

## تجميعية نماذج المواضيع المطلوبة المسار المتقدم



### تم تحميل هذا الملف من موقع المناهج الإماراتية

موقع المناهج ⇨ المناهج الإماراتية ⇨ الصف الثاني عشر ⇨ لغة انجليزية ⇨ الفصل الثالث ⇨ ملفات متنوعة ⇨ الملف

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ملفات اكتب للمعلم اكتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل  
منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي للمدرس

المزيد من مادة  
لغة انجليزية:

### التواصل الاجتماعي بحسب الصف الثاني عشر



صفحة المناهج  
الإماراتية على  
فيسبوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

### المزيد من الملفات بحسب الصف الثاني عشر والمادة لغة انجليزية في الفصل الثالث

حل مراجعة نهائية emotions and feelings/environment/fitness and Health المسار المتقدم

1

مراجعة نهائية emotions and feelings/environment/fitness and Health المسار المتقدم

2

حل مراجعة نهائية وفق الهيكل الوزاري المسار العام

3

حل نموذج اختبار قراءة Runner Ambitious An المسار المتقدم

4

حل نموذج اختبار قراءة Impact Human and Environment The المسار المتقدم

5

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Health and fitness are important parts of a happy life. When we take care of our bodies, we feel better, have more energy, and can enjoy each day more. Simple things like walking, eating healthy food, and getting enough sleep make a big difference.

In the UAE, more people are starting to focus on healthy living. Many parks and gyms are open for exercise, and fitness classes are popular. Families go walking in the evenings, and children play in safe outdoor spaces. Some people enjoy swimming or cycling, while others go to the gym or take yoga classes.

Eating well is also important. Fresh fruits, vegetables, and drinking lots of water help us stay strong. Many people are now choosing healthier meals and avoiding too much sugar or fast food.

Good health is not only about the body — it's about the mind too. Taking time to relax, spending time with family, and sleeping well help reduce stress. In the UAE, people are learning that a healthy lifestyle can be fun and rewarding. With small daily steps, anyone can improve their health and feel better every day.

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The environment in the UAE is very special. It is mostly desert, but there are also mountains, beaches, and the sea. Many plants and animals live in these places, even though the weather is hot and dry.

People in the UAE are working hard to protect the environment. They use solar energy, recycle, and save water to keep the country clean. There are parks and nature reserves where animals and plants are safe.

Sometimes pollution and waste can harm nature. But the government and people are learning how to take better care of the land and water. Protecting the environment is important for the future, so everyone can enjoy clean air and beautiful places.

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Feelings and emotions are a big part of being human. They help us understand how we feel inside and how we connect with others. Sometimes we feel happy, excited, or calm. Other times, we might feel sad, angry, or worried.

In the UAE, people show their feelings in different ways. Smiling and greeting others warmly are signs of happiness and kindness. When someone is upset, friends and family often come together to support them.

It is important to talk about feelings and share them. This helps us feel better and stay close to the people we care about. Learning to understand emotions makes life easier and helps us build strong relationships with others.

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