#### شرح زمن الحاضر التام المستمر continuous perfect Present مع تدرببات





#### تم تحميل هذا الملف من موقع المناهج الإماراتية

موقع المناهج ← المناهج الإماراتية ← الصف السابع ← لغة انجليزية ← الفصل الأول ← ملفات متنوعة ← الملف

تاريخ إضافة الملف على موقع المناهج: 00:07:11 2025-11-09

ملفات اكتب للمعلم اكتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي ا للمدرس

المزيد من مادة لغة انجليزية:

#### التواصل الاجتماعي بحسب الصف السابع











صفحة المناهج الإماراتية على فيسببوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

المزيد من الملفات بحسب الصف السابع والمادة لغة انجليزية في الفصل الأول	
اختبار تجريبي على شاكلة الاختبار النهائي	1
كل ما يخص دروس القواعد التي يجب على الطالب فهمها	2
ملخص زمن المضارع التام المستمر (Continuous Perfect Present)	3
ملخص زمن المضارع المستمر (Continuous Present)	4
ملخص قاعدة صفات التفضيل (Adjectives Superlative)	5

# PRESENT PERFECT CONTINUOUS

#### Present Perfect Continuous Tense

S + have/has + been + V-ing

They have been learning English for 2 years.

S + have/has + not + been + V-ing
They have not been learning English for 2 years.

? Have/has + S + been + V-ing
Have they been learning English for 2 years?

Usage

Example

Express long actions that started in the past and continue until now

I've been living in Ireland for almost 4 years.

Express recent actions that have clear evidence or results now

Her eyes are red because she's been crying all evening.

Typically used for shorter, more temporary situations

Have they been learning English this week?





### Present Perfect Continuous Tense

The present perfect continuous tense describes actions or situations that started in the past, continue in the present, and may continue into the future, using "has/have been" + present participle (-ing).

+

Structure: S + has/have been + verb (-ing)

Example: I have been studying.



Structure: S + has/have not been + verb (-ing)

Example: She has not been feeling well.

?

Structure: Has/Have + S + been + verb (-ing)

Example: Have they been waiting?

#### **Usage**

Usage	Example	
Ongoing Action	She has been studying all morning.	
Emphasizing Duration	They have been working for two hours.	
Recent Completion	He has been fixing the car all afternoon.	
Irritation/Annoyance	They have been playing loud music all night.	





<ul> <li>I'm exhausted became</li> <li>a. am driving</li> <li>b. have been driving</li> </ul>	
•c. drove	- In i
•The garden looks m	uddy. It since yesterday afternoon.
•a. is raining	
•b. has been raining	
<ul><li>c. rained</li></ul>	
•They	to improve their English for five months now.
<ul><li>a. are trying</li></ul>	
•b. have been trying	
•c. try	
·How long	waiting for the concert to start?
<ul><li>a. are you</li></ul>	
<ul><li>b. have you been</li></ul>	
• c. did you	

•
E

Feature	Present Continuous (I am reading)	Present Perfect Continuous (I have been reading)
Start Time	Action started <b>just before or right now</b> .	Action started <b>in the past</b> (often with <i>for</i> or <i>since</i> ).
Duration/Time	Focus is on the action happening at the moment of speaking.	Focus is on the <b>duration</b> of the action up to the present moment.
Completion	The action is <b>in progress</b> and is definitely not finished.	The action may still be happening OR may have just finished (with a result now).
Key Phrase	Now, right now, at the moment, today.	For (an hour), since (10 o'clock), lately, recently.

#### **Key Words for Tenses**

#### **Present Continuous (Focus on the Present)**

These words usually indicate an action happening at the moment of speaking or around the present time.

- •Now
- Right now
- •At the moment
- •Today (can overlap, but often suggests an ongoing temporary action)
- •Look! (Often used at the start of a sentence)
- Listen! (Often used at the start of a sentence)
- Currently

#### **Present Perfect Continuous (Focus on Duration, Linking Past to Present)**

These words usually indicate that the action **started in the past** and has continued up to the present, focusing or the duration or time period.

- •For (a duration: for two hours, for three weeks, for a long time)
- •Since (a starting point: since Monday, since 2020, since I was a child)
- Lately
- Recently
- •All day/week/morning
- •How long? (Used in questions)

## QUIZ (PRESENT PERFECT CONTINUOUS VS PRESENT CONTINUOUS

1.My cousin French lessons lately because he wants to travel to Paris no	ext
year.	
a. takes	
b. is taking	
c. has been taking	
2. Please turn off the TV! I to hear the announcement right now.	
a. am trying	
b. have been trying	
c. try	
3.The children are exhausted. They football in the park <b>for</b> three hours.	
a. are playing	
b. b. play	
c. c. have been playing	
1.Look! The taxi outside the building; we need to hurry! a. has been wa	iting
2. b. is waiting	
3.c. waits	

## QUIZ (PRESENT PERFECT CONTINUOUS VS PRESENT CONTINUOUS

1.She her final paper <b>all day</b> , so she can't come to dinner tonight.
a. is writing
b. has been writing
c. wrote
1.We at our current office since 2018.
a. are working
b. b. have been working
c. c. worked
1.He usually reads novels, but <b>today</b> he a history book (temporary
action). a. has been reading
b. Reads
c. is reading
1. They can't finish the roof <b>now</b> because it heavily <b>for</b> the past hour.
a. is raining
b. has been raining
c. rained