomenon	ظاهرة - حدث غير عادي	virtue	الفضيلة
physiotherapy	علاج طبيعي		

Lessons 4 & 5

11 words

aggression	عدوانية	mentality	عقلية
determination	العزم - التصميم	motivation	تحفيز
extrovert	متفتح	opponent	خصم
feedback	الرد - تغذية إسترجاعية	sportsmanship	الروح الرياضية
introvert	منطوي	stimulation	تحفيز
teammate	زميل في فريق		

Lessons 7 & 8

6 words

application	طلب	member	عضو في فريق
badminton	لعبة تنس الريشة	sauna	حمام البخار
gymnastics	لعبة الجمباز	solarium	حمام شمسي إصطناعي



Unit 6

Lessons 1 & 2

11 words

conservation	حماية / المحافظة على	hectare	هكتار
deserve	يستحق	marsh	مستنقع
effluent	مياه الصرف	propagation	التكاثر
fauna	حيوانات منطقة معينة	sanctuary	محمية
fence off	يسيج	vegetation	الحياة النباتية
flora	نباتات منطقة معينة		

Lessons 4 & 5

8 words

aggressive	عدواني	proud	فخور
fierce	شرس	stubborn	عنيد
herbivore	حيوان عاشب	sustenance	غذاء
hostile	عدواني	tame	أليف

Lessons 7 & 8

13 words

adjacent	محاذي - مجاور	imperative	الزامي
bed out	يحول نبته من مكان لآخر	mammal	ثدييات
carbon monoxide	غاز أول أكسيد الكربون	nest	عش الطائر
cleanup	تنظيف	on behalf of	بالنيابة عن
exotic	غريب	toxin	مادة سامة
finance	يمول	wasteland	أرض بور
global	عالمي		



A)-From a, b, c and d choose the most suitable word that best completes each of the following sentences:

- 1- Because my father is a football, he hasn't missed any games for ten years.
a) speciality b) fanatic c) metabolism d) nutrition
- 2- Vitamins C and E are both They may combat many diseases.
a) antioxidants b) proteins c) deficiencies d) dieticians
- 3- While working in his garden, Harry's caused his finger to ache and become stiff.
a) protein b) metabolism c) arthritis d) eatery
- 4- Instead of folding his clothes, my brother had his clothes into a dresser drawer.
a) crammed b) probiotic c) grilled d) digestive
- 5- Coffee has the highest ratio of, while tea contains somewhat less.
a) metabolism b) antioxidant c) caffeine d) protein
- 6- A child's dreams and can lead him to success.
a) seminars b) aspirations c) mentors d) pilgrimages
- 7- International Laws forbid discrimination based on race, colour or
a) initiative b) calligraphy c) creed d) tolerance
- 8- The of refugees from African countries is increasing.
a) influx b) objective c) studio d) venue
- 9- The main of this meeting is to give more information on our plans.
a) influx b) objective c) studio d) venue
- 10- The famous artist has changed the attic in his house into a photography
a) influx b) objective c) studio d) venue
- 11- The hotel is an ideal for conferences and business meetings.
a) influx b) objective c) studio d) venue
- 12- The witness paused before answering the lawyer's question.
a) irresponsibly b) richly c) consistently d) slightly



13- The new hospital in our area will..... many doctors and nurses.

- a-employ b. simulate c. compete d. drill

14- Soccer players should to win the cup; however, they have to stick to the basics of fair play.

- a-employ b. simulate c. compete d. evoke

15-The zoo is a/anenvironment of rare animals similar to the original habitat.

- a-naturalistic b. anti-reflective c. convoluted d. rival

16-When you write an essay make sure to avoid long paragraphs and.....sentences.

- a-naturalistic b. anti-reflective c. convoluted d. rival

17-A strong-willed man will never stop when he faces

- a-adversities b-virtues c-applications d- extroverts

18-Violence on television can encourage in children.

- a-feedback b-physiotherapy c- aggression d- rehabilitation

19-Applicants must attach a recent photograph to a/an form

- a- stimulation b- application c- rehabilitation d- determination

20-My father is a man of ; he never quits or loses hope in what he is doing.

- a-determination b-neurologist c-rehabilitation d- member

21-.Nature reserves play an important role in the of birds and animals.

- a) conservation b- motivation c) nest d) extrovert

22- The doctor the award for his efforts in finding a cure for the virus.

- a) competes b) deserves c) metabolises d) embellishes

23- The factory has been accused of discharging into the river.

- a) seminar b) boutique c) effluent d) perception

24- The forest's are safeguarded by local wildlife life protection laws.

- a) fauna b) sensor c) extrovert d) teammate

25- in the eastern region includes over 7000 types of plants.

- a) Fauna b) Flora c) Solarium d) Stamina



B-(1)-Fill in the spaces with the most suitable words from the list below:

(arthritis- neutralise- dietician – metabolise – atmospheric - organic)

- 1-There's a new bakery that makes Italian whole grain bread.
- 2- I quite like the sea view; it is....., especially in spring.
- 3-His body doesn'tiron normally, so he needs an iron supplement daily.
- 4- Greek yogurt and probiotic drinks.....bad and good bacteria in the stomach.
- 5-The doctor explained that the sharp pains in my joints are caused by

(2)- Fill in the spaces with the most suitable words from the list below:

(cover / delegate / account / high-ranking / diverse /master)

- 6-Ahmed was chosen as a/an..... to represent our class in the Students' Parliament.
- 7-Companies with a lot of nationalities become culturally
- 8-My brother prepared a detailed..... of the most recent electronic inventions.
- 9- My uncle enjoys a /an position in the Ministry Health.
- 10-It took us three hours to..... the distance from the city to the camp.

(3)- Fill in the spaces with the most suitable words from the list below:

(evoked – benefited – profitable – studio – venue – modernistic)

- 11-The Holiday Inn provided the for this year's conference.
- 12-Everyonefrom limiting their intake of tea to just three cups a day.
- 13-The.....design of the house is shown through the simplicity offurniture.
- 14-The businessman noticed that it is more.....to sell direct to the public.
- 15-The photographs.....strong memories of our holidays in France.



(4)- Fill in the spaces with the most suitable words from the list below:

(motivation – gymnastics – able-bodied – equestrian – compete – observe)

16- We cannot practise this sport if we're notenough to fight.

17- There seems to be a lack ofamong the staff; they don't work well.

18- To have a flexible body, you should practise on a daily basis.

19- I would like to some classes to determine if this is the right course for me.

20- Alongside my dairy farm, I run a/ancentre to teach people horse riding.

(5)- Fill in the spaces with the most suitable words from the list below:

(proud / marsh / stubborn / deserved / herbivore / financed)

21- Look at your dirty shoes. You have must walked in a !

22- My brother and I sometimes argue because we are both

23- Offering meat to a/ancan never be good, as it only eats plants.

24- I'm sothat my son has been chosen for the national team.

25- He the Nobel Prize because he is an outstanding scientist.



Key Answers

A)-From a, b, c and d choose the most suitable word that best completes each of the following sentences:

- 1- Because my father is a football, he hasn't missed any games for ten years.
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