

تم تحميل هذا الملف من موقع المناهج الكويتية



الملف بنك أسئلة تدريبي شامل في اللغة الإنجليزية – الترم الأول

موقع المناهج ⇌ ملفات الكويت التعليمية ⇌ الصف العاشر ⇌ لغة انجليزية ⇌ الفصل الأول

روابط مواقع التواصل الاجتماعي بحسب الصف العاشر

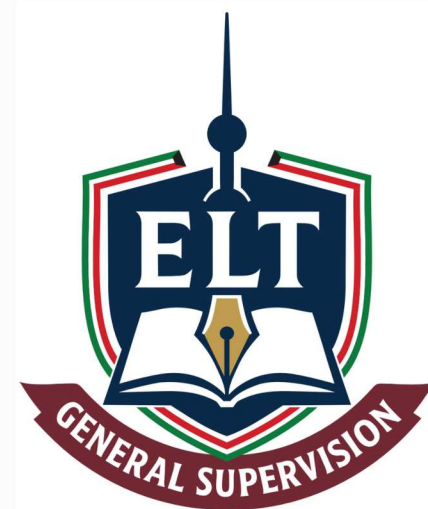


روابط مواد الصف العاشر على تلغرام

الرياضيات	اللغة الانجليزية	اللغة العربية	التربية الاسلامية
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المزيد من الملفات بحسب الصف العاشر والمادة لغة انجليزية في الفصل الأول

كتاب الطالب في مادة اللغة الانكليزية	1
مواضيع التعبير للصف العاشر	2
مذكرة قواعد رائعة ومفيدة في مادة اللغة الانكليزية	3
الكلمات الجديدة بالترجمة في مادة اللغة الانكليزية	4
مذكرة ثانوية المباركية في مادة اللغة الانكليزية	5



**1ST SEMESTER TEST BANK
& MOCK EXAM**

**GRADE
10**

QUESTIONS

INDEX

UNIT ONE	
<u>VOCABULARY</u>	<u>4</u>
<u>GRAMMAR</u>	<u>8</u>
<u>LANGUAGE FUNCTIONS</u>	<u>11</u>
<u>SET BOOK QUESTIONS</u>	<u>12</u>
<u>EXPOSITORY WRITING</u>	<u>13</u>
<u>READING COMPREHENSION</u>	<u>14</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>18-17</u>
UNIT TWO	
<u>VOCABULARY</u>	<u>19</u>
<u>GRAMMAR</u>	<u>21</u>
<u>LANGUAGE FUNCTIONS</u>	<u>23</u>
<u>SET BOOK QUESTIONS</u>	<u>24</u>
<u>EXPOSITORY WRITING</u>	<u>25</u>
<u>READING COMPREHENSION</u>	<u>26</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>29-28</u>
UNIT THREE	
<u>VOCABULARY</u>	<u>30</u>
<u>GRAMMAR</u>	<u>33</u>
<u>LANGUAGE FUNCTIONS</u>	<u>36</u>
<u>SET BOOK QUESTIONS</u>	<u>37</u>
<u>EXPOSITORY WRITING</u>	<u>38</u>
<u>READING COMPREHENSION</u>	<u>39</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>42-41</u>
UNIT FOUR	
<u>VOCABULARY</u>	<u>43</u>
<u>GRAMMAR</u>	<u>47</u>
<u>LANGUAGE FUNCTIONS</u>	<u>50</u>
<u>SET BOOK QUESTIONS</u>	<u>51</u>
<u>EXPOSITORY WRITING</u>	<u>52</u>
<u>READING COMPREHENSION</u>	<u>53</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>55-56</u>
UNIT FIVE	
<u>VOCABULARY</u>	<u>57</u>
<u>GRAMMAR</u>	<u>60</u>
<u>LANGUAGE FUNCTIONS</u>	<u>62</u>

<u>SET BOOK QUESTIONS</u>	<u>63</u>
<u>EXPOSITORY WRITING</u>	<u>64</u>
<u>READING COMPREHENSION</u>	<u>65</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>68-67</u>
UNIT SIX	
<u>VOCABULARY</u>	<u>69</u>
<u>GRAMMAR</u>	<u>72</u>
<u>LANGUAGE FUNCTIONS</u>	<u>74</u>
<u>SET BOOK QUESTIONS</u>	<u>75</u>
<u>EXPOSITORY WRITING</u>	<u>76</u>
<u>READING COMPREHENSION</u>	<u>77</u>
<u>SUMMARY MAKING & TRANSLATION</u>	<u>79-80</u>
<u>MOCK EXAM</u>	<u>81</u>

GRADE 10 – UNIT ONE – VOCABULARY

A) From a, b, c or d choose the most suitable word that best completes each of the following sentences:

1. Because my father is a football, he hasn't missed any games for ten years.
a. speciality b. fanatic c. metabolism d. nutrition
2. Vitamins C and E are both They help combat many diseases.
a. antioxidants b. proteins c. deficiencies d. dieticians
3. While working in his garden, Harry's caused his fingers to ache and become stiff.
a. protein b. metabolism c. arthritis d. eatery
4. Instead of folding his clothes, my brother had his clothes into a dresser drawer.
a. crammed b. probiotic c. grilled d. digestive
5. Coffee has the highest ratio of, while tea contains somewhat less.
a. metabolism b. antioxidant c. caffeine d. protein
6. The imported products from Europe many customers in the Gulf area.
a. neutralise b. appeal to c. absorb d. metabolise
7. You can get bacteria from many types of food such as yogurt.
a. crammed b. probiotic c. grilled d. atmospheric
8. My sister needs to have more and less sugar in her diet if she wants to be fit.
a. sodium b. protein c. caffeine d. speciality
9. Tourism has acted as a to the country's economy.
a. stimulant b. sodium c. calcium d. caffeine
10. When eating large meals, your system will be overloaded.
a. crammed b. atmospheric c. grilled d. digestive

11. When you expose yourself to extreme cold, your body's will slow down.
a. metabolism b. sodium c. deficiency d. eatery
12. Healthy food and the right amount of vitamins will help you diseases.
a. metabolise b. appeal to c. combat d. absorb
13. Old people may need to get the nutrients they might otherwise lack.
a. arthritis b. deficiencies c. supplements d. malnutrition
14. has many functions in the body, including the construction of bones and teeth.
a. Speciality b. Calcium c. Arthritis d. Fanatic
15. My mother prepared some..... chicken sandwiches for lunch.
a. crammed b. probiotic c. grilled d. atmospheric
16. Grilled steaks are a in the new restaurant near our office.
a. pomegranate b. fanatic c. metabolism d. speciality
17. My mother is having a low diet this month, due to her high blood pressure.
a. pomegranate b. arthritis c. sodium d. eatery
18. As a person, my diet is full of fresh fruit, vegetables and grains.
a. grilled b. vegetarian c. crammed d. digestive
19. This story will definitely to young adults and teenagers.
a. absorb b. appeal c. combat d. metabolise
20. The farmers take advantage of the cool climate to grow, pears and roses.
a. cholesterol b. dietician c. pomegranate d. fanatic
21. It is much safer to go on a diet with the advice of a/an first.
a. eatery b. dietician c. arthritis d. stimulant
22. Many people experience a drop in their levels when they have green tea.
a. pomegranate b. eatery c. cholesterol d. fanatic
23. can be defeated by having proper supplements.
a. Pomegranate b. Protein c. Speciality d. Malnutrition

24. The blood tests I have show a in certain key minerals and vitamins.
a. deficiency b. nutrition c. pomegranate d. fibre
25. The food company is building a new in the town.
a. supplement b. eatery c. protein d. calcium
26. Good is essential for a patient's health-recovery.
a. nutrition b. fanatic c. deficiency d. arthritis
27. Vegetables can ease up the digestive process because they contain
a. arthritis b. fibre c. eatery d. fanatic
28. Scientists say that C is great for skin and overall health.
a. cholesterol b. dietician c. vitamin d. arthritis
29. Butter and cream contain a lot of..... You should eat less of them.
a. saturated fat b. caffeine c. sodium d. speciality
30. Adel is a football He attends all matches in the stadium.
a. eatery b. fanatic c. sodium d. supplement
31. Liver and spinach are healthy foods because they are rich in sources.
a. iron b. stimulant c. caffeine d. arthritis
32. Although he is an old man, he spends his money
a. regardless b. obviously c. natively d. irresponsibly
33. The platform was with people who were trying to board the train.
a. vegetarian b. atmospheric c. crammed d. wholesome
34. What a big! It contains all kinds of vegetables.
a. salad bar b. fanatic c. deficiency d. supplement

B) Fill in the spaces with the most suitable words from the list below:

(arthritis / neutralise / dietician / metabolise /atmospheric / organic)

35. There's a new bakery that makes healthy whole grain bread.
36. I quite like the sea view; it is very in spring.
37. His body doesn't iron normally; so, he needs an iron supplement daily.
38. Greek yogurt and probiotic drinks bad bacteria in the stomach.
39. The doctor explained that the sharp pains in my joints are caused by

B) Fill in the spaces with the most suitable words from the list below:

(cholesterol / deficiency / combat / absorb /vegetarian / organic)

40. The farm's eggs were produced with chemical-free food.
41. Players drink water before and after the gym to avoid water
42. The menu includes a wide selection of dishes for people.
43. I need to eat fresh fruits and vegetables in order to diseases.
44. A sponge will any liquids. It is made for that reason.

GRADE 10 – UNIT ONE – GRAMMAR

A) From a, b, c or d, choose the most suitable answer:

1. Why you standing on the chair when I came into the room?
a. are b. were c. been d. have been
2. We went to Rome last summer and most of the holiday by the sea.
a. are spending b. spend c. spent d. spending
3. Tom lives in a/an house around the corner.
a. beautiful English old b. English old beautiful
c. old beautiful English d. beautiful old English
4. I was walking along the road when I an old friend.
a. met b. meeting c. meet d. was meeting
5. I went to watch a basketball game. Most players were wearing shirts.
a. cotton large red b. red large cotton
c. large cotton red d. large red cotton
6. While I a story, the train stopped suddenly.
a. am reading b. have read c. was reading d. reading
7. I Japan last summer. I had found that everything was different.
a. visit b. am visiting c. visited d. have visited
8. The sun brightly when suddenly, it started to rain.
a. shone b. is shining c. was shining d. shines
9. Peter has many books in the attic.
a. interesting old history b. old interesting history
c. interesting history old d. old history interesting
10. We on the project when the teacher came into the room.
a. work b. were working c. are working d. worked
11. My little sister was sleeping soundly when I the room.
a. am entering b. entered c. enter d. has entered

B) From a, b, or c, choose the correct answer as required:

12. She dropped the (**old/ green/beautiful**) plate, and it smashed. **(Reorder the adjectives)**
- a. She dropped the beautiful old green plate, and it smashed.
 - b. She dropped the green beautiful old plate, and it smashed
 - c. She dropped the old beautiful green plate, and it smashed
13. While Rosie (**walk up**) the Regent Street, she met an old friend from college. **(Correct the verb)**
- a. While Rosie walked up the Regent Street, she met an old friend from college.
 - b. While Rosie was walking up the Regent Street, she met an old friend from college.
 - c. While Rosie is walking up the Regent Street, she met an old friend from college.
14. My classmate bought a (**red new plastic**) lunchbox. **(Reorder the adjectives)**
- a. My classmate bought a red new plastic lunchbox.
 - b. My classmate bought a red plastic new lunchbox.
 - c. My classmate bought a new red plastic lunchbox.
15. While I was studying history, my friend (**come**) in. **(Correct the verb)**
- a. While I was studying history, my friend was coming in.
 - b. While I was studying history, my friend came in.
 - c. While I was studying history, my friend comes in.
16. The students (**have**) a test when the storm started. **(Correct the verb)**
- a. The students had a test when the storm started.
 - b. The students were having a test when the storm started.
 - c. The students are having a test when the storm started.
17. We (**see**) a falling star while we were fishing by the lake. **(Correct the verb)**
- a. We were seeing a falling star while we were fishing by the lake.
 - b. We saw a falling star while we were fishing by the lake.
 - c. We are seeing a falling star while we were fishing by the lake.
18. She went home and sat on her (**wooden old comfortable**) chair. **(Reorder the adjectives)**
- a. She went home and sat on her old wooden old comfortable chair.
 - b. She went home and sat on her wooden old comfortable chair.
 - c. She went home and sat on her comfortable old wooden chair.

19. My mom asked me to put the cups in a (**round little new**) box. (**Reorder the adjectives**)

- a. My mom asked me to put the cups in a little new round box.
- b. My mom asked me to put the cups in a round little new box.
- c. My mom asked me to put the cups in a little round new box.

20. I stayed up late because I (**discuss**) a problem with my brother all night.

(Correct the verb)

- a. I stayed up late because I discuss a problem with my brother all night.
- b. I stayed up late because I was discussing a problem with my brother all night.
- c. I stayed up late because I discussed a problem with my brother all night.

GRADE 10 – UNIT ONE – LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1. Your friends asked you what you'd like to do this weekend.

.....

2. A friend of yours asked you to go out for a walk by the sea.

.....

3. You did so much homework. Ask your mom for a break.

.....

4. The air hostess asked you whether you would like a window or an aisle seat.

.....

5. It was your first day of school; the teacher asked you to introduce yourself.

.....

6. A company is going to build wind turbines in your city.

.....

7. Your father asks about your plans for the coming vacation.

.....

8. Your teacher wants you to compare fast food and home-made food.

.....

GRADE 10 – UNIT ONE – SET BOOK QUESTIONS

Answer the following questions:

1. What are the different ways that may help improve our health?

.....

.....

2. How can we boost our immune system?

.....

.....

3. Why is dark chocolate important in a healthy diet?

.....

.....

4. What are the disadvantages (cons) of a vegetarian menu?

.....

.....

5. What are the advantages (pros) of a vegetarian menu?

.....

.....

6. Why is green tea useful? / Why do dieticians or doctors recommend having green tea?

.....

.....

7. What is the difference between “good” and “bad” bacteria?

.....

.....

8. Why are antioxidants so good for our bodies?

.....

.....

GRADE 10 – UNIT ONE – EXPOSITORY WRITING

Write on the following topic: (Expository)

Your daily food choices may affect your health and your feelings of today and tomorrow.

Plan and write an essay of 12 sentences (140 words) explaining what a healthy diet should include and how it can affect your health in the future.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

.....

.....

Body:

Paragraph 1:

.....

.....

.....

Paragraph 2:

.....

.....

.....

Conclusion:

.....

.....

Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

« BACK

GRADE 10 – UNIT ONE – READING COMPREHENSION

Read the following passage carefully, then answer the questions that follow:

How do you remember the way to your friend's house? Why do your eyes **blink** without you ever thinking about it? Your brain is in charge of these things. In fact, your brain is the boss of your body. It runs and controls just about everything you do, even when you're asleep. It's not bad for something that looks like a big grey wrinkly sponge.

The brain has many different parts that work together, such as the cerebrum, brain stem, pituitary gland, and hypothalamus. The biggest part of the brain is the cerebrum. The cerebrum is the thinking part of the brain, and **it** controls your voluntary muscles, which move when you want them to. So, you need your cerebrum to dance or kick a ball. You need your cerebrum to solve math problems or draw a picture. Your memory is stored in the cerebrum — both short-term memory and long-term memory. The cerebrum has two halves. Scientists think that the right half helps you think about abstract things like music, colours, and shapes. The left half is more analytical, helping you with math, logic, and speech.

There are other important parts of the brain, such as the cerebellum, which is a lot smaller than the cerebrum. It controls balance, movement, and coordination, how your muscles work together. Because of your cerebellum, you can stand upright, keep your balance, and move around. Think about a surfer riding the waves on his board. He needs his cerebellum to stand and control his movement. Another part is the brain stem, which is in charge of all the functions that your body needs to stay alive, such as breathing air, digesting food, and circulating blood. The pituitary gland is very small. Its job is to produce and release hormones into your body. The hypothalamus is like your brain's inner thermostat.

The hypothalamus knows what temperature your body should be. If your body is too hot, the hypothalamus tells it to sweat. If you're too cold, the hypothalamus gets you shivering.

A) From a, b, c or d, choose the correct answer:

1. The best **title** for this passage could be:
 - a. Parts of the Body
 - b. Parts of the Brain
 - c. Abstract Knowledge
 - d. The Pituitary Gland

2. The underlined word **“blink”** in the **1st** paragraph means:
 - a. close and open
 - b. succeed and fail
 - c. run and stop
 - d. start and finish

3. The underlined word **“it”** in the **2nd** paragraph refers to:
 - a. the brain stem
 - b. the brain
 - c. the hypothalamus
 - d. the cerebrum

4. According to the **3rd** paragraph, the pituitary gland:
 - a. controls everything.
 - b. keeps your body on low temperatures.
 - c. produces and releases hormones into your body.
 - d. helps you remember the way to your friend's house.

5. All of the following statements about are true **EXCEPT**:
 - a. We blink without thinking about it.
 - b. We need the cerebellum to solve problems or draw pictures.
 - c. We need cerebellum to stand and control our movement and stand straight.
 - d. We need the hypothalamus to allow our bodies to sweat whenever we feel hot.

6. The purpose of the writer in writing this passage is to:
 - a. analyse different parts of the brain and their functions.
 - b. tell us how the brain works.
 - c. explain how to keep fit and healthy.
 - d. state the benefits of sleeping.

B) Answer the following questions according to the passage:

7. What is the function of the brain stem?

.....
.....

8. Which part of the brain is important for solving math problems?

.....
.....

GRADE 10 – UNIT ONE – SUMMARY MAKING

Read the following passage, then do as required:

Caves were “homes” which served only as temporary shelters. They protected humans from the sun, rain and wild animals which roamed forests. Men of that time were called “Cavemen”. Cavemen usually lived in small groups and life was very difficult. They had to move from place to place in search for food. They would catch fish or pick berries and wild fruit. When a particular place where they stayed ran out of food supply, they would leave to find another suitable spot. Their tools and weapons, which were made of stones, were simple and rough. Cavemen ate their food raw until they learned how to make a fire. For clothing, they used only barks of trees or skins of animals they had hunted to cover their bodies.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

How was the lifestyle of Cavemen?

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT ONE – TRANSLATION

Translate the following into good English:

علي: مضادات الأكسدة الموجودة في الشاي الأخضر مفيدة جدا.
أحمد: يمكننا المحافظة على بشرتنا وقلبنا وعضلاتنا عن طريق تناول الطعام الصحي.

Ali:

Ahmad:

خالد: يجب على كل شخص أن يأكل بحكمة للمحافظة على جسد لائق وصحي.
علي: هذا صحيح ويجب على الجميع تناول الطعام الصحي.

Khaled:

Ali:

عامر: اتباع حمية نباتية من غير استشارة المختصين قد يؤدي إلى سوء التغذية ومشاكل صحية أخرى.
أحمد: يجب أن نتأكد من وجود العناصر الغذائية الأساسية في الحمية النباتية.

Amer:

Ahmad:

GRADE 10 – UNIT TWO – VOCABULARY

A) From a, b, c or d, choose the most suitable word that best completes each of the following sentences:

1. A child's dreams and can lead him to success.
a. seminars b. aspirations c. figures d. pilgrimages
2. International Laws forbid discrimination based on race, colour or
a. initiative b. calligraphy c. creed d. tolerance
3. All countries sent their to attend the economic conference held in Geneva.
a. accounts b. reviews c. aspirations d. delegates
4. To live in peace, we must learn to accept in the society we are living in.
a. diversity b. seminar c. pilgrimage d. calligraphy
5. Ambassadors always learn about different cultures through intellectual dialogue.
a. interfaith b. high-ranking c. relevant d. probiotic
6. Good employees are always ready to take in order to complete the work.
a. delegate b. creed c. initiative d. account
7. I am going to give a/an about the recent developments in e-learning.
a. tolerance b. seminar c. pilgrimage d. creed
8. Ahmed's honesty,, and understanding made him a great leader to his team.
a. account b. delegate c. mentor d. tolerance
9. My friend told me that he will help me gather information for my research.
a. digestive b. relevant c. inspirational d. organic
10. Muslims perform in the last month of the Islamic calendar.
a. pilgrimage b. initiative c. mentor d. figure
11. Some people are fond of collecting old paintings,, and antiques.
a. tolerance b. calligraphy c. delegate d. diversity
12. A/An range of craft makers presented their work in the National Exhibition.
a. grilled b. diverse c. interfaith d. organic

13. The manager gave a/an talk on overcoming problems.
a. organic b. diverse c. grilled d. inspirational
14. With practice and hard work, my little brother has English well.
a. mastered b. combatted c. covered d. neutralised
15. The patient wrote a very touching about his mother's role in his treatment journey.
a. figure b. initiative c. account d. creed
16. The company a survey to evaluate their products according to the public.
a. conducted b. mastered c. metabolised d. absorbed
17. Zaid Al-Refai is a famous Kuwaiti who climbed the seven highest summits.
a. figure b. creed c. diversity d. review

B) Fill in the spaces with the most suitable words from the list below:

(cover / delegate / account / high-ranking / diverse /master)

- 18. Ahmed was chosen as a/an to represent our class in the Students' Parliament.
- 19. Companies with a lot of nationalities become culturally
- 20. My brother prepared a detailed of the most recent electronic inventions.
- 21. My uncle enjoys a /an position in the Ministry of Health.
- 22. It took us three hours to the distance from the city to the camp.

B) Fill in the spaces with the most suitable words from the list below:

(calligraphy / richly / review / ground-breaking / consistently / grilled)

- 23. The criminal has denied stealing the old man's bag.
- 24. The bride designed her own decorated wedding cake.
- 25. Some inventions made our lives easier and faster.
- 26. An annual of the company performance is published every year.
- 27. I joined a workshop to improve my Arabic handwriting.

GRADE 10 – UNIT TWO – GRAMMAR

A) From a, b, c or d, choose the most suitable answer:

1. The manager Turkey every year for business since 1995.
a. had visited b. visited c. will visit d. has visited
2. They were rewarded because they for the same company for 20 years.
a. have worked b. work c. should work d. are working
3. She her homework yet. She has to do it before going to bed.
a. doesn't write b. didn't write c. hasn't written d. has written
4. you ever seen a bear while exploring the forest?
a. Did b. Have c. Do d. Are
5. They just the "Beach Cleanup" campaign.
a. should ... start b. will ... start c. had ... started d. have ... started
6. I have spoken English I was three years old.
a. since b. for c. already d. yet
7. Have you consulted a dietitian before going on a diet?
a. yet b. for c. since d. ever
8. Bader has lived in this town 45 years.
a. by the time b. for c. just d. since
9. No, I have been sick since I took the vaccine.
a. never b. ever c. yet d. already
10. She was angry her sister as she had broken her mobile.
a. through b. with c. on d. amongst
11. They must arrive the airport two hours before the flight time.
a. by b. with c. at d. of
12. all of the employees, Ahmed mastered using the new machine.
a. At b. Amongst c. On d. By

13. I read a novel written Jane Austin last night.
a. of b. amongst c. at d. by
14. Some animals migrate the winter to raise their young and find food.
a. with b. in c. at d. by

B) From a, b, and c, choose the correct answer as required:

15. No, I have never fixed my own car. **(Ask a question)**
a. Did you fix your own car?
b. Had you fixed your own car?
c. Have you ever fixed your own car?
16. Omar and Ahmed have decided to climb Mount Everest. **(Make negative)**
a. Omar and Ahmed have not decided to climb Mount Everest.
b. Omar and Ahmed do not decide to climb Mount Everest.
c. Omar and Ahmed did not decide to climb Mount Everest.
17. I (**know**) Anwar since we were five years old. **(Correct the verb)**
a. I knew Anwar since we were five years old.
b. I will know Anwar since we were five years old.
c. I have known Anwar since we were five years old.
18. My sister (**not master**) knitting yet. She needs more practice. **(Correct the verb)**
a. My sister didn't master knitting yet. She needs more practice.
b. My sister hasn't mastered knitting yet. She needs more practice.
c. My sister won't master knitting yet. She needs more practice.
19. Hisham has taken an online training course. **(Ask a question)**
a. What has Hisham taken?
b. What does Hisham take?
c. What did Hisham take?

GRADE 10 – UNIT TWO – LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1. Your neighbour helped you carry a heavy bag into the house.

.....

2. Your brother thanked you for the graduation present you got him.

.....

3. Your sister wants to know your opinion about the book you have read.

.....

4. Your friend thanked you for helping him/her arrange the graduation party.

.....

5. A friend of yours helped you finish your assignment.

.....

6. Your father doesn't know what to do with his old car.

.....

7. Your mother is asking you to recommend a restaurant that serves traditional Kuwaiti food.

.....

8. The employee in the call centre asked you if you could answer some questions.

.....

9. A friend of yours wants to know what you think of travelling abroad.

.....

GRADE 10 – UNIT TWO – SET BOOK QUESTIONS

Answer the following questions:

1. How does Kuwait participate in furthering the culture of peace?

.....

.....

2. Why is it important to respect and tolerate other faiths and people?

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3. In what way can we show respect to other cultures?

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4. How can we create a peaceful society?

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5. What might happen if the culture of peace doesn't exist among people?

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6. How can countries show respect to other cultures?

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7. How should Muslims treat people of other faiths?

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8. How can we achieve tolerance and mutual understanding between nations?

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9. What is diversity based on?

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GRADE 10 – UNIT TWO – EXPOSITORY WRITING

Write on the following topic:

The UN is trying hard to promote the culture of tolerance and mutual understanding.

Plan and write an essay of 12 sentences (140 words) explaining why promoting tolerance and mutual understanding among people is important, and how it can be achieved.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

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Body:

Paragraph 1:

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Paragraph 2:

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Conclusion:

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Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

« BACK

GRADE 10 – UNIT TWO – READING COMPREHENSION

Read the following passage carefully, then answer the questions that follow:

Persuasion is the art of convincing someone to agree with your point of view. According to the ancient Greek philosopher Aristotle, there are three basic tools of persuasion: ethos, pathos, and logos.

Ethos is a speaker's way of convincing the audience that he/she is a credible source. An audience will consider a speaker **credible** if he/she seems trustworthy, reliable, and sincere. This can be done in many ways. For example, a speaker can develop ethos by explaining how much experience or education he/she has in the field. After all, you would consult a dentist, not a firefighter, for a toothache. A speaker can also create ethos by convincing the audience that he/she is a good person who has their best interests at heart. If an audience cannot trust you, you will not be able to persuade them.

Pathos is a speaker's way of connecting with an audience's emotions. For example, a speaker who is trying to convince an audience to vote for him might say that he alone can save the country. These words are intended to fill the audience with fear, thus making them want to vote for him. Similarly, a charity organisation that helps animals might show an audience picture of injured dogs and cats. These images are intended to make viewers feel pity, making **them** donate money.

Logos is the use of facts, information, statistics, or other evidence to make your argument more convincing. An audience will be more likely to believe you if you have data to support your claims. For example, a soap commercial might tell you that laboratory tests have shown that soap kills all 7,000,000 bacteria living on your hands right now. This piece of information might make you more likely to buy their brand of soap. Presenting this evidence is much more convincing than simply saying, "Our soap is the best!". Using logos can also increase a speaker's ethos; a speaker's use of more facts in his argument makes you more likely to think that he/she is educated and trustworthy.

A) From a, b, c or d choose the correct answer:

1. The **best** title for the passage is:
 - a. Writing Speeches
 - b. Convincing Others
 - c. Wise Aristotle
 - d. Speaking Fluently

2. The underlined word "**credible**" in the **2nd** paragraph means:
 - a. boring
 - b. terrible
 - c. believable
 - d. horrible

3. The underlined word "**them**" in the **3rd** paragraph refers to:
 - a. images
 - b. animals
 - c. viewers
 - d. words

4. According to the **1st** paragraph, you may understand:
 - a. The art of convincing others is very old.
 - b. Only ancient Greeks used persuasion in their speeches.
 - c. Aristotle developed persuasion using three different tools.
 - d. Convincing and persuading others is used only among old men.

5. According to the passage, speakers can develop ethos by:
 - a. connecting with an audience's emotions.
 - b. convincing an audience to vote for them.
 - c. explaining how much experience or education they have.
 - d. showing images that are intended to make viewers feel pity.

6. The purpose of the writer in writing this passage is to:
 - a. persuade readers to read about ancient philosophers.
 - b. analyse Aristotle's writing style.
 - c. convince others to buy soap.
 - d. inform the audience of the tools of persuasion.

B) Answer the following questions:

7. How does the pathos tool work?

.....

.....

8. How can logos help in building the ethos tool?

.....

.....

GRADE 10 – UNIT TWO – SUMMARY MAKING

Read the following passage, then do as required:

There are people who have much more than what they need to live while others have barely enough to survive. One cannot make them rich but can provide them with essentials. Raising donations such as money, clothes, food or shelter helps to direct their efforts to live a decent life. Good education ensures a long-lasting improvement in their lives. Building relationships among them helps them regain their self-confidence and self-esteem also makes them hold their own responsibility. Moreover, treating them well and enrolling them in the bigger society make them work harder to gain the society's trust and respect.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"How can we help the needy?"

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.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT TWO – TRANSLATION

Translate the following into good English:

أحمد: تعد العمارة وفن الخط والأدب من طرق نشر الثقافة الإسلامية
علي: تستطيع أن تجد الكثير منها في معرض الكتاب الكويتي الذي يقام سنوياً.

Ahmad:

Ali:

أحمد: تعتبر الكويت دولة رائدة في دعم ثقافة السلام.
علي: وقد نظمت الكويت ندوات للترويج للفهم والاحترام المتبادل.

Ahmad:

Ali:

أحمد: لا يقتصر لفظ "الفن الإسلامي" فقط على الدين.
علي: نعم، فهو يشير كذلك إلى الثقافة الإسلامية المتنوعة والغنية.

Ahmad:

Ali:

ليلى: لقد كان الفن الإسلامي مصدر إلهام للعديد من الفنانين حول العالم.
ساره: اتفق معك، وقد بدأ ذلك منذ القرن السابع.

Laila:

Sara:

GRADE 10 – UNIT THREE – VOCABULARY

A) From a, b, c or d, choose the most suitable word that best completes each of the following sentences:

1. The of refugees from African countries is increasing.
a. influx b. objective c. studio d. venue
2. The main of this meeting is to give more information about the plans.
a. influx b. objective c. studio d. venue
3. The famous artist has changed the attic in his house into a photography
a. influx b. objective c. studio d. venue
4. The hotel is an ideal for conferences and business meetings.
a. influx b. objective c. studio d. venue
5. The witness paused before answering the lawyer's question in court.
a. irresponsibly b. richly c. consistently d. slightly
6. Sarah bought a/ an little hat during her last visit to Paris.
a. chic b. apprehensive c. sturdy d. detrimental
7. Cutting down trees must have effects on the environment.
a. chic b. apprehensive c. sturdy d. detrimental
8. The long delay in my flight had made me quite
a. chic b. apprehensive c. sturdy d. detrimental
9. The car is enough to withstand both rough and sandy lands.
a. chic b. apprehensive c. sturdy d. detrimental
10. I have spoken very often to officials to explain what we need.
a. geometric b. governmental c. profitable d. modernistic
11. The artist's ideas are obviously represented in his paintings.
a. geometric b. governmental c. sturdy d. modernistic

12. The Avenues Mall is for its good restaurants and coffee shops.
 a. geometric b. public c. renowned d. residential
13. Her hobby of making scented soap was fast becoming a business.
 a. profitable b. geometric c. sturdy d. residential
14. I found that I can study better when I go to the library.
 a. profitable b. public c. sturdy d. residential
15. There is a need for more green spaces in areas around the city.
 a. profitable b. apprehensive c. renowned d. residential
16. What distinguishes this school is its forecourt.
 a. spacious b. state c. profitable d. residential
17. Teachers, in the sector, are asking for a pay rise.
 a. spacious b. state c. substantial d. residential
18. There are differences between the two car models.
 a. spacious b. state c. substantial d. residential
19. Many people building a new school in the area.
 a. advocate b. evoke c. voice d. benefit
20. Smells and tastes usually memories from the past.
 a. advocate b. evoke c. voice d. benefit
21. You can during sales-periods by getting great offers from dealers.
 a. advocate b. evoke c. voice d. benefit
22. One of the company's members his approval of the new project.
 a. advocated b. evoked c. voiced d. benefited
23. The seems to have a good choice of clothes.
 a. boutique b. brand c. council d. design
24. The local is in charge of repairing the damaged roads.
 a. boutique b. brand c. council d. design

25. This of perfumes is known for its good quality.
a. boutique b. brand c. council d. design
26. The floor was covered with rugs of oriental
a. boutique b. brand c. council d. design
27. The road is paved with slabs.
a. state-of-the-art b. mainstream c. sturdy d. concrete
28. The new mobile has the technology.
a. state-of-the-art b. mainstream c. sturdy d. concrete
29. Their views lie outside the of current opinion.
a. state-of-the-art b. mainstream c. sturdy d. concrete
30. The driver parked his car in the of the building.
a. edutainment b. forecourt c. foundation d. framework
31. The report provides a/an for further research.
a. edutainment b. forecourt c. foundation d. framework
32. Teachers nowadays are using to make their lessons interesting.
a. edutainment b. forecourt c. foundation d. framework
33. The building won't survive the storms unless it has solid
a. edutainment b. forecourt c. foundation d. framework
34. The style of the building is a/an one because it evokes oriental forms.
a. expressionist b. venue c. gourmand d. influx
35. My uncle was a real who visited many countries in order to taste good food.
a. expressionist b. venue c. gourmand d. influx

B) Fill in the spaces with the most suitable words from the list below:

(evoked / benefited / profitable / studio / venue / modernistic)

36. The Holiday Inn provided the for this year's conference.
37. Everyone from limiting their intake of tea to just three cups a day.
38. The design of the house is shown through the simplicity of furniture.
39. The businessman noticed that it is more to sell direct to the public.
40. The photographs strong memories of our holidays in France.

A) From a, b, c or d choose the most suitable answer:

- 36

11. This is a training programme.
 a. two-months b. two-month c. two month d. two-months
12. Next week we will go for a walk.
 a. three- mile b. three miles c. three mile d. three-miles
13. She bought a bottle of Coca Cola at the supermarket.
 a. two litre b. two litres c. two- litre d. two-litres
14. There is a delay in our flight.
 a. five-second b. five seconds c. five second d. five-seconds
15. This movie is than the last one.
 a. boring b. more boring c. most boring d. the most boring
16. I believe that orchids are beautiful as tulips.
 a. as b. that c. to d. both
17. I have a contract with my cell phone provider.
 a. two- year b. two years c. two year d. two-years
18. Shall we take a break?
 a. ten-minute b. ten minutes c. ten minute d. ten-minutes

B) From a, b, and c, choose the correct answer as required:

19. My mother prepared a dinner with three courses. **(Use the compound adjectives)**
 a. My mother prepared a three-courses dinner.
 b. My mother prepared a three-course dinner.
 c. My mother prepared a three-course dinners.
20. He handed me a report of ten pages. **(Use the compound adjective)**
 a. He handed me a ten-page report.
 b. He handed me a ten- pages report.
 c. He handed me ten-page report.

21. My nephew seems to be (**excited**) child at the party. **(Correct the adjective)**

- a. My nephew seems to be more excited child at the party.
- b. My nephew seems to be most excited child at the party.
- c. My nephew seems to be the most excited child at the party.

22. The National Library building is (**amazed**) from inside. **(Correct the adjective)**

- a. The National Library building is amazing from inside.
- b. The National Library building is amazed from inside.
- c. The National Library building is amazingly from inside.

23. The children loved his lessons because he is a very (**interested**) teacher.

(Correct the adjective)

- a. The children loved his lessons because he is a very interesting teacher.
- b. The children loved his lessons because he is a very interested teacher.
- c. The children loved his lessons because he is a very interests teacher.

24. I am staying in a hotel with four stars.

(Use the compound adjectives)

- a. I am staying in a four-stars hotel.
- b. I am staying in a four-star hotel.
- c. I am staying in four-stars hotels.

GRADE 10 – UNIT THREE – LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1. You want to persuade your sister to go with you to the concert during the weekend.

.....

2. Your brother wonders why the online order has not arrived yet.

.....

3. Your father refused to let you go with your friends to the cinema.

.....

4. Your uncle wonders why the television set is not working.

.....

5. Your friend suggests that you go to a new café this weekend.

.....

6. You want to persuade your sister to join a training course in painting.

.....

7. Your sister asks you about the colour you like for your room.

.....

8. You want to persuade your father to buy you a motorbike.

.....

9. Your friend is absent for two days now, and you don't know why.

.....

10. Your mother bought a sofa, and she doesn't know where to put it.

.....

11. Your father asks you about your decision to join the army.

.....

GRADE 10 – UNIT THREE – SET BOOK QUESTIONS

Answer the following questions:

1. What are the benefits of building an airport near a residential area?

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.....

2. How is the 360° Shopping Centre in Kuwait considered educational?

.....

.....

3. What are the disadvantages of building an airport in a residential area?

.....

.....

GRADE 10 – UNIT THREE – EXPOSITORY WRITING

Write on the following topic:

Building a new residential area adds a lot to the heritage of the country.

Plan and write an essay of 12 sentences (140 words), explaining the importance of building impressive residential areas and stating the characteristics that make them more attractive.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

.....

.....

Body:

Paragraph 1:

.....

.....

.....

Paragraph 2:

.....

.....

.....

Conclusion:

.....

.....

Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

« BACK

GRADE 10 – UNIT THREE – READING COMPREHENSION

Read the following passage carefully, then answer the questions below:

Most serious health problems in modern America can be linked to poor diet. Many people regularly consume foods high in sodium, sugar, and saturated fats, which not only increases their chances of obesity but also increases their risks of developing heart disease or diabetes. There are many reasons for having a poor diet. Some people do so knowingly. A significant portion of the population remains undereducated about proper nutrition. Moreover, individuals who live in food desert areas, specifically in low-income neighbourhoods, may not even have the opportunity to obtain nutritious food.

Food deserts are located in high-poverty areas, such as rural areas or densely populated, low-income urban centres away from modern neighbourhoods. Food deserts most often develop when major supermarket chains either relocate out of these areas or simply refrain from building stores there. This means that those who live in high-poverty areas often also live miles away from the fresh meats, dairy products, and fresh fruits available at supermarkets. Residents of these areas who do not have cars are thus forced to travel long distances on public transportation to do **their** grocery shopping. They are limited to the food available at local convenience stores which sell packaged and processed foods that offer little nutritional value.

Fast food restaurants are extremely concentrated in low-income areas because individuals who live in food deserts tend to get their meals from fast food restaurants or convenience stores, they often suffer from a variety of health issues. Research has found that individuals who live in low-income neighbourhoods are much more likely to develop problems with obesity, diabetes, and hypertension than those who live in more **affluent** neighbourhoods.

A solution to the problem of food deserts seems obvious: more supermarkets should be built in low-income neighbourhoods. Of course, it is difficult to lure supermarket chains into poor areas because poorer people have less money to spend on food and supermarket chains do not consider them to be attractive customers. One way that the government can help to settle this issue is by offering tax breaks or other incentives for supermarkets in low-income areas. Moreover, community gardens and farmers' markets should offer local initiatives to solve the problem.

A) From a, b, c or d, choose the most correct answer:

1. The **main idea** of the **1st** paragraph is:
 - a. The risks of developing heart disease or diabetes.
 - b. The bad effects of obesity on the American people.
 - c. The solutions to the food deserts problem.
 - d. The reasons for having a poor diet in America.

2. The underlined word "**affluent**" in the **3rd** paragraph means:
 - a. low
 - b. updated
 - c. wealthy
 - d. distant

3. The underlined word "**their**" in the **2nd** paragraph refers to:
 - a. residents
 - b. products
 - c. distances
 - d. supermarkets

4. According to the passage, if supermarkets opened locations in more low-income areas:
 - a. members of low-income households would not go there.
 - b. the supermarkets would be unable to compete with the fast-food chains.
 - c. the convenience stores in the area would stop their business.
 - d. the health of low-income residents would be more likely to improve.

5. According to the passage, one of the following statements is **NOT TRUE**:
 - a. People who live in high-poverty areas often live miles away from fresh food.
 - b. Major supermarket chains refrain from building stores in low-income areas.
 - c. Convenience stores sell packaged and processed foods.
 - d. Fast food restaurants are concentrated in high-income areas.

6. The purpose of the writer in writing this passage is to:
 - a. inform us about supermarkets' contributions to obesity in America.
 - b. warn us about the dangers of fast food.
 - c. highlight the problem of food deserts and suggest solutions.
 - d. encourage readers to live in low-income areas.

B) Answer the following questions:

7. What are the suggested solutions for food deserts?

.....
.....

Where do individuals who live in food deserts get their meals?

.....
.....

GRADE 10 – UNIT THREE – SUMMARY MAKING

Read the following passage, then do as required:

Some people say that laughter is the best medicine. Scientists are beginning to agree with this. They are studying laughter seriously and are finding that it is gainful for us. Every minute we laugh is the same as forty-five minutes of relaxation. Many doctors around the world believe that laughter helps us get better when we are sick. Laughter helps in reducing stress hormones and blood pressure. It increases blood flow and oxygenation. Laughter has also been shown to increase memory, intelligence, and creativity.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"What are the benefits of laughter?"

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT THREE – TRANSLATION

Translate the following into good English:

أمل: تخشى مجموعة من الناس تأثير بناء مطار جديد على حياتهم.
ساره: لهذا السبب، فإنهم يدعون إلى بناء مدرسة جديدة بدلا من ذلك.

Amal:

Sara:

جاسم: سيستفيد جميع سكان المنطقة من بناء مطار جديد.
نواف: أيضا سيكون من السهل التنقل الى مدينة الكويت بالطائرة المروحية.

Jassem:

Nawaf:

GRADE 10 – UNIT FOUR – VOCABULARY

A. From a, b, c or d choose the most suitable word that best completes each of the following sentences:

1. The new hospital in our area will many doctors and nurses.
a. employ b. simulate c. compete d. drill
2. Soccer players should to win the cup; however, they have to stick to the basics of fair play.
a. employ b. simulate c. compete d. evoke
3. The zoo is a/an environment of rare animals similar to the original habitat.
a. naturalistic b. anti-reflective c. convoluted d. rival
4. When you write an essay make sure you avoid long paragraphs and sentences.
a. naturalistic b. anti-reflective c. convoluted d. rival
5. The new game characters are controlled by a/an..... for a better control of the movements.
a. helpline b. joystick c. perception d. wizard
6. Artists draw their portraits in order to present their ideas and
a. helplines b. joysticks c. perceptions d. sensors
7. New iPads are provided with separable..... to help the users type easily.
a. helplines b. keypads c. perceptions d. sensors
8. The safari journeys are adventures because animals seem to move freely.
a. breathtaking b. built-in c. computer-friendly d. wireless
9. We have recently bought a TV set with a/an screen.
a. competitive b. analogue c. wireless d. anti-reflective
10. The teacher changed our notebooks into a.....forms to display them on the screen.
a. breathtaking b. built-in c. computer-friendly d. wireless

11. I need a high speed network to transfer the data of the old mobile to the new one.
a. breathtaking b. convoluted c. computer-friendly d. wireless
12. I asked the furniture designer to make a wall cabinets for my clothes.
a. breathtaking b. built-in c. computer-friendly d. wireless
13. The employee received a/an payment on top of the salary for the good work.
a. analogue b. bonus c. competitive d. convoluted
14. Digital watches differ from watches by the way that they display the time.
a. analogue b. bonus c. competitive d. exclusive
15. Your password gives you a/an access to your personal computer files.
a. analogue b. bonus c. competitive d. exclusive
16. Hala February festival provides big sales at prices.
a. analogue b. bonus c. competitive d. convoluted
17. Kind between parents and their children is essential for maintaining healthy relationships.
a. arcade b. caller c. console d. discourse
18. We don't have enough coins to play on the games. We'd better go back home and play online.
a. arcade b. caller c. console d. discourse
19. The manufactures are creating video games with that have wireless connection.
a. arcades b. callers c. consoles d. discourses
20. Telecommunication experts are applying developments to improve speech-recognition technologies.
a. drive b. hold button c. artificial intelligence d. mode
21. I can check the material saved on my computer's safely.
a. drive b. hold button c. artificial intelligence d. mode

22. You should press the in order to get other calls.
 a. drive b. hold button c. artificial intelligence d. mode
23. The photos of your mobile are set at the auto to create better photos' setting.
 a. drive b. hold button c. artificial intelligence d. mode
24. The company hires a computer to protect the files from hackers.
 a. visual effect b. touch screen c. speech recognition d. wizard
25. Mobile companies creates new mobiles with a sensitive to replace the old buttons.
 a. discourse b. touch screen c. joystick d. wizard
26. The of the new film are amazingly realistic.
 a. visual effects b. touch screen c. speech recognition d. wizard
27. Our new TV system has a software to figure out voices and orders.
 a. visual effects b. touch screen c. speech recognition d. wizard
28. The restaurant insisted that we accept the offer of a family-meal for this weekend.
 a. arcade b. caller c. console d. discourse
29. Most tele-communication companies offer a service around the clock.
 a. helpline b. joystick c. perception d. sensor
30. Many people use their computers to conditions for their driving tests.
 a. employ b. simulate c. compete d. evoke
31. The front of our house has automatic to ring the doorbell and flash the lights.
 a. helplines b. joysticks c. perceptions d. sensors

B. Fill in the spaces with words from the list below:

(compete / competitive / drive / wireless /simulate / wizard.

32. Satellite signals are sent over to devices to be used for weather-prediction.
33. Bill Gates seems to be hard to within the field of technology.
34. Steve Jobs was a in business industry and computer technology.
35. The salesman works day and night to outsell all his coworkers.
36. Astronauts zero gravity by practicing in low gravity aircrafts.

GRADE 10 – UNIT FOUR – GRAMMAR

A) From a, b, c or d, choose the most suitable answer:

1. The more stories I read, the imagination I get.
a. good b. better c. best d. better than
2. The more carbohydrates you take, the you get.
a. fatter b. fat c. fattest d. fatter than
3. The more countries you visit, the information you learn about people's customs and beliefs.
a. more b. most c. much d. more than
4. The more sports you play, the muscles you build.
a. strong b. stronger c. strongest d. stronger than
5. The higher you pursue your studies, the chances you have for a well-paid job.
a. wider b. widest c. wide d. wider than
6. The more options you ask to include in your computer, the it becomes.
a. expensive b. more expensive c. most expensive d. more expensive than
7. The more goods you export to other countries, the your products become.
a. famous b. more famous than c. most famous d. more famous
8. The more energy resources we save, the money we spend.
a. little b. the least c. least d. less
9. I a university in London next month.
a. join b. joined c. have joined d. am joining
10. My father to start a new business next year.
a. is going b. goes c. has gone d. went
11. My mother believes that I a famous inventor in the future.
a. am b. will be c. was d. have been

12. The interview place tomorrow morning in the main office of the company.
 a. has taken b. was taking c. is taking d. is taken
13. The weather forecast predicts that it this week.
 a. doesn't rain b. hasn't rained c. won't rain d. wouldn't rain
14. Who to watch the match on TV tonight?
 a. goes b. is going c. has gone d. went
15. I to Canada next month to join university.
 a. travel b. travelled c. have travelled d. am travelling
16. The less fat you consume, the you get.
 a. healthier b. healthy c. healthiest d. healthier than
17. We predict that production soon after the maintenance of machines.
 a. will start b. started c. starting d. would start

B) From a, b, and c, choose the correct answer as required:

18. The audience assume that the player will break the world record the next game.
 (Make negative)
 a. The audience don't assume that the player will break the world record the next game.
 b. The audience didn't assume that the player will break the world record the next game.
 c. The audience haven't assumed that the player will break the world record the next game.
19. The more computer games you play, the
 (Complete using: the more ... the more)
 a. The more computer games you play, you will have more experience.
 b. The more computer games you play, the more experience you get.
 c. The more computer games you play, the highest experience you get.
20. The author is going to finish the novel by the end of the month. (Ask a question)
 a. What does the author do?
 b. Who has finished the novel?
 c. When is the author going to finish the novel?

21. The manager expects that salaries will increase in the next years. (**Make negative**)

- a. The manager doesn't expect that salaries will increase in the next years.
- b. The manager didn't expect that salaries will increase in the next years.
- c. The manager isn't expecting that salaries will increase in the next years.

22. My friend (**go**) to win the contest next time.

(**Correct the verb**)

- a. My friend was going to win the contest next time.
- b. My friend is going to win the contest next time.
- c. My friend went to win the contest next time.

GRADE 10 – UNIT FOUR – LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1. You bought a new mobile. You need to call the telecommunication company to activate your account.

.....

2. Kuwait Airlines offers tourist destinations to Europe. Your family needs to choose one.

.....

3. You received the new AC system, but you found it faulty. You need to call the company.

.....

4. Your young brother wants to buy a motorbike for his birthday.

.....

5. Your brother doesn't know much information about computer games.

.....

6. Scientists believe that if we don't save sources of energy, we will be in trouble.

.....

7. Your friend spends too much time playing computer games. You need to advise him.

.....

8. A friend of yours wants to know how you applied for university.

.....

9. The teacher asked you about your plans after finishing your high school.

.....

10. Your friend throws litter in the street. You have to advise him to stop it.

.....

11. You haven't finished your school project, and the deadline is tomorrow.

.....

GRADE 10 – UNIT FOUR – SET BOOK QUESTIONS

Answer the following questions:

1. What do you think computer games will be like in the future?

.....

.....

2. How can computer companies make computer games more attractive?

.....

.....

3. How can computer games be detrimental to children's social development?

.....

.....

4. Why will computer games be more demanding for games producers and players in the future?

.....

.....

5. What positive effects can playing computer games have on young people?

.....

.....

6. How can computer games players control characters in the games?

.....

.....

7. What are the bad effects of playing computer games on young people?

.....

.....

GRADE 10 – UNIT FOUR – EXPOSITORY WRITING

Write on the following topic: (Expository)

Computer games have become very popular among children nowadays.

Plan and write an essay of not less than **12 sentences (140 words)** explaining why it is not recommended to spend too much time playing computer games and how they can be used wisely.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

.....
.....

Body:

Paragraph 1:

.....
.....
.....

Paragraph 2:

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.....
.....

Conclusion:

.....
.....

Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

GRADE 10 – UNIT FOUR – READING COMPREHENSION

Read the following passage carefully, then answer the questions below:

Normal life never stays normal for long simply because it is stressful. Stress is often described as a feeling of being overloaded, wound up, tense, and nervous. We all experience stress at times. It can sometimes be positive and help motivate us to finish a task or perform well. But stress can also be harmful if we become overstressed, and it interferes with our ability to continue with our normal lives for too long.

When we face a stressful event, our bodies respond by activating the nervous system and releasing hormones such as adrenaline and cortisol from the adrenal glands. These hormones cause physical changes in the body which help us react quickly and effectively to get through stressful situations. They prepare our bodies to stay and fight or flee the situation. This is sometimes called the ‘fight or flight’ response. The hormones increase our heart rate, breathing, blood pressure, metabolism and muscle tension.

While these changes help people try to meet the challenges and effects of stressful situations, **they** can cause negative physical or psychological symptoms if stress is not controlled. These symptoms can include headaches, other aches and pains, anxiety, anger, depression, high blood pressure, heart diseases, lack of confidence and many other symptoms.

Learning to handle stress in healthy ways is very important. Fortunately, it is easy to learn simple techniques. These include **recognising** the causes of stress (some stress is natural), taking steps to deal with the problem, tackling the symptoms and most importantly, asking for help from a friend or a professional. The worst thing about stress is trying to take control of uncontrollable things. Because when we fail — since it’s beyond our control — we only get more stressed out and feel helpless. Doing what’s within our power moves us forward and is empowering and energising. In addition to that, having certain routines throughout the day helps us to relax, better enjoy what we have in our lives and manage the harmful effects of stress. These routines include regular times for exercise and relaxation and planning ahead to do certain jobs on specific days of the week.

A. From a, b, c or d, choose the correct answer:

1. The best **title** for this passage could be:
 - a. The Daily Routines
 - b. All About Physical Activities
 - c. The Nervous System
 - d. How to Deal with Stress

2. The underlined word “**recognising**” in the **4th** paragraph means:
 - a. knowing
 - b. tackling
 - c. learning
 - d. including

3. The underlined word “**they**” in the **3rd** paragraph refers to:
 - a. effects
 - b. changes
 - c. challenges
 - d. situations

4. According to the **2nd** paragraph, stress affects our bodies by:
 - a. decreasing cortisol in our bodies.
 - b. making our bodies release hormones.
 - c. helping us react slowly and effectively.
 - d. raising our heartbeat and lowering blood pressure.

5. According to the passage, all the following statements are **TRUE** except:
 - a. The nervous system is activated in stressful events.
 - b. Adrenaline lowers metabolism in stressful situations.
 - c. The heart is responsible for controlling the adrenal glands.
 - d. Stress activates the nervous system to release the necessary hormones.

6. The purpose of the writer in writing this passage is to:
 - a. inform readers about the types of stress.
 - b. teach readers how bodies release hormones.
 - c. show readers the effects of stress on our blood pressure.
 - d. tell readers about stress, its effects and ways to control it.

B. Answer the following questions:

7. Why shouldn't we try to take control over uncontrollable things?

.....

.....

8. How can we handle stress in healthy ways?

.....

.....

GRADE 10 – UNIT FOUR – SUMMARY MAKING

Read the following passage, then do as required:

Playing computer games has various effects on young people. It has good as well as bad effects. Playing computer games can help develop children's imagination. Imagination is essential for creativity. Modern computer games used in gyms can make them healthier and fitter. That's why gyms include games in their programs. Also, the new type of joysticks used in games can improve the level of fitness and building up their muscles. Besides all, most computer games provide information. Above all, modern multiplayer games offer the possibility of interaction and chatting with each other. This helps in developing personal skills.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"What are the effects of playing computer games on young people?"

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

Translate the following into good English:

علي: كيف ستكون الألعاب في المستقبل؟
خالد: أظن أن الألعاب ستكون أكثر واقعية وطبيعية.

Ali:

Khaled:

علي: في المستقبل ستصبح الألعاب شائعة أكثر فأكثر.
خالد: بالتأكيد، التغيرات المستمرة تجعل من تقنية الألعاب عملاً سريع التطور.

Ali:

Khaled:

علي: إن الرسومات في ألعاب الكمبيوتر ستتحسن بالتأكيد.
خالد: نعم، ربما يقضي المصممون وقتاً كبيراً على المؤثرات البصرية.

Ali:

Khaled:

GRADE 10 – UNIT FIVE – VOCABULARY

A. From a, b, c, or d, choose the most suitable word that best completes each of the following sentences:

1. A strong-willed man will never stop when he faces
a. adversities b. virtues c. applications d. extroverts
2. Violence on television can encourage in children.
a. feedback b. physiotherapy c. aggression d. rehabilitation
3. Applicants must attach a recent photograph to a/an form.
a. stimulation b. application c. rehabilitation d. determination
4. can be played by two or four people with a racket and a shuttlecock.
a. Solarium b. Sportsmanship c. Stimulation d. Badminton
5. My father is a man of; he never quits or loses hope in what he is doing.
a. determination b. neurologist c. rehabilitation d. member
6. My eldest brother is a/an while the youngest one is shy and quiet.
a. introvert b. extrovert c. member d. neurologist
7. We need more from consumers in order to improve our products.
a. adversity b. aggression c. feedback d. application
8. They all showed extraordinary skills. They are so clever with all kinds of horses.
a. bonus b. analogue c. equestrian d. wireless
9. I have become a/an of the school's elite football club after scoring three goals.
a. member b. introvert c. solarium d. application
10. It is hard to understand the of the people who hurt weak and helpless animals.
a. rehabilitation b. opponent c. mentality d. teammate
11. My cousin is an intelligent student, but he lacks the to work hard.
a. introvert b. motivation c. extrovert d. rehabilitation

12. The checked the patient and sent him to hospital.
a. physiotherapy b. neurologist c. feedback d. mentality
13. Students must the school's code of conduct.
a. compete b. observe c. benefit d. metabolise
14. The boxer won the gold medal after knocking down his with a single blow.
a. mentality b. feedback c. opponent d. sportsmanship
15. The are a multi-sport event for athletes with physical and mental disabilities.
a. gymnastics b. Paralympics c. opponents d. saunas
16. Many patients need continuing care, follow-up, and after surgeries.
a. rehabilitation b. self-discipline c. adversity d. aggression
17. A rainbow is a natural through which several colours appear in the sky.
a. stimulation b. phenomenon c. sauna d. aggression
18. The injured player will receive for more after his knee-surgery.
a. aggression b. adversity c. sportsmanship d. physiotherapy
19. A/An treatment will help the body heal through steam and high temperature.
a. sauna b. extrovert c. virtue d. adversity
20. One can get a tan in a when he does not get it in the sun.
a. feedback b. rehabilitation c. solarium d. virtue
21. The team of players is famous for its fair play and good
a. introvert b. neurologist c. sportsmanship d. aggression
22. Teaching through and enjoyment is the best thing in modern school.
a. teammate b. member c. stimulation d. physiotherapy
23. Before the match, the player told his that he was getting sick.
a. solarium b. teammate c. determination d. introvert

B. Fill in the spaces with the most suitable words from the list below:

(motivation / gymnastics / able-bodied / equestrian / compete / observe)

24. We cannot practise this sport if we're not enough to fight.
25. There seems to be a lack of among the staff; they don't work well.
26. To have a flexible body, you should practise on a daily basis.
27. I would like to some classes to determine if this is the right course for me.
28. Alongside my dairy farm, I run a/an centre to teach people horse riding.

B. Fill in the spaces with the most suitable words from the list below:

(observe / able-bodied / compete / equestrian / physiotherapy / sportsmanship)

29. The player received a long after the match.
30. This gym can be used by both and disabled people because it is well-equipped.
31. Scientists the world, describe it, and find the best ways for us to live.
32. These days, in rich countries, horses are mainly kept for sports.
33. As a sign of good , the two boxers shook hands after the match.

GRADE 10 – UNIT FIVE – GRAMMAR

A) From a, b, c, or d, choose the most suitable answer:

1. I always watch music lessons on YouTube to learn to play the guitar.
a. when b. where c. who d. how
2. I have to go to the bank. does it open?
a. How much b. How many c. When d. Where
3. are you wearing that heavy coat? Can't you see or feel the burning sun?
a. Where b. When c. How d. Why
- 4- My little brother is a great tennis player; he win any match easily.
a. can b. should c. can't d. wouldn't
5. you like another cup of coffee? I think you loved the first one.
a. Should b. Could c. Would d. Can
6. If you go to Egypt, you visit the Pyramids; it's awesome to stand beside them.
a. would b. wouldn't c. should d. shouldn't
7. You talk loudly in the library, or you will be required to leave.
a. should b. shouldn't c. would d. wouldn't
8. I speak English when I was 12, but now, I'm as good as a British person.
a. couldn't b. can't c. should d. shouldn't
9. My little sister ride a horse at the age of eight.
a. can b. can't c. could d. should
10. I'm afraid I come to your party. I will be too busy studying for my exams.
a. wouldn't b. couldn't c. can't d. shouldn't
11. Please, seated until the seatbelt sign is off.
a. remaining b. remained c. remains d. remain

12. yourself a point for each right answer.
a. Giving b. Gave c. Give d. Gives
13. up to catch the first train.
a. Hurrying b. Hurried c. Hurries d. Hurry

B) From a, b and c, choose the correct answer as required:

14. I arrived there at about 12 o'clock. **(Ask a question)**
a. Where did you arrive there?
b. When did you arrive there?
c. How much did you arrive there?
15. My brother does his homework with his friends. **(Ask a question)**
a. Who did your brother do his homework with?
b. Who will your brother do his homework with?
c. Who does your brother do his homework with?
16. First, **(filling)** in the form and wait till they call you inside. **(Correct the verb)**
a. First, fills in the form and wait till they call you inside.
b. First, fill in the form and wait till they call you inside.
c. First, filled in the form and wait till they call you inside.
17. My dad visits my grandparents once a week. **(Ask a question)**
a. How often did your dad visit your grandparents?
b. How often does your dad visit your grandparents?
c. How far does your dad visit your grandparents?

GRADE 10 – UNIT FIVE – LANGUAGE FUNCTIONS

Write what you would say in the following situations.

1. Your brother asks you how to reach the police station.

.....

2. Your grandfather says that education is easier nowadays than before.

.....

3. You want the shopkeeper to give you a bottle of water.

.....

4. Your sister does not know what to study after high school.

.....

5. You want to ask the waiter for the menu.

.....

6. Your brother is insisting on eating a lot of fatty food.

.....

7. One of your teachers explained the lesson to you.

.....

8. A man asks you about how he can reach the bank.

.....

9. Your brother thinks that the new environmental law will reduce air pollution.

.....

10. One of your relatives helped you with your homework.

.....

11. The teacher wants to know why you want to postpone the quiz for next week.

.....

12. Your brother does not want to live in the city and wants to move to the countryside.

.....

GRADE 10 – UNIT FIVE – SET BOOK QUESTIONS

Answer the following questions:

1. Why are the Paralympics important?

.....

.....

2. What skills (qualities) are important to athletes whatever their abilities are?

.....

.....

3. Mention one of the main characteristics of an extrovert.

.....

.....

4. Mention one of the main characteristics of an introvert.

.....

.....

5. What do sportspeople need to stay motivated?

.....

.....

6. What are our duties towards the disabled?

.....

.....

7. What games would you advise introverts to play? Why?

.....

.....

8. How did Kuwait encourage the disabled to practise sports?

.....

.....

9. Which sports are more suitable for extroverts?

.....

.....

GRADE 10 – UNIT FIVE – EXPOSITORY WRITING

Write on the following topic:

Paralympics is a sport event that involves people with disabilities.

Plan and write an essay of not less than **12 sentences (140 words)** about the **importance of holding such events** and **the role of the society towards the disabled**.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

.....

.....

Body:

Paragraph 1:

.....

.....

.....

Paragraph 2:

.....

.....

.....

Conclusion:

.....

.....

Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

« BACK

GRADE 10 – UNIT FIVE – READING COMPREHENSION

Read the following passage carefully, then answer the questions that follow:

It was one of those terribly hot days in Baltimore. We always had those for a month between July and August. That day was particularly hotter than I could remember it had ever been. The weatherman on the radio said the temperature would reach 50°!

Needless to say, it was too hot to do anything outside. But it was also **scorching** in our apartment. This was 1962, and I would not live in a place with an air conditioner till ten years later. So, my brother and I decided to leave the apartment to go to a cooler place. I suggested the drugstore where I could get a soda or any kind of juice. But he reminded me that the shopkeeper in the drugstore would not let you sit there all day. My brother instead suggested watching a movie. It was a brilliant plan.

Movie theatres were one of the few places where you could sit for a long time and, more importantly, sit in air conditioning. In those days, you could buy one ticket and sit through both movies of a double feature. Then, the theatre would show the same two movies again after that. If you wanted to, you could sit through them twice. Most people did not do that, but the manager at our theatre, Mr. Bellow, did not mind if you did. That particular day, my brother and I watched both movies twice, trying to escape the heat. We sat and watched *The Music Man*, followed by *The Man Who Shot Liberty Valance*. We'd already seen the second movie once before. **It** had been shown at the theatre since January because Mr. Bellow loved anything with John Wayne in it. Watching it again was better than going outside, and at least *The Music Man* was new to us. We left the theatre around 8 PM, just before the evening shows began. We returned the next day and saw the same two movies again, twice more. And we did it the next day too.

Finally, on the fourth day, the heat wave broke. To this day, I can sing half the songs in *The Music Man* and quote half of John Wayne and Jimmy Stewart's dialogue from *The Man Who Shot Liberty Valance*! Those memories are some of the few I have of the heat wave of 1962.

A. Choose the correct answer from a, b, c, or d:

1. The **main idea** of the **3rd** paragraph is:
 - a. the importance of movies during the hot days.
 - b. what kind of movies they watched.
 - c. the effects of childhood memories.
 - d. the importance of drugstores.

2. The **opposite** of the underlined word “**scorching**” in the **2nd** paragraph is:
 - a. falling
 - b. observing
 - c. dropping
 - d. freezing

3. The underlined word “**it**” in the **3rd** paragraph refers to:
 - a. the heat
 - b. the theatre
 - c. the second movie
 - d. that particular day

4. The idea that the writer first suggested wasn’t nice because:
 - a. the shopkeeper didn’t let children enter drugstore.
 - b. there was no air conditioner in the drugstore.
 - c. the drugstore wouldn’t let people stay there for a long time.
 - d. they wanted to watch a movie.

5. According to the passage, one of the following statements is **NOT TRUE**:
 - a. The boys watched the movies more than once.
 - b. They didn’t want to stay home.
 - c. The weather was too hot during that day.
 - d. The manager didn’t like John Wayne’s movies.

6. The purpose of the writer in writing the passage is to:
 - a. persuade the readers to go to the cinema.
 - b. inform us about how movie theatres used to work.
 - c. tell us about one of his memories during hot days.
 - d. show us why childhood memories are important.

B. With reference to the passage, answer the following questions:

7. What happened on the fourth day?

.....
.....

8. Why did the writer and his brother decide to leave the apartment?

.....
.....

GRADE 10 – UNIT FIVE – SUMMARY MAKING

Read the following passage, then do as required:

Many students find that preparing for each individual class for 60-90 minutes per day will leave them well prepared for the real exam. Experts think that students should not cram at the last second. They would recommend that students should keep their ears open in class. Their teachers will sometimes tell them about the exam study strategies. They should be in class every day to receive such help. They insist that students review their class notes on a regular basis. If a student follows these remarks well, he or she will definitely get many A's in his or her exams.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"What are the best pieces of advice to get many A's?"

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT FIVE – TRANSLATION

Translate the following into good English:

علي: إن الكويت أول دولة في منطقة الخليج تنشئ ناديا رياضيا للمعاقين.
أحمد: معك حق.

Ali:

Ahmad:

حمزة: أقيمت دورة ألعاب المعاقين في الصين في عام 2008.
ياسر: كانت رائعة وقد شارك بها رياضيون من 148 دولة في عشرين رياضة مختلفة.

Hamza:

Yaser:

يوسف: الشخص الانطوائي في العادة خجول ويفضل الرياضات غير العنيفة.
عمر: وبالإضافة إلى ذلك، لا يفضل العمل ضمن فريق.

Yousef:

Omar:

GRADE 10 – UNIT SIX – VOCABULARY

A) From a, b, c or d, choose the most suitable word that best completes each of the following sentences:

1. Nature reserves play an important role in the of birds and animals.
a. conservation b. motivation c. nest d. extrovert
2. The doctor the award for his efforts in finding a cure for the virus.
a. competes b. deserves c. metabolises d. embellishes
3. The factory has been accused of discharging into the river.
a. seminar b. boutique c. effluent d. perception
4. The forest's are safeguarded by local wildlife protection laws.
a. fauna b. sensor c. extrovert d. teammate
6. in the eastern region includes over 7000 types of plants.
a. Fauna b. Flora c. Solarium d. Stamina
7. The project is expected to use approximately 500 of land.
a. sustenance b. mammals c. hectares d. toxins
8. The and other wetlands are protected by land conservation laws.
a. marshes b. saunas c. herbivores d. adversities
9. of immature fish has improved greatly by means of protection laws.
a. Hectare b. Propagation c. Sustenance d. Introvert
10. The refugees found a safe when they crossed the border.
a. stamina b. toxin c. sanctuary d. herbivore
11. The desert lacks because it rarely receives rainfall.
a. vegetation b. virtue c. feedback d. badminton
12. The FIFA organisation has set some strict rules to stop games.
a. aggressive b. gourmand c. cursive d. probiotic

13. winds were blowing, threatening to turn our boat upside down.
 a. Probiotic b. Cursive c. Gourmand d. Fierce
14. As a/an, the giraffe has wide teeth that are broad to chew tough plants.
 a. sustenance b. herbivore c. nest d. vegetation
15. Wild animals such as ostriches can be when threatened.
 a. probiotic b. cursive c. hostile d. gourmand
16. I'm really of having taken part in such a great project.
 a. hostile b. stubborn c. cursive d. proud
17. Don't try to persuade him! He is too to accept new ideas.
 a. stubborn b. proud c. hostile d. gourmand
18. Without enough, the animals will soon die in the desert.
 a. wasteland b. virtue c. sustenance d. toxin
19. After weeks of training, the stubborn dog became surprisingly
 a. wholesome b. tame c. organic d. atmospheric
20. I like to stay in this hotel because it is to a great shopping mall.
 a. adjacent b. probiotic c. vegetarian d. apprehensive
21. October is the time when farmers in Kuwait the plants in the garden.
 a. finance b. bed out c. appeal to d. deserve
22. The government has issued regulations for safe emissions of
 a. vegetation b. virtue c. sustenance d. carbon monoxide
23. We will hold a campaign in order to the shores of Kuwait.
 a. cleanup b. nest c. vegetation d. mammal
24. When I saw the fruit, I was excited about eating it.
 a. adjacent b. exotic c. probiotic d. vegetarian
25. The government the meeting for the protection of rare animals.
 a. financed b. fried c. steamed d. absorbed

26. The Internet is a/an communication network.
a. probiotic b. adjacent c. exotic d. global
27. It was that everyone understood the rules to avoid mistakes.
a. exotic b. imperative c. adjacent d. global
28. Bats are the only to have wings and can fly.
a. vegetations b. toxins c. mammals d. sanctuaries
29. If you look closely, you can see a bird's in that tree.
a. vegetation b. mammal c. malnutrition d. nest
30. Foxes love dense, as they can hide there in safety.
a. vegetation b. cleanup c. fauna d. propagation
31. Recent tests on shellfish show that the levels have increased.
a. toxin b. wasteland c. hectare d. mammal
32. The area was a/an except for some grazing sheep.
a. virtue b. wasteland c. herbivore d. neurologist

B) Fill in the spaces with the most suitable words from the list below:

(adjacent / on behalf of / bedded out / fenced off / mammals / global)

33. He spoke his colleagues at the graduation party.
34. The surgeon's office building was to the hospital building.
35. White whales are among the most endangered in the world.
36. The area was to prevent poachers from entering the nature reserve.
37. Technology has turned the world into a/an village.

B) Fill in the spaces with the most suitable words from the list below:

(proud / marsh / stubborn / deserved / herbivore / financed)

38. Look at your dirty shoes. You have must walked in a!
39. My brother and I sometimes argue because we are both
40. Offering meat to a/an cannot be normal because it only eats plants.
41. I'm so that my son has been chosen for the national team.
42. He the Nobel Prize because he is an outstanding scientist.

GRADE 10 – UNIT SIX – GRAMMAR

A) From a, b, c or d, choose the most suitable answer:

1. I'm thirsty, I need water, please.
a. few b. some c. any d. many
2. I was able to save money lately.
a. few b. many c. any d. much
3. How floors are there in this building?
a. few b. many c. any d. some
4. Luckily, people were injured in the horrible accident.
a. any b. little c. few d. many
5. How luggage do you have, sir?
a. much b. some c. any d. many
6. There isn't sugar in my tea. Can you give me some?
a. few b. some c. any d. many
7. I need only amount of money, I have some.
a. few b. little c. any d. many
8. There aren't car parks in the centre of Oxford.
a. few b. some c. any d. much
9. I'm very hungry. I all day.
a. have eaten b. haven't eaten c. have been eating d. has eaten
10. Our kitchen is a mess. We any cleaning for weeks.
a. didn't do b. haven't been doing c. has doing d. have done
11. We have discovered this great café and we there a lot.
a. have been going b. gone c. are going d. has gone
12. How's your Mum? I her for ages.
a. hasn't seen b. haven't seen c. saw d. didn't see

13. She's gone to the doctor's appointment. She too well lately.
 a. hasn't felt b. is feeling c. has felt d. hasn't been feeling
14. I have to write an essay. I about half of it so far.
 a. have been writing b. written c. have written d. write
15. Our teacher us English since 2018.
 a. has taught b. taught c. teaching d. has been teaching
16. Have you got CDs with you?
 a. little b. a little c. any d. much
17. How books do you have?
 a. many b. much c. often d. old
18. Salem doesn't have friends.
 a. some b. much c. any d. few
19. We need bread for today.
 a. a little b. a few c. any d. too
20. How tea have we got?
 a. many b. much c. often d. old

B) Do as required between brackets:

21. Our Institute (**become**) famous since 1984. **(Correct the verb)**
 a. Our Institute becomes famous since 1984.
 b. Our Institute has become famous since 1984.
 c. Our Institute will become famous since 1984.
22. My sister has been studying medicine (**since**) 5 years. **(Correct)**
 a. My sister has been studying medicine after 5 years.
 b. My sister has been studying medicine for 5 years.
 c. My sister has been studying medicine before 5 years.
23. I only need a (**few**) time to get ready. **(Correct)**
 a. I only need a many time to get ready.
 b. I only need a little time to get ready.
 c. I only need a much time to get ready.

24. She (**work**) with us since last May.

(Correct the verb)

- a. She has been working with us since last May.
- b. She has worked with us since last May.
- c. She will work with us since last May.

25. There are 30 students in my class.

(Ask a question)

- a. How many students are there in your class?
- b. How much students are there in your class?
- c. How many students there are in your class?

GRADE 10 – UNIT SIX – LANGUAGE FUNCTIONS

Write what you would say in the following situations:

1. Your brother does dangerous actions to attract the attention of his mates.

.....

2. I really like the way our teacher treats us.

.....

3. Your friend has a placement test tomorrow.

.....

4. Your sister always throws her old things away.

.....

5. One of your relatives gives you a new mobile phone for your birthday.

.....

6. Your brother is looking out of the car window while it is moving.

.....

7. You came to the classroom late. Your teacher was very angry.

.....

8. A friend of yours does not want to study or go to school.

.....

9. Your friend wants to start a new company and needs your help.

.....

10. Your brother passed his driving test.

.....

GRADE 10 – UNIT SIX – SET BOOK QUESTIONS

Answer the following questions:

1. What benefits does Al-Jahra Pools Nature Reserve provide for the region?

.....

.....

2. What makes Al-Jahra Pools Nature Reserve in Kuwait the best bird watching sites?

.....

.....

3. How can governments or the WWF prevent wildlife from destruction?

.....

.....

4. How important do you think it is for countries to protect wild birds?

.....

.....

5. What has Kuwait done to protect wildlife?

.....

.....

6. Why has Al Jahra Nature Reserve become an important sanctuary for birds and animals?

.....

.....

7. How does Al Jahra Pools Nature Reserve offer protection for birds?

.....

.....

GRADE 10 – UNIT SIX – EXPOSITORY WRITING

Write on the following topic: (Expository)

Saving endangered species is a noble task.

Plan and write an essay of not less than 12 sentences (140 words), about the main dangers that face animals and birds worldwide and how to save endangered species.

NB: Your writing should include an Introduction, two-body paragraphs, and a conclusion.

Outline

Introduction:

.....

.....

Body:

Paragraph 1:

.....

.....

.....

Paragraph 2:

.....

.....

.....

Conclusion:

.....

.....

Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
20	40	10	10	10	10	100

« BACK

GRADE 10 – UNIT SIX – READING COMPREHENSION

Read the following passage carefully, and then answer the questions below:

The village seems almost unchanged. A large area of green vegetation goes around the villagers' homes. Through the trees, you can still see in the main street the same shops that were there when you and I went away. Most of the older villagers have been happy enough to spend their whole lives here. Now, of course, they are used to the place, so they do not want to live away or travel far.

But for many young people, life here is not varied enough to satisfy them. Their parents tell them that city life is very hard and is too **competitive** to suit them, but the young men and women believe that conditions in the country are too limited to offer them opportunities for making a good living. Their parents naturally want to keep them. **They** say work on the land is peaceful. They are very friendly with their neighbours. They share their joys and sorrows. They help each other in misfortune. They are never lonely.

Very often the young men and women do not listen to them. The city has too many attractions to offer, with its busy streets, fine shops, bright lights, cinemas, and other entertainment. Many young villagers earn quite enough money in the city to have a comfortable life. However, they do not know how difficult it is to get to work, and what temptations await them. Some succeed, but many more fail. Also, life in the big city is fast-paced, fun, and exciting, but the cost of living is typically higher in big cities, and it can cost you a lot of money to rent a small apartment in a decent area of the city.

Although diversity is a good thing, the number of people can be a bit overwhelming if you are not accustomed to it. There will always be crowds and people around. Some people enjoy this, while others prefer the peace and quiet of a small town. There is always more crime in a big city, causing you to second-guess your decision to live in a big city. You are much more likely to be a victim of a crime living in a big city than in a small town. However, many people still prefer to stay in the city and say they couldn't live anywhere else.

A) From a, b or c, choose the correct answer:

1. The best **title** for the passage could be:
 - a. City and Village Life
 - b. Old Village People
 - c. City Attractions
 - d. Young and Old People

2. The underlined word "**they**" in the **2nd** paragraph refers to:
 - a. young men and women
 - b. parents
 - c. villagers
 - d. people

3. The underlined word "**competitive**" in the **4th** paragraph means:
 - a. difficult
 - b. ambitious
 - c. interesting
 - d. easy

4. According to the passage, the different attractions of the city are:
 - a. green vegetation around all houses.
 - b. cinemas and other entertainment.
 - c. narrow dark streets.
 - d. peace and quietness

5. According to the passage, all the following statements are **NOT TRUE** except:
 - a. Young villagers leave because life in the village is not varied enough.
 - b. Because the conditions in the city are too limited.
 - c. Because the city seems almost unchanged.
 - d. All people prefer to stay in the city.

6. The writer wrote the article to show:
 - a. the differences between generations.
 - b. the enlargement of modern cities.
 - c. the attractions or difficulties one faces in a city.
 - d. young people prefer to stay in the village.

B) Answer the following questions:

7. What are the benefits of staying in the village?

.....

.....

8. Why are the older villagers happy enough to spend their whole lives in the village?

.....

.....

GRADE 10 – UNIT SIX – SUMMARY MAKING

Read the following passage, then do as required:

Many health experts call the problem of kids not spending enough time outdoors “nature deficit” disorder. Doctors believe that is because being outdoors stimulates the mind more than sitting around indoors. Even those who usually spend a lot of time outdoors notice a difference when they don’t get enough green time. Studies by Cornell University environmental psychologist Nancy Wells show that kids who have easy access to nature areas cope with stress better. Also, they adapt faster when they move to a new place and fight less with family members. In addition, the studies indicate that kids who move to places with more greenery space do better at school and that spending time outside helps improve symptoms for kids with depression and ADHD.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"What are the benefits of spending time in nature areas?"

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT SIX – TRANSLATION

Translate the following into good English:

علي: من المهم أن تحمي الدول الحيوانات والطيور البرية في العالم الحديث.
خالد: هناك العديد من التهديدات لوجود الحيوانات.

Ali:

Khalid:

سارة: محمية الجهراء الطبيعية احدى المحميات التي أسسها دولة الكويت للعناية بالحيوانات والطيور النادرة.
منى: إذا كنت ممن يهتم بحماية الحياة البرية فمحمية الجهراء الطبيعية تستحق دعمك.

Sara:

Mona:

« BACK

الزمن: ثلاث ساعات

التوجيه الفني العام للغة الإنجليزية

امتحان الصف العاشر- نهاية الفترة الدراسية الأولى 2025 - 2026

المجال الدراسي: اللغة الأجنبية الأولى (الإنجليزية)

محتوى الامتحان: (المفردات - القواعد - الوظائف اللغوية - أسئلة الكتاب المقرر - التعبير - الاستيعاب المقروء والتلخيص - الترجمة)

Total (420 Marks)

I. VOCABULARY (50 Marks)**A) From a, b, c or d, choose the most suitable word that best completes each of the following sentences: (5 x 5 = 25 marks)**

1. My grandfather's health has improved a lot since he started taking this vitamin
a. influx b. supplement c. discourse d. virtue
2. Most people like to hear the word "Birthday"; it always happiness in them.
a. evokes b. covers c. observes d. absorbs
3. The number of nerve cells in the brain makes it the most organ of the body.
a. inspirational b. atmospheric c. spacious d. convoluted
4. My elder brother was.....as a software engineer in a big computer company.
a. employed b. combated c. metabolised d. drilled
5. Earthquake victims were living in tents in the city's parks facing a lot of.....
a. council b. creed c. adversity d. arcade

B) Fill in the spaces with the most suitable words from the list below: (5 x 5 =25 marks)**richly / apprehensive / slightly / able-bodied / conduct / simulate**

6. It is surely the duty of the members in a society to help those who are weak.
7. My brother was so about his job interview that he couldn't sleep well.
8. I always buy top quality products even if they were more expensive.
9. The national football team was rewarded for their great performance.
10. Some researchers refuse to scientific experiments on animals.

A) From a, b, c or d, choose the correct answer that best completes each of the following sentences: (4 x 5 =20 marks)

11. bags should be recycled for the sake of our environment.
- a. Black small plastic b. Small black plastic
- c. Plastic small black d. Plastic black small
12. In Britain, most people don't work..... Sundays.
- a. at b. in
- c. on d. for
13. I like living in the countryside, it's..... than living in a town.
- a. more peaceful b. peaceful
- c. most peaceful d. the most peaceful
14. My uncle has been very busyhe came from holiday
- a. yet b. for
- c. ago d. since

B. From a, b, and c, choose the correct answer as required: (4x 5= 20 marks)

15. When you use more electricity, you will pay more money. (**Begin with “The more...”**)
- The more electricity you use, the more money you will pay.
 - The more electricity you use, the more you will pay money.
 - The more electricity you use, the money more you will pay.
16. It started raining at 5 o'clock in the morning. (**Ask a question**)
- When does it start raining?
 - When did it start raining?
 - When will it start raining?
17. My sister (**watch**) television when the phone rang. (**Correct the verb**)
- My sister watches television when the phone rang.
 - My sister was watching television when the phone rang.
 - My sister is watching television when the phone rang.
18. I live in a flat with three bedrooms. (**Use a compound adjective**)
- I live in three-bedrooms flat.
 - I live in a three-bedrooms flat.
 - I live in a three-bedroom flat.

III. LANGUAGE FUNCTIONS (40 Marks)**Write what you would say in the following situations: (4 x 10=40 marks)**

19. A friend of yours wants to know your plans for the next mid-year holiday.

.....

20. Your younger brother is fond of watching scary movies.

.....

21. Your friend wants to join the Police Academy, but he is overweight.

.....

22. Your father refuses to let you go camping with your friends.

.....

Any reasonable response is to be accepted.

IV. SET BOOK QUESTIONS (30 Marks)**Answer only (THREE) of the following questions: (3X10=30 marks)**

23. Why should we eat homemade meals and avoid fast food?

.....

.....

24. What has Kuwait done to further the culture of peace?

.....

.....

25. Why is the National Assembly Building in Kuwait a famous building worldwide?

.....

.....

26. What is the importance of the Paralympics?

.....

.....

V. WRITING (100 Marks)**Write on the following topic: (Expository)****Every decision you make has an effect on the health of our planet.****Plan and write an essay of not less than 12 sentences (140 words) about the dangers that animals face and the actions that should be taken to protect wildlife.****Outline****Introduction:**

.....

.....

.....

Body:**Paragraph (1)**

.....

.....

.....

.....

Paragraph (2)

.....

.....

.....

.....

Conclusion:

.....

.....

.....

[illegible]94

VI. READING COMPREHENSION (80 Marks)

Read the following passage carefully, then answer the questions below:

If you're feeling down or mentally tired, your phone – which is probably always on and in your hand – might be the problem. A new study has linked feelings of worry, anger, or depression with growing use of smartphones and other devices.

As smart as phones may be these days, teens basically don't know when to stop. To protect your mental health, experts say you must develop ways of **diminishing** their usage. Cleverly, that involves limiting notifications, deleting some applications, or simply turning smartphones off.

Jean Twenge, psychology professor at San Diego State University, has written a lot on young people and mental health. She recently released a study that shows a link between the use of smartphones and growing rates of depression among teens. The study revealed that teens feelings of sadness and negative thoughts had gone up by 12 per cent between 2010 and 2017. Nearly half of the teens who spend five or more hours a day on a smartphone have mixed feelings of anger and sadness compared to 28 per cent of those who spend less than an hour a day on a device.

‘These days, teens can never just step away from social media’, said Brian Nolan, a social worker at a secondary school in the US state of Illinois. When your parents were at school they could go out with their friends during the day, and they would relax with their family at night. There was balance. But smartphones don't give that break. The continuous fear of missing out, or the need to feel included, keep teens connected. ‘A recent study shows that we touch **them** about 2,500 times a day on average. To tell a student you can't use it is the same as saying you can't eat. That may sound extreme but that's the reality’, Nolan said.

School social workers, as well as health experts at hospitals, confirm they are seeing a rise in signs of depression and worry among teens. But they also say, there are things teens, their parents, and professionals can do to help lower the risks. They say that the best way to fight this is to discuss healthy ways to use smartphones.

A) From a, b, c or d, choose the correct answer: (6 x10= 60 marks)

27. The best title for the passage could be:
- Teens and Free Time
 - Technology and Schools
 - Smartphones and Notifications
 - Smartphones or Depression
28. The opposite of the underlined word **diminishing** in the 2nd paragraph is:
- spending
 - increasing
 - including
 - mixing
29. The underlined word **them** in the 4th paragraph refers to:
- parents
 - teens
 - smartphones
 - friends
30. A recent study shows that teens:
- prefer eating to using smartphones.
 - can step away from social media.
 - touch their smartphones about 2500 times a day.
 - can go out with their friends during the day and night.
31. One of the following statements is **NOT TRUE**:
- There are healthy ways to use smartphones.
 - Parents can do nothing about smartphones risks.
 - If you are feeling down your mobile might be the problem.
 - Jean Twenge released a study on young people and mental health.
32. The writer's purpose in writing this passage is to:
- explain the different uses of smartphones.
 - persuade people to use new applications.
 - inform readers about the positive uses of smartphones.
 - show the link between using smartphones or depression.

B. With reference to the passage, answer the following questions: (2x10=20 ms)

33. How can you avoid the negative effects of using smartphones?

.....

.....

34. Why do teens keep connected to their smartphones all the time?

.....

.....

VII. SUMMARY MAKING (60 Marks)**Read the following passage then do as required:**

The bicycle has gone through one full circle of development already. It began as a toy for rich people. Then it was a means of transportation. Now, the bicycle is becoming popular as a means of transportation once more.

There are several reasons for the new popularity of bicycles. They save fuel that cars use. Another reason is the need to keep the environment clean. The third reason is a desire for exercise. The last reason is that they decrease stress levels. Americans are one group of people who are leaving their cars at home.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the above passage in answer to the following question:**What are the reasons for the new popularity of bicycles?**

.....

.....

.....

.....

.....

.....

Rubrics	Content/ Relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

VIII. TRANSLATION**Translate the following into good English: (2x10= 20 marks)**

أحمد: لقد كانت دولة الكويت الدولة الأولى في منطقة الخليج اهتماماً بالمعاقين.
فهد: هذا صحيح فقد أسست نادياً رياضياً لهم عام 1977.

Ahmed:

Fahd:

End of Exam
Best of Luck

« BACK