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# Academic Year 2026-2027: ENGLISH SUMMER CAMP

Future Grade 12 students

High school students

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skills covered:

- Reading
- Writing
- Grammar
- Vocabulary



# Essay Writing Guide

*Lesson 1 — Writing a Strong Introduction*

### 1. Understand the Prompt

- Read the question carefully.
- Identify the type of essay.

| Essay Type | Purpose |
|---|---|
| **Opinion Essay** | Give your opinion and support it with reasons. |
| **Discussion Essay** | Discuss different viewpoints before giving a conclusion. |
| **Problem–Solution Essay** | Explain a problem and suggest possible solutions. |
| **Descriptive Essay** | Describe a person, place, event, or experience in detail. |

### 2. Plan Before Writing

Spend 3–5 minutes planning your ideas before writing.

#### Essay Structure

- Introduction — paraphrase the topic; introduce the main idea or position.
- Body Paragraphs — one main idea per paragraph, including explanation, supporting details, and examples.
- Conclusion — restate the main idea and summarize the key points.

### 3. Use a Clear Structure

**Introduction** — *Introduce the topic and state the main idea.*

> *Many people believe that regular exercise is important for maintaining good health. This essay will discuss the benefits of physical activity and its impact on daily life.*

**Body Paragraphs** — *Structure: Topic sentence → Explanation → Example*

> *One major benefit of exercise is improved physical health. Regular physical activity strengthens the heart, muscles, and immune system. For example, people who exercise consistently are less likely to develop lifestyle-related diseases.*

**Conclusion** — *Summarize the essay and reinforce the main idea.*

*In conclusion, exercise offers numerous physical and mental benefits. Therefore, it should be an important part of everyone's daily routine.*

### 4. Stay on Topic

- Every sentence should support your main idea.
- Include only relevant information.
- Avoid unrelated examples and unnecessary details.
- Make sure each paragraph focuses on one central point.

### Transition Words

Transition words help connect ideas and improve the flow of writing.

### A. Adding Information

| Transition Word | Example |
|---|---|
| **and** | She studies hard and participates in sports. |
| **also** | She also volunteers in her community. |
| **in addition** | In addition, she helps her classmates. |
| **moreover** | She studies hard. Moreover, she works part-time. |

### B. Giving Examples

| Transition Word | Example |
|---|---|
| **for example** | Many sports, for example football, improve fitness. |
| **for instance** | For instance, walking daily can improve health. |
| **such as** | Fast food, such as burgers and fries, is popular. |

### C. Showing Contrast

| Transition Word | Example |
|---|---|
| **but** | He is rich, but he is not happy. |
| **however** | He is rich. However, he is not happy. |
| **although** | Although it was raining, we went outside. |
| **on the other hand** | Some people prefer cities. On the other hand, others prefer villages. |

### D. Cause and Effect

| Transition Word | Example |
|---|---|
| **because** | We stayed home because it was raining. |
| **so** | It was raining, so we stayed inside. |
| **therefore** | He studied hard; therefore, he passed the exam. |
| **as a result** | She practiced daily. As a result, she improved quickly. |

### E. Sequencing Ideas

| Transition Word | Example |
|---|---|
| **first / firstly** | First, we gathered information. |
| **then** | Then, we organized our ideas. |
| **next** | Next, we wrote the first draft. |
| **finally** | Finally, we checked our work. |

### F. Concluding

| Transition Word | Example |
|---|---|
| **in conclusion** | In conclusion, exercise is essential for health. |
| **to sum up** | To sum up, technology has many benefits. |
| **overall** | Overall, the advantages outweigh the disadvantages. |

# Academic Essay Writing

## Introductions · Body Paragraphs · Conclusions

*A Comprehensive Lesson Guide for IELTS & Academic Writing*

Covers three complete lessons: writing effective introductions, structuring PEEL body paragraphs, and crafting strong conclusions — with formulas, model examples, vocabulary banks, templates, and practice tasks.

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# Lesson 1 — How to Write an Effective Introduction

### Learning Objectives

By the end of this lesson, students will be able to:

- Understand the purpose and structure of an introduction.
- Identify different types of essay introductions.
- Write effective opening sentences (hooks).
- Develop background information.
- Create clear thesis statements for different essay types.
- Apply introduction structures to various IELTS/academic writing topics.

### 1. What Is an Introduction?

An introduction is the first paragraph of an essay. It prepares the reader for the discussion by explaining:

1. What the topic is
2. Why the topic is important
3. What the essay will discuss

A successful introduction should be:

- Clear
- Relevant
- Brief (usually 10–15% of the total essay length)
- Connected to the essay question

**Worked Example**

**Question:** Some people think technology makes life easier, while others believe it creates problems. Discuss both views.

**Introduction:** Technology has become an essential part of modern life, influencing the way people work, communicate, and access information. While many individuals believe that technological developments have improved daily activities, others argue that they have created new challenges. This essay will discuss both perspectives before explaining why technology has had a mostly positive impact on society.

## 2. The Structure of an Introduction

A strong introduction usually follows this structure:

| Step | Content |
|---|---|
| Sentence 1 | Hook (general opening) |
| Sentences 2–3 | Background information |
| Sentence 4 | Thesis statement |
| Sentence 5 (optional) | Essay outline |

## Part 1 — Writing the Hook

### What Is a Hook?

A hook is the first sentence that introduces the topic and attracts the reader's attention. A hook should:

- Be related to the topic.
- Avoid very general statements.
- Create interest.

### Types of Hooks

**1. General Statement Hook**

The most common academic style. Formula: Nowadays / In recent years + topic + importance

> *Artificial Intelligence: In recent years, artificial intelligence has become one of the most influential technologies shaping modern society.*
> *Education: Education plays a crucial role in developing individuals and preparing them for future challenges.*
> *Climate Change: Environmental issues have become a major concern as the effects of climate change continue to impact the planet.*

**2. Historical Background Hook**

Use when the topic has changed over time. Formula: In the past, ____, but today ____.

> *Communication: In the past, people relied mainly on letters and face-to-face conversations to communicate, but today digital platforms have transformed human interaction.*
> *Transportation: For centuries, humans depended on traditional methods of transportation; however, modern technology has introduced faster and more efficient alternatives.*

### 3. Question Hook

Start with a question related to the topic.

> *Social Media: How has social media changed the way people interact with each other?*
> *Online Education: Can online learning provide the same quality of education as traditional classrooms?*

**Note:** *In formal academic writing, avoid answering the question directly. Use it only as an introduction technique.*

### 4. Definition Hook

Define an important concept.

> *Globalization: Globalization refers to the increasing connection between countries through trade, technology, and cultural exchange.*
> *Artificial Intelligence: Artificial intelligence is a technology that enables machines to perform tasks that usually require human intelligence.*

### 5. Surprising Fact Hook

Use an interesting fact or statistic.

> *Internet Use: The internet has connected billions of people worldwide, changing the way individuals work, study, and communicate.*
> *Health: Sedentary lifestyles have become increasingly common, contributing to rising health concerns around the world.*

## Part 2 — Writing Background Information

### What Is Background Information?

Background information gives the reader more context about the topic. It should explain:

- The current situation.
- Different opinions.
- Why the issue matters.

### Background Information Examples

> **Topic: Studying Abroad**
>
> **Hook:** Studying abroad has become increasingly popular among university students worldwide.
>
> **Background:** Many students choose international education because it provides opportunities to experience different cultures and improve career prospects. However, others argue that studying overseas can be expensive and challenging.
>
> **Thesis:** This essay will discuss the benefits and drawbacks of studying abroad.

**Topic: Working from Home**

**Hook:** Remote work has become a common feature of the modern workplace.

**Background:** Advances in technology have allowed employees to complete their tasks from different locations. Although some people believe working remotely increases productivity, others argue that it reduces social interaction.

**Thesis:** This essay will examine the advantages and disadvantages of working from home.

## Part 3 — Writing the Thesis Statement

### What Is a Thesis Statement?

A thesis statement is the final sentence of the introduction. It shows:

- The purpose of the essay.
- Your position/opinion.
- Main points.

### Introducing Your Essay

- This essay will discuss...
- This essay will examine...
- This essay will explore...
- This essay will analyze...

## Introduction Examples for Common Topics

### Topic 1: Technology

**Question:** Is technology making people less social?

**Introduction:** Technology has dramatically changed the way people communicate and interact with each other. Smartphones and social media platforms have made it easier for individuals to stay connected regardless of distance. However, some people argue that excessive reliance on technology has reduced face-to-face communication. This essay will discuss both the positive and negative effects of technology on social relationships.

### Topic 2: Education

**Question:** Should university education be free?

**Introduction:** Higher education is considered an important factor in personal and economic development. In many countries, students face significant financial challenges when pursuing university degrees. While some people believe that governments should provide free education for everyone, others argue that individuals should contribute to the cost. This essay will examine both sides of this debate.

### Topic 3: Environment

**Question:** How can individuals protect the environment?

**Introduction:** Environmental protection has become one of the greatest challenges facing the world today. Increasing pollution, climate change, and the loss of natural resources threaten the future of the planet. Although governments play a major role in solving environmental problems, individual actions are also essential. This essay will discuss several ways people can contribute to environmental protection.

### Topic 4: Health

**Question:** Why are people becoming less healthy?

**Introduction:** Maintaining good health has become increasingly difficult in modern society. Changes in lifestyle, including unhealthy diets and reduced physical activity, have contributed to various health problems. As a result, many individuals are searching for ways to improve their well-being. This essay will explore the main causes of unhealthy lifestyles and possible solutions.

### Topic 5: Social Media

**Question:** Is social media beneficial or harmful?

**Introduction:** Social media has become an unavoidable part of everyday life, influencing how people communicate, share information, and build relationships. While these platforms provide many advantages, such as instant communication and access to knowledge, they may also create problems related to privacy and mental health. This essay will discuss both the benefits and disadvantages of social media.

## Common Mistakes in Introductions

### Mistake 1: Repeating the Question

| ✗ Weak | ☑ Better |
|---|---|
| Exercise has many benefits. | Regular physical activity has become increasingly important for maintaining a healthy lifestyle. |

### Mistake 2: Giving Your Opinion Too Early

| ✗ Weak | ☑ Better |
|---|---|
| I think technology is good. | Technology has transformed many aspects of modern life, creating both opportunities and challenges. |

### Mistake 3: Writing a Very Long Introduction

Avoid including in the introduction:

- Examples
- Detailed explanations
- Statistics you will discuss later

### Mistake 4: Using Informal Language

| Avoid | Use Instead |
|---|---|
| Kids | Children |
| A lot of | Many |
| Things | Factors / issues |
| Good / bad | Beneficial / harmful |

## Useful Introduction Vocabulary

### Introducing a Topic

- Nowadays
- In recent years
- Over the past few decades
- In modern society
- In today's world

### Showing Importance

- A significant issue
- A growing concern
- A major challenge
- An essential aspect
- A crucial factor

### Showing Different Opinions

- There is ongoing debate about...
- Opinions are divided regarding...
- Some people argue that...
- Others believe that...

### Introducing Your Essay

- This essay will discuss...
- This essay will examine...
- This essay will explore...
- This essay will analyze...

### Introduction Writing Template

> *In recent years, ____ has become an increasingly important issue. This is because ____ has affected ____ in many ways. While some people believe that ____, others argue that ____. This essay will discuss ____ and explain ____.*

### Practice Tasks

Write introductions for these topics:

1. Technology — Many people believe artificial intelligence will replace human jobs. Discuss.
2. Education — Should students have homework every day?
3. Health — What can governments do to improve public health?
4. Environment — Plastic pollution is a serious problem. What solutions can be introduced?
5. Society — Is living in a big city better than living in the countryside?

## Final Checklist

Before submitting your introduction:

- ☐ Did I introduce the topic clearly?
- ☐ Did I avoid memorized phrases?
- ☐ Did I provide background information?
- ☐ Did I write a clear thesis statement?
- ☐ Does my introduction match the essay question?
- ☐ Is it approximately 40–60 words for IELTS Task 2?

ACADEMIC ESSAY WRITING

# Lesson 2 — How to Write a Strong Body Paragraph

*Expanded Edition — Fuller Explanations, More Worked Examples, More Practice*

## Learning Objectives

By the end of this lesson, students will be able to:

- Understand the purpose of a body paragraph in an academic essay.
- Master the PEEL structure: Point, Explanation, Example, Link.
- Write strong, focused topic sentences across a wide range of topics.
- Develop ideas using clear explanations and several different types of evidence.
- Write body paragraphs for five different essay types (opinion, advantages/disadvantages, problem/solution, discussion, cause/effect).
- Recognise and avoid common structural and content mistakes.

## 1. What Is a Body Paragraph?

A body paragraph is the main part of an essay. It develops and explains the ideas introduced in the thesis statement. A body paragraph should:

- Discuss one main idea only.
- Explain the idea clearly.
- Support the idea with examples or evidence.
- Connect back to the essay question.

A good essay usually has an Introduction, Body Paragraph 1, Body Paragraph 2 (and sometimes a third), and a Conclusion. A well-developed body paragraph is usually 80–120 words for IELTS Task 2 — long enough to explain and support one idea fully, but short enough to stay focused.

## 2. Structure of a Body Paragraph — the PEEL Method

| Letter | Stands For | Purpose |
|---|---|---|
| P | Point (Topic Sentence) | Introduces the main idea of the paragraph. |
| E | Explanation | Explains why the idea is true or important. |
| E | Example / Evidence | Supports the idea with a real or general example. |
| L | Link | Connects the paragraph back to the essay question. |

## 3. Building Each Part of PEEL — With More Examples

### 3.1 Point (Topic Sentence)

The first sentence introduces the main idea of the paragraph. It should answer: "What is this paragraph about?"

**Formula:** *Main idea + connection to the topic*

| ✗ Weak | ☑ Strong / Better |
|---|---|
| Exercise is good. | One of the main benefits of regular exercise is that it improves physical health. |
| Online learning is popular. | One significant advantage of online learning is that it provides students with greater flexibility. |
| Solar power is good. | One major benefit of switching to renewable energy is that it significantly reduces carbon emissions. |
| Cities are nice to live in. | One key advantage of living in a large city is the wide range of employment opportunities available. |
| Reading is useful. | One important benefit of reading regularly is that it strengthens vocabulary and critical thinking skills. |
| Working from home is convenient. | One notable advantage of remote work is that it allows employees to manage their time more effectively. |
| Traffic is a problem. | One serious consequence of traffic congestion is a significant increase in air pollution. |
| Homework is bad. | One drawback of assigning excessive homework is that it can reduce students' free time for other important activities. |

### 3.2 Explanation

The explanation answers: "Why is this idea important?" It should explain how something works, why it happens, or why it matters. A strong explanation usually takes 1–2 sentences and often uses phrases like this is because, this means that, or this can be attributed to.

| Topic | Point | Explanation |
|---|---|---|
| Online learning | One significant advantage of online learning is flexibility. | This is because students can access materials at any time and organise their study schedule around personal commitments such as work or family. |
| Renewable energy | One major benefit of renewable energy is reduced carbon emissions. | This is because solar and wind power generate electricity without burning fossil fuels, which are the main source of greenhouse gases. |
| Reading | Reading regularly strengthens vocabulary and thinking skills. | This is because exposure to varied sentence structures introduces new words naturally, while following complex plots trains logical reasoning. |
| Urban living | Large cities offer a wide range of employment opportunities. | This is because major companies and industries are concentrated in cities, creating jobs across many different sectors. |
| Homework | Excessive homework reduces students' free time. | This is because students who spend several hours each night on assignments have less time for rest, hobbies, and family, which are also important for wellbeing. |

### 3.3 Example / Evidence — Six Types You Can Use

Examples make your ideas convincing. Strong writers vary the type of evidence they use instead of relying on "for example" every time.

#### Personal / General example

A common, everyday example most readers will recognise.

- For example, many university students are able to balance their studies with part-time jobs by studying online.
- For instance, families in small apartments often struggle to find space for a home garden.

### Research-based example

Refers to studies or expert findings, without inventing exact statistics you cannot verify.

- Studies have shown that students who manage their time effectively often achieve better academic results.
- Research suggests that employees who work flexible hours report higher job satisfaction.

### Real-life / Historical example

Refers to a well-known event, trend, or period.

- For instance, during the COVID-19 pandemic, many institutions adopted online education successfully.
- For example, cities such as Amsterdam have reduced traffic congestion by investing in cycling infrastructure.

### Statistical example

Uses a general (not fabricated, precise) figure to add weight.

- A significant proportion of city dwellers, for example, commute using public transport rather than private cars.
- A growing number of households now rely on solar panels to reduce their electricity costs.

### Comparison example

Compares two situations to highlight the point.

- Compared to traditional classrooms, online courses allow students to revisit lectures as many times as needed.
- Unlike smaller towns, large cities typically offer a wider variety of specialised job roles.

### Hypothetical example

Describes a realistic "what if" scenario to illustrate the idea.

- If public transport were more affordable, many commuters would likely choose it over driving.
- Should schools reduce daily homework, students would have more time for extracurricular activities.

### 3.4 Link Sentence

The link sentence connects the paragraph back to the essay question. It often begins with therefore, thus, as a result, or consequently.

| Topic | Link Sentence |
|---|---|
| Online learning | Therefore, online learning can be an effective option for students who need a flexible approach to education. |
| Renewable energy | Therefore, renewable energy plays a vital role in reducing global carbon emissions. |
| Reading | Thus, regular reading is a simple but powerful habit for developing stronger language and thinking skills. |
| Urban living | As a result, large cities remain an attractive option for people seeking career opportunities. |
| Remote work | Consequently, remote work can improve employees' overall work-life balance. |
| Traffic congestion | Therefore, traffic congestion is a serious environmental issue that requires urgent action. |
| Homework | As a result, schools should carefully consider how much homework they assign each day. |

## 4. Complete Body Paragraph Bank

Six fully worked PEEL paragraphs across different topics, each broken down sentence by sentence.

### 4.1 Technology in Education

*Question: Some people believe technology improves education. Discuss.*

One major advantage of technology in education is that it provides students with easier access to information. This is because digital platforms allow learners to find educational resources quickly and study beyond the limits of traditional classrooms. For example, students can use online libraries, educational websites, and video lessons to improve their understanding of difficult subjects. Therefore, technology has made learning more accessible and convenient for students worldwide.

| Sentence | PEEL Function |
|---|---|
| One major advantage of technology in education is that it provides students with easier access to information. | Point |
| This is because digital platforms allow learners to find educational resources quickly and study beyond the limits of traditional classrooms. | Explanation |
| For example, students can use online libraries, educational websites, and video lessons to improve their understanding of difficult subjects. | Example |
| Therefore, technology has made learning more accessible and convenient for students worldwide. | Link |

### 4.2 Renewable Energy

*Question: What are the advantages of using renewable energy sources?*

One major benefit of renewable energy is that it significantly reduces harmful carbon emissions. This is because sources such as solar and wind power generate electricity without burning fossil fuels, which are the main cause of air pollution and climate change. For instance, countries that have invested heavily in wind farms, such as Denmark, now produce a large share of their electricity without relying on coal. Therefore, expanding the use of renewable energy is essential for protecting the environment.

| Sentence | PEEL Function |
|---|---|
| One major benefit of renewable energy is that it significantly reduces harmful carbon emissions. | Point |

| Sentence | PEEL Function |
|---|---|
| This is because sources such as solar and wind power generate electricity without burning fossil fuels, which are the main cause of air pollution and climate change. | Explanation |
| For instance, countries that have invested heavily in wind farms, such as Denmark, now produce a large share of their electricity without relying on coal. | Example |
| Therefore, expanding the use of renewable energy is essential for protecting the environment. | Link |

### 4.3 Urban Living

*Question: Is living in a big city better than living in the countryside?*

One key advantage of living in a big city is the wide range of employment opportunities available. This is because major companies and industries tend to be concentrated in urban areas, creating a higher demand for workers across many different fields. For example, someone seeking a career in finance, technology, or the arts is far more likely to find suitable positions in a large city than in a small rural town. Consequently, cities remain an attractive destination for people building their careers.

| Sentence | PEEL Function |
|---|---|
| One key advantage of living in a big city is the wide range of employment opportunities available. | Point |
| This is because major companies and industries tend to be concentrated in urban areas, creating a higher demand for workers across many different fields. | Explanation |
| For example, someone seeking a career in finance, technology, or the arts is far more likely to find suitable positions in a large city than in a small rural town. | Example |
| Consequently, cities remain an attractive destination for people building their careers. | Link |

### 4.4 Homework (Disadvantage)

*Question: Should students have homework every day?*

One drawback of assigning homework every day is that it can significantly reduce students' free time. This is because learners who spend several hours each evening completing assignments have little time left for rest, hobbies, or family activities, all of which are important for a balanced lifestyle. For example, students who are overloaded with homework often report higher stress levels and reduced motivation to study. Therefore, schools should carefully consider how much homework they assign on a daily basis.

| Sentence | PEEL Function |
|---|---|
| One drawback of assigning homework every day is that it can significantly reduce students' free time. | Point |
| This is because learners who spend several hours each evening completing assignments have little time left for rest, hobbies, or family activities, all of which are important for a balanced lifestyle. | Explanation |
| For example, students who are overloaded with homework often report higher stress levels and reduced motivation to study. | Example |
| Therefore, schools should carefully consider how much homework they assign on a daily basis. | Link |

### 4.5 Reading Books

*Question: What are the benefits of reading books regularly?*

One important benefit of reading books regularly is that it strengthens both vocabulary and critical thinking skills. This is because exposure to varied sentence structures and new words allows readers to naturally expand their vocabulary, while following complex plots and arguments trains logical reasoning. For instance, students who read widely often perform better in writing and comprehension tasks than those who rarely read. Thus, encouraging regular reading can have a lasting positive impact on academic performance.

| Sentence | PEEL Function |
|---|---|
| One important benefit of reading books regularly is that it strengthens both vocabulary and critical thinking skills. | Point |
| This is because exposure to varied sentence structures and new words allows readers to naturally expand their vocabulary, while following complex plots and arguments trains logical reasoning. | Explanation |

| Sentence | PEEL Function |
|---|---|
| For instance, students who read widely often perform better in writing and comprehension tasks than those who rarely read. | Example |
| Thus, encouraging regular reading can have a lasting positive impact on academic performance. | Link |

### 4.6 Remote Work Productivity

*Question: Does working from home increase productivity?*

One notable advantage of remote work is that it allows employees to manage their time more effectively. This is because workers no longer need to spend time commuting, which means they can dedicate more hours to focused, uninterrupted work. For example, many employees report completing tasks more quickly at home, where there are fewer office distractions such as meetings or casual conversations. As a result, remote work can lead to a noticeable increase in overall productivity.

| Sentence | PEEL Function |
|---|---|
| One notable advantage of remote work is that it allows employees to manage their time more effectively. | Point |
| This is because workers no longer need to spend time commuting, which means they can dedicate more hours to focused, uninterrupted work. | Explanation |
| For example, many employees report completing tasks more quickly at home, where there are fewer office distractions such as meetings or casual conversations. | Example |
| As a result, remote work can lead to a noticeable increase in overall productivity. | Link |

## 5. How Many Ideas Should a Body Paragraph Have?

A common mistake is writing several different ideas in one paragraph, which makes the essay harder to follow.

| ❌ Bad (too many ideas) | ☑ Better (one idea per paragraph) |
|---|---|
| Technology improves education, saves time, reduces costs, helps communication, and increases creativity. | Body Paragraph 1: Technology improves access to information. Body Paragraph 2: Technology increases communication between teachers and students. |
| Renewable energy reduces pollution, creates jobs, lowers electricity bills, and helps meet climate targets. | Body Paragraph 1: Renewable energy reduces carbon emissions. Body Paragraph 2: Renewable energy creates new jobs in the green sector. |

## 6. Body Paragraph Types

### A) Opinion Essay Body Paragraph

#### Example 1

*Question: Do you agree that exercise should be compulsory at schools?*

- Topic sentence: One reason why exercise should be compulsory in schools is that it improves students' health.
- Explanation: Regular physical activity helps students maintain a healthy weight and reduces the risk of diseases.
- Example: For example, schools that provide daily sports activities often have healthier and more active students.
- Link: Therefore, exercise plays an important role in improving students' overall well-being.

#### Example 2

*Question: Should university education be free? Give your opinion.*

- Topic sentence: One strong reason why university education should be free is that it gives equal opportunity to all students, regardless of financial background.
- Explanation: This is because talented students from low-income families are often unable to attend university simply because they cannot afford the fees.
- Example: For instance, countries such as Germany, which offer free or low-cost public university education, have wider access to higher education across income groups.
- Link: Therefore, removing tuition fees would allow ability, rather than income, to determine who receives a university education.

## B) Advantages and Disadvantages Essay

### Pair 1 — Working From Home

Advantage Paragraph:

One significant benefit of working from home is increased flexibility. Employees can organise their schedules more effectively because they do not need to spend time commuting. For example, many workers can use the saved travel time to complete personal tasks or focus on their professional responsibilities. As a result, remote work can improve work-life balance.

Disadvantage Paragraph:

However, working from home can also create challenges related to social interaction. Since employees communicate mainly through online platforms, they may experience reduced teamwork and isolation. For instance, some remote workers report feeling disconnected from their colleagues. Therefore, the lack of face-to-face communication can be a disadvantage of remote employment.

### Pair 2 — Renewable Energy

Advantage Paragraph:

One major benefit of renewable energy is that it produces electricity without releasing harmful greenhouse gases. This is because sources such as solar and wind do not rely on burning fossil fuels. For example, countries that invest in wind and solar power have been able to lower their overall carbon emissions. Therefore, renewable energy offers a cleaner alternative to traditional power generation.

Disadvantage Paragraph:

On the other hand, renewable energy systems often require a high initial investment. Installing solar panels or building wind farms can be expensive, and the cost may discourage smaller countries or companies from adopting them. For instance, many developing nations struggle to fund large-scale renewable energy projects without international support. Consequently, cost remains a significant barrier to the wider use of renewable energy.

## C) Problem and Solution Essay

### Pair 1 — Traffic Congestion

Problem Paragraph:

One major problem caused by traffic congestion is increased air pollution. This occurs because large numbers of vehicles release harmful gases into the atmosphere. For example, cities with heavy traffic often experience poor air quality, which can negatively affect public health. Therefore, traffic congestion is a serious environmental issue.

Solution Paragraph:

One effective solution to this problem is improving public transportation systems. When reliable buses and trains are available, more people may choose public transport instead of private cars. For example, cities that invest in efficient metro systems often experience reduced traffic levels. Thus, better public transportation can help solve congestion problems.

### Pair 2 — Plastic Pollution

Problem Paragraph:

One serious problem linked to plastic pollution is the damage it causes to marine life. This happens because large quantities of plastic waste end up in oceans and rivers, where animals mistake it for food or become trapped in it. For example, sea turtles and seabirds are frequently found with plastic debris in their stomachs. Therefore, plastic pollution poses a direct threat to ocean ecosystems.

Solution Paragraph:

One practical solution to this problem is introducing stricter regulations on single-use plastics. When governments limit or ban items such as plastic bags and straws, overall plastic waste is likely to decrease. For instance, countries that have introduced plastic bag bans have reported a noticeable drop in plastic litter. As a result, firm government policies can play a key role in reducing plastic pollution.

## D) Discussion Essay (Both Views) — New

*Question: Some people prefer studying in groups, while others prefer studying alone. Discuss both views.*

View 1 Paragraph (Group Study):

One advantage of studying in groups is that it allows students to share different perspectives on a topic. This is because each member may understand certain concepts better than others, so explaining ideas to one another can clarify difficult material. For example, students preparing for exams together often quiz each other and fill gaps in their individual understanding. Therefore, group study can lead to a deeper and more balanced understanding of a subject.

View 2 Paragraph (Independent Study):

On the other hand, studying alone allows students to work at their own pace without distraction. This is because independent learners can focus entirely on the areas they personally find difficult, rather than following a group's shared schedule. For instance, a student who struggles with a specific topic can spend extra time on it without slowing down classmates who already understand it. Consequently, studying alone can be more efficient for learners who prefer a personalised approach.

## E) Cause and Effect Essay — New

*Question: What causes obesity among children, and what are its effects?*

Cause Paragraph:

One major cause of childhood obesity is the widespread availability of unhealthy, processed food. This is because fast food and sugary snacks are often cheaper and more convenient than fresh, home-cooked meals, making them an easy choice for busy families. For example, many children now consume fast food several times a week rather than balanced home-cooked meals. Therefore, poor dietary habits are a key factor behind rising obesity rates among children.

Effect Paragraph:

One serious effect of childhood obesity is an increased risk of long-term health problems. This is because excess weight during childhood is strongly linked to conditions such as type 2 diabetes and heart disease later in life. For instance, medical studies have shown a clear connection between

childhood obesity and chronic illness in adulthood. As a result, addressing childhood obesity early is essential for protecting long-term public health.

## 7. Useful Body Paragraph Phrases

### Starting a Point

- One major reason is that...
- One significant advantage is...
- Another important factor is...
- The first key issue is...
- It is often argued that...
- A key factor to consider is...

### Explaining

- This is because...
- This can be explained by...
- The main reason for this is...
- This means that...
- This can be attributed to...
- The underlying reason is...

### Giving Examples

- For example,...
- For instance,...
- A clear example of this is...
- This can be seen in...
- Research indicates that...
- A recent study found that...

### Adding Ideas

- Furthermore,...
- Moreover,...
- In addition,...
- Another important point is...
- Equally important is...
- Alongside this,...

### Showing Results

- Therefore,...
- As a result,...
- Consequently,...
- This leads to...
- This ultimately leads to...
- For this reason,...

### Comparing and Contrasting Within a Paragraph — New

- In contrast,...
- Similarly,...
- Unlike...
- Compared to..., ...
- Whereas...
- By comparison,...

### Emphasising a Point — New

- It is particularly important to note that...
- Most notably,...
- Above all,...
- What is especially significant is that...

## 8. Body Paragraph Templates

Use these as a starting frame, then adapt the wording so the paragraph doesn't sound memorised.

### Opinion Essay Template

**Formula:** *One reason why ____ is that ____. This is because ____. For example, ____. Therefore, ____.*

### Advantages / Disadvantages Template

**Formula:** *One [significant advantage / notable disadvantage] of ____ is ____. This is because ____. For instance, ____. As a result, ____.*

### Problem / Solution Template

**Formula:** *One major problem caused by ____ is ____. This occurs because ____. For example, ____. / One effective solution to this problem is ____. Therefore, ____.*

### Discussion Essay Template

**Formula:** *One advantage of [View 1] is that ____. This is because ____. For example, ____. On the other hand, [View 2] allows ____ because ____. For instance, ____.*

### Cause and Effect Template

**Formula:** *One major cause of ____ is ____. This is because ____. For example, ____. / One serious effect of ____ is ____. As a result, ____.*

## 9. Common Mistakes

### Mistake 1: No Clear Topic Sentence

| ❌ Weak | ☑ Strong / Better |
|---|---|
| Many people use the internet every day. | One major benefit of the internet is that it provides instant access to information. |

### Mistake 2: Giving Examples Without Explanation

| ❌ Weak | ☑ Strong / Better |
|---|---|
| Many students use online courses. | Many students use online courses because they provide flexible learning opportunities. |

### Mistake 3: Writing Very Short Paragraphs

| ❌ Weak | ☑ Strong / Better |
|---|---|
| Exercise is important. It keeps people healthy. | Exercise plays an important role in maintaining physical health. Regular activity strengthens the body, improves fitness levels, and reduces the risk of many diseases. For example, people who exercise regularly often have better cardiovascular health. Therefore, physical activity is essential for a healthy lifestyle. |

### Mistake 4: Losing Focus / Going Off-Topic — New

| ❌ Weak | ☑ Strong / Better |
|---|---|
| One benefit of exercise is better health. Exercise also began in ancient Greece and was part of early Olympic competitions. Sports have changed a lot since then. | One benefit of exercise is better health. This is because regular activity strengthens the heart and immune system. For example, people who exercise consistently are less likely to develop lifestyle-related diseases. |

The weak version drifts into the history of sport, which does not belong in a paragraph about health benefits. Every sentence should support the same topic sentence.

### Mistake 5: Overusing Transition Words — New

| ❌ Weak | ☑ Strong / Better |
| --- | --- |
| Furthermore, exercise is good. Moreover, it helps health. In addition, it also helps mood. Additionally, people feel better overall. | Exercise offers several health benefits. It strengthens the body and, in addition, tends to improve mood. As a result, people who exercise regularly often feel better overall. |

Stacking several transition words in a row (furthermore… moreover… in addition… additionally…) makes writing sound mechanical. Use one clear connector per sentence, and let some sentences flow without any transition word at all.

## 10. Practice Activities

Write one complete PEEL body paragraph for each topic below. Underline your Point, Explanation, Example, and Link so the structure is easy to check.

- 1. The advantages of learning English
- 2. The disadvantages of social media
- 3. How to reduce plastic pollution
- 4. The benefits of teamwork
- 5. The causes of youth unemployment
- 6. The advantages of studying abroad
- 7. The effects of climate change on daily life
- 8. Should schools ban junk food on campus?

### PEEL Planning Worksheet

Use this table to plan two paragraphs before you write them in full.

| Part | Paragraph 1 — Topic: _____ | Paragraph 2 — Topic: _____ |
|---|---|---|
| Point | | |
| Explanation | | |
| Example | | |
| Link | | |

### Final Checklist

Before submitting your body paragraph:

- ☐ Does the paragraph focus on ONE idea only?
- ☐ Does it start with a clear topic sentence (Point)?
- ☐ Is there a clear Explanation of why the idea is true or important?
- ☐ Is the idea supported by an Example or evidence?
- ☐ Does the paragraph end with a Link back to the essay question?
- ☐ Is the paragraph roughly 80–120 words (for IELTS Task 2)?
- ☐ Have I avoided introducing a second, unrelated idea?

## Lesson 3 — How to Write a Strong Conclusion

### Learning Objectives

By the end of this lesson, students will be able to:

- Understand the purpose of a conclusion.
- Learn the structure of an effective conclusion.
- Summarize ideas without repeating the essay.
- Write conclusions for different essay types.

### 1. What Is a Conclusion?

A conclusion is the final paragraph of an essay. It brings the essay to an end by:

- Restating the main idea.
- Summarizing the key points.
- Giving a final opinion or recommendation (when needed).

A conclusion should answer: "What should the reader remember after reading this essay?"

### 2. Structure of a Conclusion

A strong conclusion usually has two parts:

| Part | Content |
|---|---|
| Part 1 | Restate the thesis (repeat the main idea using different words) |
| Part 2 | Final statement (a final thought, opinion, prediction, or recommendation) |

Conclusion formula:

| Sentence | Purpose |
|---|---|
| Sentence 1 | Restate the main argument |
| Sentence 2 | Summarize the main points |
| Sentence 3 (optional) | Final thought |

### Example: Opinion Essay

**Question: Do you agree that students should learn financial skills at school?**

**Introduction thesis:** I strongly agree that financial education should be taught in schools because it helps students manage money effectively and make responsible decisions.

**Conclusion:** In conclusion, teaching financial skills in schools is highly beneficial because it prepares students for real-life responsibilities and helps them make better financial choices. Although some people believe that these skills should be learned at home, schools provide an organized environment where all students can access this important knowledge. Therefore, financial education should become an essential part of the school curriculum.

### 3. How to Restate the Thesis

Do not copy your thesis word-for-word.

| Original | Restated |
|---|---|
| Technology has improved education by making learning more accessible and interactive. | Overall, technological developments have transformed education by providing students with easier access to resources and more engaging learning methods. |

### Useful Synonyms for Restating Ideas

| Original | Alternative |
|---|---|
| Important | Significant / Essential / Crucial |
| Improve | Enhance / Develop / Increase |
| Problems | Challenges / Issues / Difficulties |
| Benefits | Advantages / Positive effects |
| Harmful | Negative / Damaging |
| Many people believe | It is widely argued |
| Should | Ought to / Need to |

### 4. Conclusion Structure by Essay Type

#### A) Opinion Essay (Agree/Disagree)

Structure: restate your opinion → summarize reasons → give final opinion.

**Question: Is exercise important for students?**

*In conclusion, regular exercise is essential for students because it improves both physical health and academic performance. Although academic subjects are important, maintaining a healthy lifestyle should also be a priority. Therefore, schools should encourage students to participate in physical activities.*

### B) Discussion Essay (Discuss Both Views)

Structure: mention both sides → give your position → final statement.

**Question: Some people prefer living in cities, while others prefer rural areas.**

*In conclusion, both urban and rural areas offer different advantages. While cities provide better employment opportunities and services, rural areas offer a quieter and healthier lifestyle. In my opinion, the best choice depends on individuals' personal needs and priorities.*

### C) Advantages and Disadvantages Essay

Structure: summarize advantages and disadvantages → give overall opinion (if required).

**Question: What are the advantages and disadvantages of online learning?**

*In conclusion, online learning provides flexibility and easy access to education; however, it may reduce social interaction and face-to-face communication. Despite these challenges, it remains a valuable educational method when used effectively.*

### D) Problem and Solution Essay

Structure: mention the problem → summarize solutions → give recommendation.

**Question: What are the causes of pollution and how can it be solved?**

*In conclusion, pollution is a serious problem caused by human activities such as industrial development and excessive waste production. However, this issue can be reduced through stronger environmental regulations and individual responsibility. Governments and citizens must work together to protect the environment.*

### E) Cause and Effect Essay

Structure: restate causes and effects → give final comment.

**Question: What causes stress among students?**

*In conclusion, academic pressure and poor time management are major causes of student stress, which can negatively affect their health and performance. Therefore, students should develop effective study habits and receive proper support to manage stress successfully.*

## 5.Useful Conclusion Phrases

### Starting the Conclusion

- In conclusion,
- To conclude,
- In summary,
- Overall,
- Taking everything into consideration,

### Restating Main Ideas

- This essay has shown that...
- It is clear that...
- The discussion above demonstrates that...
- Overall, it can be seen that...

### Giving Final Opinions

- It is therefore important that...
- I believe that...
- In my view,...
- The best approach would be to...

### Predictions

- In the future, this issue may become...
- If these actions are taken, society will likely...

## 6. Common Mistakes in Conclusions

### Mistake 1: Adding New Ideas

| ❌ Wrong | ☑ Correct |
|---|---|
| In conclusion, technology is useful. Governments should also create new laws about internet safety. (The law idea was not discussed before.) | In conclusion, technology provides many benefits but should be used responsibly. |

### Mistake 2: Copying the Introduction

| ❌ Wrong | ☑ Correct |
|---|---|
| Technology has become important in modern life... (same as introduction) | Overall, technological developments have changed the way people learn, communicate, and work. |

### Mistake 3: Using Weak Ending Sentences

| Avoid | Better |
|---|---|
| In conclusion, this essay discussed technology. | Therefore, technology should be considered a valuable tool when it is used appropriately. |

### Mistake 4: Making the Conclusion Too Long

A conclusion should usually be:

- 40–60 words for IELTS Task 2
- Around 10% of the essay

## 7. Complete Essay Example

**Topic: Should students use mobile phones at school?**

**Introduction:** Mobile phones have become an important part of students' daily lives. Many learners use smartphones for communication and accessing information. However, there is debate about whether phones should be allowed in classrooms. This essay will argue that mobile phones can benefit education if they are used responsibly.

**Body Paragraph:** One major advantage of allowing phones in schools is that they provide quick access to educational resources. Students can search for information, use learning applications, and communicate with teachers when necessary. For example, many students use online dictionaries and educational platforms to improve their understanding. Therefore, smartphones can support learning when properly controlled.

**Conclusion:** In conclusion, mobile phones can be useful educational tools because they provide students with access to information and learning resources. Although excessive use may cause distractions, proper rules and supervision can help maximize their benefits. Therefore, schools should allow students to use phones in a responsible manner.

### Final Conclusion Checklist

☐ Did I restate my main idea?
☐ Did I summarize the main points?
☐ Did I avoid introducing new information?
☐ Did I give a strong final sentence?
☐ Did I use different words from the introduction?
☐ Is my conclusion clear and concise?

*بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ*

**صَدَقَة جَارِيَة**

**هَدِيَّة لِكُلِّ طَالِبٍ يُرِيدُ أَنْ يُطَوِّرَ لُغَتَهُ الإِنْجِلِيزِيَّة**

أُهْدِيهِ إلى كل طالبٍ وطالبةٍ يسعى للتطور في اللغة الإنجليزية وتحقيق أهدافه فيها هذا العمل صَدَقَة جَارِيَة،.

نشره أو دلّ عليه ينفع به كل من قرأه أو استخدمه، وأن يجعله في ميزان حسنات كل من ساهم في إعداده أو أسأل الله عز وجل أن.

لا تبخل بمشاركته مع غيرك؛ فبنشرك له يستمر الأجر بإذن الله للجميع فَمَنِ اسْتَفَدْتَ مِنْهُ،.

**وَصَدَقَة جَارِيَة لِصَاحِبِهِ، وَلِكُلِّ مَنْ أَعَانَ عَلَيْهِ اللَّهُمَّ اجْعَلْهُ عِلْمًا يُنْتَفَعُ بِهِ،**

*هذا الملف مجاني بالكامل، ويُسمح بنسخه وتوزيعه ومشاركته دون أي مقابل.*

https://t.me/seniors271