

تم تحميل هذا الملف من موقع المناهج البحرينية



الملف فقرات اللغة الانجليزية

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روابط مواقع التواصل الاجتماعي بحسب الصف السادس



روابط مواد الصف السادس على تلغرام

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### A visit to the museum

Last week, our teacher took us on a school trip to the Bahrain National Museum in Manama. It was amazing.

Our teacher chose where to go because we only had a couple of hours so we took a tour at the pearl-diving section. There, we knew about the history of pearl diving and we saw some of the tools and equipment used by pearl divers. We also knew about what life was like for them. We learnt about how to look for oysters which contain pearls too. We also learnt some interesting facts about natural pearl.

We had a great time. Don't miss this place if you ever visit Bahrain. It's a wonderful place.

### How to stay healthy

Do you want to be healthy, fit and in shape? So here are some tips for you.

Firstly, you should eat a healthy diet. Make sure you eat vegetables and plenty of fruit. You shouldn't eat sweets, chocolate or crisps all day.

Secondly, you should drink lots of water and milk. You shouldn't drink fizzy drinks because they contain lots of sugar that can harm you.

Finally, you should take lots of exercise like playing sports. You can join a club or play with your friends in the park. Regular exercise makes you feel stronger and gives you more energy.