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Manama is the largest city in Bahrain. It has a population of about 250,000 people and it is located in the north of Bahrain. It is the capital and the most important centre for business as well.

Famous sights include King Fahad Causeway; one of the longest and the most expensive bridges in the world that links Bahrain with Saudi Arabia, as well as some ancient buildings like Bahrain Fort, Al Khamis Mosque and Shaikh Isa's House. There are also modern buildings like hotels and malls as well as some parks. But the most famous sights in Manama are the sea the Souq of Bab El Bahrain.

If you are in Manama, you can do many activities. If you are interested in sport, you can do many water sports, in addition to other famous indoor and outdoor sports so the best time to visit Manama is the summer, it is hot and will be amazing to practice the popular water sports like swimming, diving and windsurfing. If you are interested in historical places, you can visit the National Museum, ancient forts and buildings. If you like going out, you will find many interesting places like malls, cinemas, coffee shops and international restaurants.

Unit : 2A Reflective Blog

3rd March

At the moment, I'm having a sunbath with my family on the Beach of Amwaj Island. It is sunny and the weather is pretty good. The gold sparkling sand is so fantastic. I like building up sand castle with my little sister. In the afternoon, we play volleyball, but my parents prefer surfing the net for news and solving puzzles. To be honest, I never try to swim before and this makes me unsatisfied. In the end, my elder brother managed to make me swim well.

5th March

This is our fourth day on holidays. We had our breakfast at about ten am after that we watched an action movie. Next, I played a chess game with my father. In fact, I enjoyed playing chess gradually as it develops my mental skills. In the evening, I read some comics as I'm a keen reader. My mother made chicken grill which was so delicious. Moreover, she made Broccoli salad, but no one ate it.

8th March

This is our final day on the island. I get up very early and sit alone on the beach hearing the sound of the sea which arouses a feeling of sadness to leave that fantastic place. Every morning, we sit in front of the sea enjoying the pure blue water and the fresh air. A lunch time, mum prepared roasted fish and rice. Then I help my mum to pack our luggage for leaving. Frankly, our stay in that wonderful island is unforgettable experience for me.

أم محمد الماجد

"Home Alone" is one of the most exciting and enjoyable films I have ever seen. The star and main character in the film is "Macaulay Culkin", a child of 8 years old. It is an American, comedy film directed by "John Hughes".

The film tells the story of a child living with his big family. His parents, brothers and sisters forget him and travel to another state to celebrate the New Year. When he is at home alone, two men try to get into the house to steal and rob it. The boy is so clever and he can cause a lot of problems to them in different situations. They couldn't steal anything.

The moral of the film is that you can use your mind and your best to defend yourself and possessions. Do not be afraid of anyone whatever strong he is.

There are a lot of actors and actresses in the film, but I enjoyed Macaulay's acting very much. Anyone who likes comedy films will enjoy "Home Alone" very much.

Unit : 4Writing a letter to a friend

Dear Mohammed.

How are you? I hope you're fine. This is Ahmed Ali. Remember me? We were good friends at Manama Primary School. Right?

Anyway, what're you doing now? Are you studying or working? Where are you doing so? Are you married or not yet?

I'm studying computer at Bahrain University. You know I've always been interested in computers. I want to be a computer programmer. Do you remember Ali Hassan? He's studying with me in the same section. We're best friends now. I don't play football anymore. I enjoy reading and swimming.

Well, I have to stop now as I'm having an exam tomorrow. Write to me soon.

Best wishes,

Yours,
Ahmed

Unit: 5A Traditional Market

There is a market every day in the main square of my town. It is a traditional market that is held in the street where people can find all their needs for low prices. Many of the market stalls sell fresh meat and fish that are produced locally. Other stalls sell vegetables and fruit from the local farms.

A few stalls sell flowers plus plants for people's gardens. In some stalls you can buy clothes and shoes, but they are not very good. They are unfashionable and expensive, too. My favourite stall sells nice sweets and cakes. I like the cakes a lot because they are home-made. You can also buy second-hand cameras and cheap DVDs.

I really enjoy shopping in this market as I often find good bargains, so I always go there as long as I have free time, sometimes alone, other times with my friends.

أم محمد الماجد

A description of a natural feature.

Ain Adhari

Ain Adhari is one of the most famous natural springs, not only in Bahrain but also in all the Gulf countries and the Arab world. It is the largest and deepest freshwater spring which is located two miles from the city of Manama. It was considered as a tourist landmark for all visitors to Bahrain.

Many families used to come to Ain Adhari to enjoy its cool gushing water and picnic under the natural sunshade from the surrounding date palms. It was also used as a washing site for women who came from all over the island with bundles of clothes and did their washing using the natural channels of the spring.

However, one cannot forget the fact that Ain Adhari seemed to be the source of existence for not only people but animals, birds and reptiles like frogs and turtles that made their homes in the channels. Also it was home for about 300 species of fish.

The Ministry of Municipalities and Environmental Affairs realised the great loss of Ain Adhari and started thinking positively, trying to pump life into the park once again. A team of architects have started an ambitious project to bring to life the legendary spring that had been Bahrain's landmark for ages but dried up about 10 years ago.

أم محمد الماجد

(6) What Makes You Proud of Your Society?

What can I say about my society? I am proud to be a member of it for many reasons. For example, our education system, our medicine and health care system, arts, science, etc. What to choose? It is so difficult to decide.

However, two things make me most proud of my society today. First, our society has become very multicultural, so you can see people of many different races, colours and religions. These people all live and work side by side and are treated with warm welcome and hospitality everywhere in the country. I think it is a great example of how people can come together and create a mixed, peaceful society.

The second thing that makes me proud of my society is its educational system. Bahrain has developed its education and it is changing in order to better prepare students for future careers. Bahrain has become one of the top countries in the field of education thanks to using technology, the professional teachers and the highly equipped schools and universities.

To sum up, because of these things, I feel proud of my society today and see a positive future for it. We should do our best to make it better and better.

أم محمد الماجد