أوراق عمل مراجعة العادات الصحية



تم تحميل هذا الملف من موقع المناهج الإماراتية
موقع المناهج ⇦ المناهج الإماراتية ⇦ الصف الثالث ⇦ لغة انجليزية ⇦ الفصل الأول ⇦ ملفات متنوعة ⇦ الملف
تاريخ إضافة الملف على موقع المناهج: 2026-11-01 19:12:53

المزيد من مادة لغة انجليزية:	ملفات ا كتب للمعلم ا كتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي ا للمدرس

التواصل الاجتماعي بحسب الصف الثالث					
صفحة المناهج الإماراتية على فيسبوك					
المواد على تلغرام	التربية الاسلامية	اللغة العربية	اللغة الانجليزية	الرياضيات	

المزيد من الملفات بحسب الصف الثالث والمادة لغة انجليزية في الفصل الأول	
تدريب على الاختبار النهائي	1
مواصفات اختبارات نهاية الفصل للغة الإنجليزية	2
نموذج اختبار تجريبي على شاكلة الاختبار النهائي	3
حل نماذج تدريبية متنوعة للاختبار النهائي منهج أكسس	4
حل تدريبات نهائية وفق الهيكل الوزاري الجديد منهج أكسس	5

تحميل تطبيق المناهج للهواتف الذكية	
تطبيق المناهج على App Store (آبل)	تطبيق المناهج على Play Google (أندرويد)

Grade 3

Week 6

Revision

Healthy Habits



Part 1A: Vocabulary (Word – Image Matching)
Week 6: Healthy Habits

Match the word to the correct picture. Write the letter in the box.
There is one example. There are two pictures that you do not need.

1. exercise	C	
2. sleep		
3. water		
4. fruit		
5. wash		
6. healthy		
7. eat		
8. drink		
9. energy		
10. brush		

A



B



C



D



E



F



G



H



I



J



K



L



M



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Part 1B: Vocabulary (Sentence Cloze) - Week 6 (Healthy Habits)

Use the words from the word bank to complete the sentences.
There are two words you do not need. There is one example.

eat	drink	sleep	exercise	healthy	before	so	late

1. I _____ fruit every day.



2. I _____ water every day.



3. I _____ for eight hours at night.



4. I _____ every day to keep my body strong.



5. I always wash my hands _____ I eat.



Part 2: Reading – Working at Mastery

Read the text. Complete the sentences using words from the word bank. There are two words you do not need.

Sara is a healthy girl. She follows good habits every day. She wakes up early in the morning and eats a healthy breakfast. She likes eating fresh fruit and vegetables because they give her energy. At school, Sara drinks water and plays with her friends. After school, she exercises in the park. She always washes her hands before meals and brushes her teeth twice a day. At night, Sara goes to bed early. She sleeps for eight hours to keep her body strong and healthy.

Word Bank

water	park	eight	hands
fruit	school	sweets	late

Example: Sara eats fresh fruit and vegetables.

1. Sara drinks _____ at school.
2. She exercises in the _____ after school.
3. Sara washes her _____ before meals.
4. She sleeps for _____ hours at night.
5. Sara plays with her friends at _____.

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Part 3: Reading – Week 6 (Healthy Habits)

Read the text and answer the questions. Choose A, B or C.

Hessa is a healthy girl who enjoys taking care of her body. Every morning, she wakes up early and eats breakfast with her family. She usually has eggs, bread and fruit. At school, she drinks plenty of water instead of fizzy drinks. During break time, she plays outside with her friends. After school, she rides her bicycle in the park. Before dinner, Hessa washes her hands carefully. She also brushes her teeth every morning and night. She goes to bed early because sleeping well gives her energy for the next day.

1. What does Hessa eat for breakfast?

A. Sweets and crisps B. Eggs, bread and fruit C. Cake and chocolate

2. What does Hessa drink at school?

A. Water B. Fizzy drinks C. Coffee

3. Where does Hessa ride her bicycle?

A. At the supermarket B. In the classroom C. In the park

4. Why does Hessa go to bed early?

A. To miss breakfast B. To have energy the next day C. To watch television

5. What does the word "plenty" mean in the text?

A. A lot of B. Very little C. Never

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Part 4: Writing – Week 6 (Healthy Habits)

Look at the picture. Use the words in the word bank to help you.
Write 6 complete sentences about healthy habits.



Word Bank

drink	fruit	vegetable	water	exercise

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Grade 3

Healthy Habits

Date: _____

Read the sentence. Write the correct word.

1		We drink this when we are thirsty.	_____
2		Feeling well and not sick.	_____
3		We do this to clean our teeth.	_____
4		To take liquid into your mouth and swallow it.	_____
5		We do this at night to rest our body.	_____
6		We do this when we are hungry.	_____
7		A word for the person I am talking to.	_____
8		A word we use to give advice.	_____
9		We need this to run, play and do our activities.	_____
10		Apples, bananas and oranges are examples of this.	_____
11		We do this to keep our body strong and fit.	_____
12		Carrots, potatoes and broccoli are examples of these.	_____

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Grade 3 — High-Frequency Words

Date: _____

Read the sentence. Choose the correct word from the box and fill in the blank.

liked **can't** **didn't** **key** **hear** **white**

1		I _____ the cat.
2		I _____ a loud noise.
3		I _____ eat unhealthy food.
4		This is my new _____.
5		We _____ go to the park yesterday.
6		My shirt is _____.

Grade 3 — High-Frequency Words

Date: _____

Read the sentence. Choose the correct word from the box and fill in the blank.

want **wanted** **great** **us** **has** **inside**

1	I _____ to be a doctor when I grow up.
2	We _____ a picnic last weekend.
3	This is a _____ idea!
4	My teacher helps _____.
5	The cat _____ a long tail.
6	The ball is _____ the box.

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Grade 3 – Week 6 Phonics

Sounds: are • y • ph

Name: _____ Class: _____

Level 1 – Circle the correct sound.

1. c (are / ph)
2. (ph / y) one
3. sk (y / are)
4. h (are / ph)
5. dol (ph / y)in
6. cr (y / ph)

Level 2 – Sort the words by sound.

care • happy • phone • share • sky • dolphin

are: _____

y: _____

ph: _____

Level 3 – Read and complete the sentences.

Word Bank: share phone happy care

1. I _____ my toys with my sister.
2. I use a _____ to call my mum.
3. We _____ for our family.
4. The children are _____.

Write one word for each sound.

are: _____

y: _____

ph: _____

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