

## مراجعة وفق الهيكل الوزاري متبوعة بالإجابات المسار المتقدم



### تم تحميل هذا الملف من موقع المناهج الإماراتية

موقع المناهج ← المناهج الإماراتية ← الصف الثاني عشر ← لغة انجليزية ← الفصل الثالث ← ملفات متنوعة ← الملف

تاريخ إضافة الملف على موقع المناهج: 2025-05-07 20:47:00

ملفات اكتب للمعلم اكتب للطالب | اختبارات الكترونية | اختبارات | حلول | عروض بوربوينت | أوراق عمل  
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المزيد من مادة  
لغة انجليزية:

إعداد: Alatiq Kamal

### التواصل الاجتماعي بحسب الصف الثاني عشر



صفحة المناهج  
الإماراتية على  
فيسبوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

### المزيد من الملفات بحسب الصف الثاني عشر والمادة لغة انجليزية في الفصل الثالث

مراجعة وفق الهيكل الوزاري متبوعة بالإجابات المسار العام

1

أوراق عمل درس Conditionals الجمل الشرطية

2

أوراق عمل درس Fitness Lasting فهم قرائي المسار المتقدم

3

مراجعة درس Speech Reported to Introduction المسار المتقدم

4

تجميع امتحانات وزارية نهائية سابقة المسار المتقدم

5

### T3-2024-2025-G12Adv-Revision 1

مراجعة الصف الثاني عشر متقدم - حسب الهيكل

#### الصحة واللياقة ----- Health and Fitness

English	Arabic	Example Sentence
muscles	العضلات	Regular exercise strengthens muscles.
symptoms	أعراض	Developing symptoms should be checked by a doctor.
developing	تطوير	Developing healthy habits takes time.
depression	اكتئاب	He is undergoing treatment for depression.
fever	حمى	A fever is usually a sign of infection.
application	تطبيق	The application of first aid saved his life.
rewarding	مجزٍ	Exercise can be physically and mentally rewarding.

#### البيئة Environment

English	Arabic	Example Sentence
impact	تأثير	Climate change has a major impact on ecosystems.
pollution	تلوث	Pollution from factories harms wildlife.
diverse	متنوع	The rainforest is home to a diverse range of species.
resources	موارد	We must use natural resources responsibly.
considerable	كبير	Considerable energy is needed to power a city.
converted	تم تحويله	The warehouse was converted into a recycling center.
decline	انخفاض	There's a decline in biodiversity due to pollution.
significant	كبير	Recycling makes a significant difference.
relevant	ذات صلة	This report is relevant to environmental planning.

Feelings and Emotions المشاعر والعواطف

English	Arabic	Example Sentence
anxious	قلق	She felt anxious before the exam.
depression	اكتئاب	(Repeated — see above)
rewarding	مجزٍ	(Repeated — see above)
ambitious	طموح	He's an ambitious student with big dreams.
loyal	مخلص	A loyal friend supports you in tough times.
enthusiastic	متحمس	She was enthusiastic about the new project.
introduction	مقدمة	His introduction was full of enthusiasm.

Vocabulary Test:

Choose the best word to complete each sentence.

- Regular exercise strengthens your \_\_\_\_\_ and improves physical fitness.  
A) symptoms  
B) muscles  
C) depression  
D) fever
- Rising carbon emissions have a serious \_\_\_\_\_ on global temperatures.  
A) loyalty  
B) decline  
C) impact  
D) application
- She felt extremely \_\_\_\_\_ before giving her first speech on stage.  
A) anxious  
B) diverse  
C) rewarding  
D) enthusiastic
- The doctor said my flu \_\_\_\_\_ include a sore throat and fatigue.  
A) muscles  
B) symptoms  
C) resources  
D) applications

### T3-2024-2025-G12Adv-Revision 3

5. The village is \_\_\_\_\_ into a modern eco-friendly community.  
A) converted  
B) developing  
C) declined  
D) introduced
6. Many people suffer from \_\_\_\_\_ during the cold and dark winter months.  
A) fever  
B) ambition  
C) depression  
D) loyalty
7. Planting trees is a \_\_\_\_\_ way to reduce air pollution.  
A) rewarding  
B) ambitious  
C) diverse  
D) relevant
8. The ocean supports a \_\_\_\_\_ range of marine life.  
A) loyal  
B) diverse  
C) considerable  
D) enthusiastic
9. Clean water and electricity are essential \_\_\_\_\_ for every community.  
A) resources  
B) symptoms  
C) applications  
D) muscles
10. There has been a sharp \_\_\_\_\_ in animal populations due to deforestation.  
A) conversion  
B) decline  
C) application  
D) reward
11. She gave a warm and confident \_\_\_\_\_ to begin her speech.  
A) fever  
B) impact  
C) introduction  
D) depression

### T3-2024-2025-G12Adv-Revision 4

12. His support during hard times showed he is truly \_\_\_\_\_.  
A) loyal  
B) ambitious  
C) anxious  
D) enthusiastic
13. He is very \_\_\_\_\_ about protecting the environment and takes action daily.  
A) anxious  
B) enthusiastic  
C) depressed  
D) considerable
14. She has set \_\_\_\_\_ goals to become a doctor and help others.  
A) relevant  
B) loyal  
C) ambitious  
D) diverse
15. The scientists gathered \_\_\_\_\_ data to support their climate research.  
A) anxious  
B) significant  
C) rewarding  
D) loyal

## Answer Key

1. B) muscles
2. C) impact
3. A) anxious
4. B) symptoms
5. A) converted
6. C) depression
7. A) rewarding
8. B) diverse
9. A) resources
10. B) decline
11. C) introduction
12. A) loyal
13. B) enthusiastic
14. C) ambitious
15. B) significant

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### Reading Test: Health, Environment, and Emotions

#### Passage 1: The Mental and Physical Rewards of Outdoor Exercise

In today's fast-paced world, many people spend hours indoors, staring at screens, sitting in traffic, and working in artificial environments. As a result, both physical and mental health can suffer. However, combining physical exercise with nature may offer a powerful solution to this problem.

Outdoor activities like jogging, hiking, and cycling not only strengthen muscles, but also provide a sense of peace that indoor gyms cannot offer. Fresh air, natural light, and greenery have been shown to reduce feelings

of depression and anxiety. In fact, studies suggest that even a short walk in a park can lower symptoms of stress and improve mood. Such experiences are often described as rewarding, both physically and emotionally.

Engaging in regular outdoor exercise helps the body develop strength and endurance while also supporting the immune system. It can also lead to a sense of purpose. For many, setting ambitious fitness goals such as running a marathon or climbing a mountain provides motivation and builds confidence. These goals are not just about physical performance—they are deeply connected to a person's emotional state and mental resilience.

Perhaps one of the most significant benefits of outdoor exercise is how it reconnects people with the environment. When individuals exercise in nature, they begin to notice the beauty and fragility of ecosystems around them. This growing awareness often leads to more loyal support for environmental protection efforts, which benefits not only individuals but society as a whole.

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#### Passage 2: Facing the Environmental Challenges of the 21st Century

The natural world is undergoing rapid change. Climate change, loss of biodiversity, and pollution are some of the major problems threatening the health of the planet. These issues are driven by human activity, particularly the overuse of natural resources and the emission of greenhouse gases. As these problems worsen, their impact on communities becomes more visible and alarming.

In some regions, there has been a decline in clean air and water, leading to serious public health concerns. Children are growing up in areas where playing outside means being exposed to toxic air. Communities are fighting to protect what remains of their natural surroundings.

Fortunately, people are responding. Governments and scientists are developing applications of new technology to reduce damage. Solar energy, for example, is a clean alternative that allows buildings to be converted into power sources. These innovations are helping to reduce pollution and make cities more sustainable.

Raising awareness is also essential. Environmental education plays a considerable role in changing how people view nature. When students learn about the environment through real-life experiences, they begin to see the relevance of these issues in their daily lives. This emotional connection often makes them more enthusiastic about protecting the planet.



One positive trend is the growing number of diverse voices involved in climate action. Activists, scientists, artists, and everyday citizens from all walks of life are contributing ideas and solutions. Their introduction into public debates ensures that actions taken are inclusive and effective. With ambitious planning and collective effort, the future of the planet can be shaped for the better.

### Comprehension Questions

#### Passage 1 Questions

1. What is one main advantage of exercising outdoors compared to indoors?
  - A) It is more expensive but more effective
  - B) It only improves physical health
  - C) It combines mental and physical health benefits
  - D) It avoids exposure to natural elements
2. According to the passage, what emotions can outdoor activity help reduce?
  - A) Excitement and loyalty
  - B) Anxiety and depression
  - C) Anger and boredom
  - D) Confidence and joy
3. Why do people often feel “rewarded” after outdoor exercise?
  - A) They earn money for their efforts
  - B) They can post pictures on social media
  - C) They feel good physically and emotionally
  - D) They want to avoid indoor gyms
4. What is the connection between outdoor fitness and the environment, according to the text?
  - A) Outdoor fitness increases pollution
  - B) People become more aware of nature
  - C) Exercise reduces the need for energy
  - D) Gyms use fewer resources than forests

#### Passage 2 Questions

5. What is causing the environmental challenges described in the passage?
  - A) Too much rainfall
  - B) Natural changes in the Earth
  - C) Human activities and overuse of resources
  - D) Decreased industrialization



### T3-2024-2025-G12Adv-Revision 8

6. What is one way technology is helping reduce pollution?
  - A) By banning solar panels
  - B) By replacing all homes with factories
  - C) By converting buildings to use solar energy
  - D) By increasing fossil fuel use
7. Why is environmental education described as “considerable”?
  - A) It takes up too much time
  - B) It causes anxiety among students
  - C) It has a large and important effect
  - D) It is expensive and unhelpful
8. What does the text suggest about having “diverse voices” in climate action?
  - A) It makes debates more confusing
  - B) It leads to less participation
  - C) It helps ensure solutions are effective and inclusive
  - D) It is only symbolic and not impactful

### Answer Key

1. C) It combines mental and physical health benefits
2. B) Anxiety and depression
3. C) They feel good physically and emotionally
4. B) People become more aware of nature
5. C) Human activities and overuse of resources
6. C) By converting buildings to use solar energy
7. C) It has a large and important effect
8. C) It helps ensure solutions are effective and inclusive

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### Writing Test: A Healthy Mind is in a Healthy Body

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#### Part 1: Opinion Question

What is your opinion about the saying "*A healthy mind is in a healthy body*"?

Write at least two sentences expressing your viewpoint.

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## Part 3: Essay

Write an essay on the topic "*A Healthy Mind is in a Healthy Body.*"

Include information about:

- The importance of physical health in maintaining mental well-being.
- Strategies individuals can adopt to achieve and maintain a balance between physical and mental health.
- How engaging in sports and fitness activities promotes overall well-being and a positive mindset.

Write at least 200 words in paragraphs.

**Part 4: Inference and Justification**

**The Turning Point**

After years of sitting at a desk and working long hours, Kareem began to notice changes in his life. He was constantly tired, his back ached every day, and he found it hard to focus during meetings. At night, he struggled to sleep, and in the morning, he felt just as exhausted as the night before. His doctor warned him that his blood pressure was rising and that if he didn't make changes, his health would continue to decline.

At first, Kareem felt overwhelmed. He had always prioritized his career, believing that success required sacrifice. Exercise felt like a luxury he couldn't afford, and cooking healthy meals seemed like a waste of time. But one day, after getting dizzy while climbing the stairs, he realized something needed to change. He thought to himself, "What's the point of success if I can't enjoy it?" He started slowly—just a short walk each morning before work. Then he cut back on fast food and began preparing simple meals at home. After a few weeks, Kareem noticed he was sleeping better. His energy improved, and he could think more clearly during the day. He even felt less anxious and more optimistic. Encouraged, he joined a local sports club where he made new friends who supported his new lifestyle.

Kareem's transformation didn't happen overnight, but over time, the changes became a part of his daily routine. He felt more in control of his life. For the first time in years, he laughed more often, enjoyed simple moments, and found balance between his responsibilities and his health. Kareem learned the hard way that taking care of his body was the key to unlocking a healthier, happier mind.

**Inference Question**

What can we infer about Kareem's understanding of health by the end of the passage?

Write your answer below in full sentences.

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**Justification Question**

Why is your answer to the inference question the best answer?

Use evidence and details from the passage to support your answer.

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## ***Model Answers***

### **Part 1: Opinion**

I agree with the saying "A healthy mind is in a healthy body" because our physical and mental health are strongly connected. When we take care of our bodies, our minds become stronger, more focused, and emotionally stable.

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### **Part 2: Plan (Model)**

1. Connection between physical and mental well-being:
    - Good physical health helps reduce stress, anxiety, and depression.
    - A healthy body supports emotional balance and mental clarity.
  2. Strategies to achieve balance:
    - Exercise regularly (e.g., walking, sports, gym workouts).
    - Eat healthy foods, get enough sleep, and drink plenty of water.
    - Practice mindfulness, rest, and manage stress.
  3. Examples of sports and fitness:
    - Playing football or swimming builds both fitness and discipline.
    - Group sports increase teamwork and social connection.
    - Fitness routines improve confidence and self-esteem.
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### **Part 3: Essay**

#### **A Healthy Mind is in a Healthy Body**

The famous proverb "A healthy mind is in a healthy body" highlights the strong connection between our physical condition and mental well-being. When people take care of their bodies, they often feel happier, calmer, and more focused. Physical health does not only mean the absence of disease; it also includes energy, strength, and the ability to handle everyday challenges. In the same way, mental health includes emotional stability, motivation, and a positive outlook.

There are many ways to achieve a balance between mental and physical health. First, regular exercise like walking, running, or playing sports helps release chemicals that improve mood, reduce stress, and increase confidence. Secondly, eating a healthy diet full of fruits, vegetables, and protein provides energy and supports brain function. In addition, getting enough sleep and staying hydrated also help the mind stay sharp and the body energized. Finally, practicing mindfulness activities such as meditation or yoga reduces anxiety and improves focus.

Sports are an excellent way to support both physical and emotional health. Playing team sports like football or volleyball teaches teamwork, discipline, and leadership. Individual sports like swimming or running help people set goals, overcome challenges, and build self-esteem. These activities also offer a healthy way to manage emotions and reduce screen time.

In conclusion, physical and mental health are deeply connected. When we take care of our bodies, we give our minds the strength and energy they need to succeed. A healthy lifestyle not only prevents illness but also builds confidence, resilience, and happiness.

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Part 4:

**Inference Answer:**

By the end of the passage, we can infer that Kareem understands that real success includes taking care of both physical and mental health, and that health is necessary to enjoy life and perform well.

**Justification Answer:**

Kareem realizes that sacrificing his health for work was not sustainable, as seen when he thinks, "What's the point of success if I can't enjoy it?" After making changes like walking, eating healthier, and joining a sports club, he begins to sleep better and feel less anxious. He also becomes more optimistic and balanced. These changes show that he learned physical health directly affects mental well-being and overall quality of life.

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## Grammar

1. He \_\_\_\_\_ to the gym every morning before work.

- A) go
- B) going
- C) goes
- D) gone

2. If she \_\_\_\_\_ harder, she will pass the exam.

- A) study
- B) studies
- C) studied
- D) studying



**3.** They \_\_\_\_\_ dinner when the phone rang.

- A) have
- B) had
- C) were having
- D) has had

**4.** The report \_\_\_\_\_ by the manager yesterday.

- A) was written
- B) wrote
- C) was writing
- D) had wrote

**5.** I'm not used \_\_\_\_\_ up this early on weekends.

- A) get
- B) to get
- C) to getting
- D) getting

**6.** She's the \_\_\_\_\_ student in the class.

- A) most intelligent
- B) more intelligent
- C) intelligentest
- D) most intelligently

**7.** Neither the teacher nor the students \_\_\_\_\_ ready for the test.

- A) was
- B) were
- C) is
- D) has been

**8.** We'll start the meeting as soon as the manager \_\_\_\_\_.

- A) arrive
- B) will arrive
- C) arrived
- D) arrives

**9.** I wish I \_\_\_\_\_ more time to finish my project.

- A) have
- B) had
- C) will have
- D) would have

**10.** Not only \_\_\_\_\_ the film boring, but it was also too long.

- A) was
  - B) were
  - C) be
  - D) being
-

## Model Answers

1. C) goes
2. B) studies
3. C) were having
4. A) was written
5. C) to getting
6. A) most intelligent
7. B) were
8. D) arrives
9. B) had
10. A) was

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1. She said that she \_\_\_\_\_ to submit her research paper by next Monday.

- A) will try
- B) tries
- C) would try
- D) had tried

2. The professor demonstrated how climate change \_\_\_\_\_ local ecosystems.

- A) affect
- B) affects
- C) has affected
- D) affecting

**3.** This is the most impressive presentation \_\_\_\_\_ I have ever seen.

- A) what
- B) who
- C) that
- D) whose

**4.** He wouldn't be so tired now if he \_\_\_\_\_ more sleep last night.

- A) gets
- B) had got
- C) would get
- D) has gotten

**5.** If she had taken the medicine earlier, she \_\_\_\_\_ much better by now.

- A) will feel
- B) would have felt
- C) would feel
- D) feels

**6.** The author illustrates how the economy and environment are connected; \_\_\_\_\_, the report highlights possible solutions.

- A) on the point of
- B) similarly
- C) on the other hand
- D) likewise

**7.** He was on the point of \_\_\_\_\_ when the phone rang.

- A) leave
- B) leaving
- C) to leave
- D) left

**8.** I spoke to the woman \_\_\_\_\_ lives next door.

- A) that
- B) which
- C) where
- D) what

**9.** The results, \_\_\_\_\_ the researchers had not expected, caused a lot of discussion.

- A) who
- B) which
- C) what
- D) that

**10.** While some people prefer working in teams, \_\_\_\_\_ enjoy working alone.

- A) however
  - B) others
  - C) whereas
  - D) on the other hand
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## Model Answers

1. C) would try
2. B) affects
3. C) that
4. B) had got
5. C) would feel
6. D) likewise
7. B) leaving
8. A) that
9. B) which
10. B) others

# SAMPLE

### Part 1: Opinion Writing (5 marks)

Write 2–3 sentences giving your opinion on the following question:

## What is the biggest threat to the environment today?

Give a reason for your answer.

[illegible]

### Part 2: Essay Plan (5 marks)

## What is the best way to protect people's mental health in today's world?

**Write a plan that includes the following:**

- One cause of poor mental health today
- One solution for individuals
- One action the government could take

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### Part 3: Essay Writing (25 marks)

**Write an essay (200 words) in response to the following question and bullet points:**

## How can we protect both physical and mental health in the modern world?

- Importance of regular exercise
- Role of social connection
- Influence of technology

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**Part 4: Inference & Justification (5 marks)**

**Read the text below and answer the questions.**

Laura, a university student, described feeling constantly anxious: “If I don’t get top marks, I feel like a failure. Everyone online seems to be doing better.” Psychologists have warned that this culture of comparison can lead to burnout, depression, and poor self-esteem.

The problem is not just personal — it’s also societal. Employers often expect high productivity, and students are told they must be exceptional to get ahead. In this environment, failure is seen not as a learning opportunity, but as something to avoid at all costs.

Mental health professionals suggest that schools and workplaces need to change their approach. Instead of only rewarding outcomes, they should also value effort and improvement. “If we don’t make space for mistakes and growth, we’re sending the message that only perfect people deserve success,” said one therapist.

Some governments are beginning to take the issue seriously. A few countries now require schools to teach mental health and emotional resilience. But these changes take time, and young people need support now.

The good news is that change is possible. Campaigns that promote honesty and vulnerability — especially from public figures — are helping people realise that it's okay not to be okay. As awareness grows, so does the hope that society can become more supportive, not just more successful.

**Questions:**

**1. Inference (2 marks):**

What is the author suggesting about society’s view of failure?

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**2. Justification (3 marks):**

Explain how the author supports this idea using two examples from the text.

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**Part 5: MAZE Grammar Task (4 marks)**

**Choose the correct word in each blank.**

Scientists have warned that climate change is causing a (1) considerable / loyal / ambitious impact on global weather patterns. In many places, rainfall has (2) declined / developed / rewarded by over 30% in the past decade. These changes affect not just nature but also human health. For example, pollution and higher temperatures can (3) cause / feel / consider symptoms like headaches and fever. Experts say we must act quickly to protect the (4) muscles / resources / applications we depend on.

**Part 6: MAZE Grammar Task (8 marks)**

**Choose the correct word in each blank.**

A global health report recently (1) demonstrated / felt / offered that anxiety rates are increasing among teenagers. Experts believe that one reason is the (2) converted / considerable / enthusiastic rise in social media use. Platforms (3) that / when / whose reward likes and comments may increase pressure to appear perfect. One therapist (4) recommended / recommend / recommending schools teach coping skills early.

A teenager (5) which / who / where reported that she used to feel anxious when she didn't get responses quickly. "I (6) would / had / was felt alone if no one liked my posts," she said. She now limits screen time and joins activities (7) who / that / what help her relax, like dance and art. If more young people took similar steps, mental health (8) should / would / might improve significantly.

**Part 7: Comprehension (5 marks)**

**Read the text and choose the best answer a, b, or c.**

**Fitness Apps: A Help or a Harm?**

Fitness apps have become popular tools for improving health. They help people track steps, calories, heart rate, and even sleep quality. However, some experts worry that the obsession with tracking can do more harm than good.

One recent study found that while many users initially felt motivated, over time they became anxious about meeting their daily goals. “I used to feel great after a walk,” one user said. “Now I just feel guilty if I don’t reach 10,000 steps.”

Another issue is unrealistic expectations. Social media influencers often promote extreme workout routines. For people recovering from illness or injury, this can be discouraging. “It’s important to remember that health looks different for everyone,” said Dr. Lopez, a fitness and wellness expert.

Still, many people find apps helpful, especially when used with support from professionals. “The key is balance,” Dr. Lopez added. “Use technology as a guide, not a rule.”

**Questions:**

1. Why are some people anxious about fitness apps?
  - a) They don’t know how to use them
  - b) They fear being judged by others
  - c) They feel bad when they don’t meet goals
2. What do influencers sometimes promote?
  - a) Safe exercises
  - b) Unreasonable workout routines
  - c) Medical advice
3. What can happen to people recovering from illness?
  - a) They feel encouraged
  - b) They ignore the apps
  - c) They feel discouraged

4. What does Dr. Lopez think about fitness apps?
  - a) They are dangerous
  - b) They should be used carefully
  - c) They are unnecessary
5. What is the tone of the article?
  - a) Completely negative
  - b) Balanced and thoughtful
  - c) Excited and enthusiastic

**Part 8: Comprehension (3 marks)**

**Read the text and choose the best answer a, b, or c.**

**A Cleaner Future**

Cities around the world are investing in cleaner public transport to reduce air pollution. One of the most successful programs is in Oslo, Norway, where over 70% of buses now run on electricity. Residents have noticed a big improvement in air quality.

At the same time, the change has not been easy. Some routes still lack electric charging stations, and cold weather can affect battery life. However, city officials remain optimistic. "We know there are challenges," said the mayor, "but the long-term benefits are clear."

Environmental groups have praised the effort. One group stated that Oslo's example "demonstrates how local action can have a global impact." As more cities follow, the future of public transport looks increasingly green.

**Questions:**

1. What has Oslo done to improve the environment?
  - a) Built more roads
  - b) Switched to electric buses
  - c) Reduced train services
2. What is a current problem?
  - a) There aren't enough roads
  - b) Cold weather damages buses
  - c) Charging stations are limited

3. What is the mood of the city officials?

- a) Hopeful
- b) Angry
- c) Confused

### Part 9: Reading Comprehension

Instructions: Read the passage below and answer the multiple-choice questions that follow.

#### Tech Startups and the Environment

In recent years, many startups have begun to focus on technology that helps protect the environment. One such startup, AquaNet, has created a smart network that monitors water usage in large buildings. The system detects leaks and helps users save water.

Another company, GreenGrid, developed software that controls lighting and air conditioning based on when rooms are used. This reduces energy waste. These businesses are examples of how innovation can make conservation easier.

However, many of these startups struggle with funding. Investors often prefer projects with quicker profits. GreenGrid's founder said, "I wish more people supported ideas that have long-term impact." Despite challenges, the founders believe that their ideas will become more popular as more people care about sustainability.

The government has also begun to notice. Last year, new grants were made available for technology that helps the environment. This has encouraged more entrepreneurs to enter the field.

Questions:

What does AquaNet's technology do?

- a) Monitors air quality
- b) Detects water leaks
- c) Controls heating

What is the benefit of GreenGrid's software?

- a) It tracks employee hours
- b) It reduces energy waste
- c) It increases rent

What is a problem many startups face?

- a) Lack of workers
- b) Poor product quality
- c) Difficulty getting investment

What does GreenGrid's founder wish?

- a) He had a different idea
- b) More support for long-term ideas
- c) They had launched earlier

What did the government do last year?

- a) Closed tech grants
- b) Created new business rules
- c) Offered grants for green tech

What helps more entrepreneurs join the field?

- a) More customers
- b) More government support
- c) Less competition

What is the general tone of the passage?

- a) Negative
- b) Optimistic
- c) Critical

#### Part 10: Reading Comprehension

Instructions: Read the passage below and answer the multiple-choice questions that follow.

##### Remote Work and the Future of Offices

As technology improves, more companies are changing the way they think about offices. Instead of large office buildings, many businesses now allow remote work. This reduces energy costs, limits traffic, and saves space.

A company called WorkWise recently closed two of its offices and moved to a fully remote model. Employees report better work-life balance, and the company has cut its electricity use by 40%.



Not everyone agrees with the change. Some managers worry that remote workers are less productive. “I wish I could see my team in person more often,” one manager said.

Still, the trend is growing. The government is about to release new guidelines to help businesses support hybrid work. As companies look for ways to reduce environmental impact, remote work may be one of the simplest and most effective solutions.

Questions:

What change did WorkWise make?

- a) Moved into a bigger office
- b) Switched to remote work
- c) Hired more workers

What benefit did WorkWise see?

- a) More travel
- b) Fewer workers
- c) Reduced energy use

What is the writer’s view of remote work?

- a) Positive and forward-looking
- b) Critical and angry
- c) Unsure and neutral

## **Model Answers**

### Part 1: Opinion

I think pollution is the biggest threat to the environment today. It affects air, water, and soil, and damages both human health and ecosystems.

### Part 2: Essay Plan

- Cause: Long work hours and online pressure lead to stress
- Solution: Individuals should take breaks and talk about their feelings
- Government: Increase funding for mental health education in schools

### Part 3: Essay

How can we protect both physical and mental health in the modern world?

In today's fast-paced and highly connected world, protecting both physical and mental health has become more important than ever. One of the most effective ways to stay healthy is through regular exercise. Whether it's walking, cycling, or going to the gym, physical activity keeps the body strong and reduces the risk of illness. In addition, exercise has been shown to reduce stress and improve mood, which supports mental well-being.

Another key factor is maintaining strong social connections. Having close friends or family to talk to can provide emotional support during stressful times. It can also help reduce feelings of loneliness, which are increasingly common in modern society. Social interaction doesn't have to be face-to-face—it can happen online, too, as long as the connection feels meaningful.

Finally, technology plays a complex role. While it can contribute to anxiety and screen fatigue, it also offers tools to improve our health. Fitness apps, mental health platforms, and online communities can all support healthy habits. The key is balance—using technology in ways that enhance life, not distract from it.

By combining exercise, meaningful relationships, and mindful tech use, we can protect our overall well-being in a demanding world.

**Part 4: Inference and Justification**

**1. Inference:**

The author suggests society views failure as something negative and to be avoided, not as part of growth.

**2. Justification:**

First, the text says that failure is seen as something to avoid “at all costs.” Second, the therapist mentions that without space for mistakes, people think only perfect people deserve success.

**Part 5: MAZE**

1. considerable
2. declined
3. cause
4. resources

**Part 6: MAZE**

1. demonstrated
2. considerable
3. that
4. recommended
5. who
6. would
7. that
8. might

**Part 7: Comprehension**

1. c
2. b
3. c
4. b
5. b

**Part 8: Comprehension**

1. b

2. c

3. a

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**Part 9: Reading Comprehension**

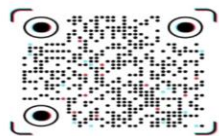
**Passage Topic: Tech Startups and the Environment**

1. What does AquaNet's technology do?  
b) Detects water leaks
2. What is the benefit of GreenGrid's software?  
b) It reduces energy waste
3. What is a problem many startups face?  
c) Difficulty getting investment
4. What does GreenGrid's founder wish?  
b) More support for long-term ideas
5. What did the government do last year?  
c) Offered grants for green tech
6. What helps more entrepreneurs join the field?  
b) More government support
7. What is the general tone of the passage?  
b) Optimistic

**Part 10: Reading Comprehension (3 Questions)**

**Passage Topic: Remote Work and the Future of Offices**

1. What change did WorkWise make?  
b) Switched to remote work
2. What benefit did WorkWise see?  
c) Reduced energy use
3. What is the writer's view of remote work?  
a) Positive and forward-looking

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