

تم تحميل هذا الملف من موقع المناهج الكويتية



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الملف أسئلة الكتاب الطالب

موقع المناهج ← ملفات الكويت التعليمية ← الصف العاشر ← لغة انجليزية ← الفصل الأول

روابط مواقع التواصل الاجتماعي بحسب الصف العاشر



روابط مواد الصف العاشر على تلغرام

[الرياضيات](#)

[اللغة الانجليزية](#)

[اللغة العربية](#)

[التربية الاسلامية](#)

المزيد من الملفات بحسب الصف العاشر والمادة لغة انجليزية في الفصل الأول

كتاب الطالب في مادة اللغة الانكليزية	1
مواضيع التعبير للصف العاشر	2
مذكرة قواعد رائعة ومفيدة في مادة اللغة الانكليزية	3
الكلمات الجديدة بالترجمة في مادة اللغة الانكليزية	4
مذكرة ثانوية المباركية في مادة اللغة الانكليزية	5



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GRADE 10 SET BOOK

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Unit 1

1- What should you do to be in a tip-top shape?

- We should do regular exercises.
- We should eat healthy food like fruits and vegetables.
- We should have enough sleep.
- We should play sport.
- We should drink a lot of water.

ما الذي يجب فعله للحصول على جسم لائق؟

2- What are the benefits (effects) of staying healthy?

- We will live longer.
- We will be active.
- We will avoid stress.
- We will avoid obesity.
- We will get rid of health problems.

ما هي فوائد الحياة الصحية؟

3- Why should you eat home-made food?

- Because it is healthy and tasty.

لماذا يجب علينا تناول الطعام المعد منزلياً؟

4- Why should we avoid fast food?

- Because it is unhealthy.

لماذا يجب أن نتجنب الأطعمة السريعة؟

5- What is the importance of probiotic drinks?

- It contains good bacteria.
- It improves our immune system.

ما هي أهمية المشروبات المهيضة؟

6- What are the benefits of green tea?

- It is rich in antioxidants.
- It is used to treat everything from headaches to depression.

ما هي فوائد الشاي الأخضر؟

7- What are the pros (advantages) of vegetarian food?

- It is rich in vitamins.
- It helps us to avoid heart diseases.

ما هي فوائد الطعام النباتي؟

8- What are the cons (disadvantages) of vegetarian food?

- It lacks the RDA of iron.
- It leads to malnutrition.

ما هي مساوئ الطعام النباتي؟

9- What are the qualities of a good restaurant?

- good location / good service / tasty food

ما هي مواصفات المطعم الجيد؟



Unit 2

1- Why is it important to respect other cultures?

لماذا يجب علينا احترام الثقافات المختلفة؟

- We will live in peace.
- Love will spread everywhere.
- The world will be a better place to live in.
- Islam orders us to respect other cultures.

2- How can we show respect to other cultures?

كيف يمكن لنا التعبير عن احترام الثقافات الأخرى؟

- We can read about them.
- We can share their celebrations.
- We can try their food and clothes.
- We should raise awareness about the importance of respecting other cultures.

3- What is the role of mentors in our life?

ما هو دور المرشد في حياتنا؟

- They help us learn new skills.
- They break down barriers.

4- What are the aims of the UN?

ما هي أهداف الأمم المتحدة؟

- to discuss disagreements.
- To agree on rules.

5- What has Kuwait done to further the culture of peace? ما الذي قامت به الكويت لنشر ثقافة السلام؟

- Kuwait has organized seminars and conferences.

Unit 3

1- What is the importance of building impressive buildings?

ما أهمية بناء المباني البارزة؟

- They attract tourists.
- They raise the national income.
- They are a source of relaxation.
- They reflect our culture.
- They make us feel proud.

2- What makes 360 Mall appeals to many people?

لماذا ينال مجمع 360 إعجاب الكثير من الناس؟

- It has many shops.
- It has a big cinema.



3- Why is 360 Mall is considered edutainment?

لماذا يعتبر مجمع 360 مكان ترفيهي وتعليمي؟

- IT mixes education with entertainment.

4- What are the advantages of building an airport in Al-Wafra?

ما هي مميزات بناء مطار جديد في الوفرة؟

- It creates a link to other Gulf countries.
- It provides many jobs.
- It raises the economy.

5- What are the disadvantages of building an airport Al-Wafra?

ما هي سلبيات بناء مطار جديد في الوفرة؟

- It affects schools badly.
- It causes much noise.
- It brings unwelcomed traffic.

6- Why do most people in Kuwait prefer wearing the national dress?

لماذا يرتدي أغلب الناس في الكويت الزي التقليدي؟

- It is comfortable.
- It suits the weather.
- It is a symbol of unity.

Unit 4

1- What are the advantages of playing computer games?

ماهي مميزات ألعاب الحاسوب؟

- They develop our language especially English.
- They improve our hand-eye coordination.
- They help us learn new skills.
- They are a good way to spend our free time.
- Modern games help us to stay fit.

2- What are the disadvantages of playing computer games?

ماهي سلبيات ألعاب الحاسوب؟

- They waste our time.
- They cause health problems.
- They make us lazy.
- They make us neglect our studies.
- They make children violent.



3- How will computer games be like in the future?

كيف ستصبح ألعاب الحاسوب في المستقبل؟

- They will be more realistic.
- They will be more naturalistic.
- They will be more convoluted.

Unit 5

1- What is the importance of Paralympics for the disabled?

ما هي أهمية أولمبيات المعاقين؟

- They make the disabled feel confident.
- They are a good way to rehabilitate them.
- They encourage the disabled.
- They help them socialize.

2- What are the skills needed to perform well in any sport?

ما هي المهارات المطلوبة للأداء الجيد في أي رياضة؟

- motivation / determination / patience / self-discipline

3- What has Kuwait done to help the disabled?

ماذا فعلت الكويت لمساعدة ذوي الهمم؟

- Kuwait is the first country in the Gulf to build a sports club for the disabled.

4- What is the difference between introverts and extroverts in practicing sports?

ما الفرق بين الشخص الانطوائي والاجتماعي في ممارسة الرياضة؟

- Extroverts prefer team sports with direct aggression.
- Introverts prefer sports with indirect aggression.

5- How can your personality affect your choice of sport?

كيف تؤثر شخصيتك على اختيار الرياضة؟

- If I'm an extrovert, I will prefer to play within a team.
- If I'm an introvert, I will prefer to play alone.

Unit 6

1- What is the importance of animals in our life?

ما هي أهمية الحيوانات في حياتنا؟

- They are a source of food.
- They keep balance in the environment.
- They are used to make clothes from their skin.
- They are used to try experiments on them.
- We use them as pets.



2- What are the dangers facing animals?

- People hunt and kill them.
- People cut down trees.
- People cause all kinds of pollution.
- People use them in labs.
- People destroy their natural habitat.

ما هي المخاطر التي تواجه الحيوانات؟

3- How can we protect the natural world?

- We should raise awareness about its importance in our life.
- We should stop hunting animals.
- We shouldn't buy exotic animals from shops.
- Governments should build natural reserves.
- Governments should put strict laws against illegal hunting.

كيف يمكن لنا حماية الحياة البرية؟

4- What is the importance of Al-Jahra Pools Nature reserve?

- It protects rare animals and birds.

ما هي أهمية محمية الجهرا الطبيعية؟

Best of Luck

