# مراجعة نهائية وفق الهيكل الوزاري الجديد منهج انسباير





# تم تحميل هذا الملف من موقع المناهج الإماراتية

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر العام ← علوم ← الفصل الأول ← ملفات متنوعة ← الملف

تاريخ إضافة الملف على موقع المناهج: 11-12-2025 18:44

ملفات ا كتب للمعلم ا كتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي ا للمدرس

المزيد من مادة علوم:

إعداد: Messabi Al Arwa

# التواصل الاجتماعي بحسب الصف الحادي عشر العام











صفحة المناهج الإماراتية على فيسببوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

المزيد من الملفات بحسب الصف الحادي عشر العام والمادة علوم في الفصل الأول	
حل مراجعة نهائية وفق الهيكل الوزاري منهج انسباير	1
حل مراجعة شاملة الجهاز الدوري والتنفسي	2
أوراق عمل الجهاز الدوري بدون الحل	3
حل أوراق عمل الجهاز التنفسي اختيار من متعدد	4
حل مراجعة نهائية استعداداً للاختبار النهائي منهج بريدج	5

# هيكل اختبار الفصل 1 مادة الأحياء للصف 11 عام – 2025-2026 - Term1 - Biology 11 General

Q	Learning Outcome/Performance Criteria	Example/Exercise	Р
	BIO.3.1.01.047- Recognize the components of the circulatory	IFT = Information	
1	system and the role of the blood in the digestion and	from text.	3
	respiration	iroin text.	
2	BIO.3.1.01.055 Explain the main structure and function of the	IFT	6
2	respiratory, excretory and circulatory systems	Figure 4	6
	BIO.3.1.01.047 Recognize the components of the circulatory	IFŤ	9
3	system and the role of the blood in the digestion and		
	respiration	Figure 9	9
	BIO.3.1.01.055 Explain the main structure and function of the	IFT	9
4	respiratory, excretory and circulatory systems	IFT	10
_	BIO.3.1.01.055 Explain the main structure and function of the	IFT	11
5	respiratory, excretory and circulatory systems.	Table 1	11
	BIO.3.1.01.064 Describe using the anatomy of respiratory	IFT	14
7	system the process of ventilation and gas exchange from the		
•	environment to the cell	Figure 13	14
	BIO.3.1.01.055 Explain the main structure and function of the	IFT	15
8	respiratory, excretory and circulatory systems.	Figure 15	15
	BIO.3.1.01.061 Describe some disorders related to the		
6	respiratory, digestive and circulatory systems	IFT	12
	BIO.3.1.01.061 Describe some disorders related to the	IFT	17
9	respiratory, digestive and circulatory systems	Table 2	17
	BIO.3.1.01.064 Describe using the anatomy of respiratory	IFT	15
10	system the process of ventilation and gas exchange from the	H	
10	environment to the cell.	Figure 15	15
	BIO.3.1.01.055 Explain the main structure and function of the	IFT	14
11	respiratory, excretory and circulatory systems	Figure 14	14
	BIO.3.1.01.061 Describe some disorders related to the	IFT	17
12		Table 2	17
	respiratory, digestive and circulatory systems	Figure 1	3
	PIO 2 1 01 055 Explain the main etrusture and function of the	•	3
13	BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.	Demonstrate your	12
	respiratory, excretory and circulatory systems.	Thinking Question 2	12
		IFT	7
4.4	BIO.3.1.01.055 Explain the main structure and function of the	11 1	- 1
14	respiratory, excretory and circulatory systems	Figure 5	7
			<u> </u>
4-	BIO.3.1.01.047 Recognize the components of the circulatory	IFT	8
15	system and the role of the blood in the digestion and	Figure 7	8
	respiration	.3	1
16	BIO.3.1.01.061 Describe some disorders related to the	IFT	11
- 5	respiratory, digestive and circulatory systems		
	BIO.3.1.01.047 Recognize the components of the circulatory	IFT	5
17	system and the role of the blood in the digestion and	Figure 3	5
	respiration	Figure 3	J
18	BIO.3.1.01.055 Explain the main structure and function of the	IFT	5
	respiratory, excretory and circulatory systems.		
		•	

RIO 3 1 01 061 Describe some disorders related to the	IFT	7
respiratory, digestive and circulatory systems	Figure 6	7
BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.	IFT	15
BIO.3.1.01.061 Describe some disorders related to the	IFT	17
1 1 1		17
BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.	IFT	13
BIO.3.1.01.064 Describe using the anatomy of respiratory	IFT	14
system the process of ventilation and gas exchange from the environment to the cell.	Figure 13 + Question below it	14
BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment.	IFT	15
BIO.3.1.01.064 Describe using the anatomy of respiratory	IFT	15
system the process of ventilation and gas exchange from the environment to the cell.	Figure 15 + Question below it	15
BIO.3.1.01.055 Explain the main structure and function of the	IFT	14
respiratory, excretory and circulatory systems.	Figure 13	14
BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.	Figure 16	16
BIO.3.1.01.061 Describe some disorders related to the	IFT	17
respiratory, digestive and circulatory systems.	Table 2	17
BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.	IFT	6
BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems	IFT	5
	BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.061 Describe some disorders related to the respiratory, digestive and circulatory systems.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.  BIO.3.1.01.061 Describe some disorders related to the respiratory, digestive and circulatory systems.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, digestive and circulatory systems.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.	BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.061 Describe some disorders related to the respiratory, digestive and circulatory systems.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment.  BIO.3.1.01.064 Describe using the anatomy of respiratory system the process of ventilation and gas exchange from the environment to the cell.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.  BIO.3.1.01.064 Describe some disorders related to the respiratory, digestive and circulatory systems.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.  BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.

Academic Year	2025/2026
العام الدراسي	2025/2020
Term	1
الفصل	1
Subject	Biology/Inspire
المادة	الاحياء/انسبير
Grade	11
الصف	
Stream	General
المسار	العام

Number of MCQ عدد الأسئلة الموضوعية	30	
Marks of MCQ درجة الأسئلة الموضوعية	(2-4)	
Number of FRQ عدد الأسئلة المقالية	0	
Marks per FRQ الدرجات للأسئلة المقالية	0	
Type of All Questions نوع كافة الأسئلة	لة الموضوعية /MCQ	الأسئا
Maximum Overall Grade الدرجة القصوى الممكنة	100	

# **Questions which include Term 1 Exam**

1	BIO.3.1.01.047- Recognize the components of the circulatory system and the role of the blood in the digestion and respiration	IFT = Information from text.	3
	BIO.3.1.01.055 Explain the main structure and function of the	Figure 1	3
	respiratory, excretory and circulatory systems.	Demonstrate	
13	Demonstrate Understanding	your Thinking	12
	2. Compare and contrast the structure of arteries and	Question 2	-
	the structure of veins.		
30	BIO.3.1.01.055 Explain the main structure and function of the	IFT	5
	respiratory, excretory and circulatory systems.		
17	BIO.3.1.01.047 Recognize the components of the circulatory system	IFT	5
	and the role of the blood in the digestion and respiration	Figure 3	5
18	BIO.3.1.01.055 Explain the main structure and function of the	IFT	5
	respiratory, excretory and circulatory systems.		

1- Large blood vessels that <u>carry oxygenated blood</u>
<u>away from the heart are:</u> **a-Veins b- Artery** 

2- Blood vessels that <u>carry deoxygenated blood</u> to the

heart are: a-Veins b- Artery

3- One-cell-thick blood vessels where Exchange of

substances and wastes occur its: a-Veins b- Capillary

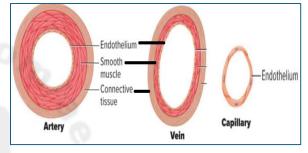


Figure 1 The three major blood vessels in the body are arteries, veins, and	<b>Predict</b> By what process do you think materials cross the walls of capillaries?	Diffusion
capillaries.		

4- Feature	Arteries	Veins	Capillaries
Function	a-Carry blood <b>away</b> from the heart. b- Carry blood <b>towards</b> the heart.	a-Carry blood <b>away</b> from the heart. b- Carry blood <b>towards</b> the heart.	a- Exchange of gases, nutrients, and waste. b- Carry blood <b>towards</b> the heart.
Oxygen Level	a- Oxygen-poor + b- Oxygen-rich +	a- Oxygen-poor + b- Oxygen-rich +	a- Nothing Oxygen. b-Mixed exchange O2& CO2
Wall thickness & elastic	a- Thin, less elastic. b- Thick, more elastic	a- Thin, less elastic. b- Thick, more elastic	a- Thick, more elastic b- One cell thick. No elastic.
Endothelium	a- Thiner	a- Thiner	a- Thicker
layer	b- Thicker	b- Thicker	b- One cell thick.
Valves	a- Present b- No valves+	a- Present b- No valves+	a- Present b- No valves
Pressure	a- High pressure b- Low pressure	a- High pressure b- Low pressure	a-High pressure b- Very low pressure
Location	a- Closer to skin surface b- Deep within body	a- Closer to skin surface b- Deep within body	a- Closer to skin surface b- In almost all tissues

- 5- Why are valves present in the veins?
  - a- Keep blood flowing in one direction.
  - b- To prevent blood backward. c- Both a & b correct
- 6- Why is the endothelial layer of arteries thicker than that of other blood vessels?
  - a- Arteries carry blood back to the heart.
  - b- Blood pumped from the heart at exerts high pressure.



be regulated by the diameter of blood جة حرارة الج

Artery

Vein

Smooth muscle Connective tissue

Capillaries

**Idea**: Through two processes: 1- **When you are cold**, blood vessels narrow to reduce blood flow to 2- When you are hot, blood vessels widen to increase blood flow the skin, which conserves heat. to the skin, which allows more heat to be released to the environment.

7- Dauring exercising muscle capillaries expand (dilate) so this will increase blood flow to working muscles. How?

a-More O2 to cells & removes extra waste from cells. b-More waste to cells, more CO2 to cells.

8- How does blood flow through low-pressure Veins? a- Skeleton muscle contraction only.

b- Breathing and precent of valves only. c-Skeleton muscle, Breathing and valves all together.

2	BIO.3.1.01.055 Explain the main structure and function of the	IFT	6
2	respiratory, excretory and circulatory systems	Figure 4	6
29	BIO.3.1.01.055 Explain the main structure and function of the	IFT	6
	respiratory, excretory and circulatory systems.		٥

**Figure 4** The arrows map the path of blood as it circulates through the heart. Diagram the path of blood through the heart.

### 9- Draw all arrows inside and outside of the heart:

10- Hollow, muscular organ that pumps oxygenated blood to the body and deoxygenated blood to the lungs a-Veins b- Heart is the:

11- Upper Heart chambers receive blood returned? Are left & right ...: a- Ventricle

12- Lower Heart chambers pump blood away from heart? Are left & right...: a- Ventricle b- Atrium.

From Superior body To body vena cava Pulmonary valve atrium Left pulmonary Right pulmonary arteries Left lung Right lung Left Right pulmonary veins pulmonary veins Mitral valve Right Aortic valve Tricuspid valve Left ventricle Right ventricle To body From body vena cava

13- The wall of the (a-Right b-Left) ventricle thicker provides the strength and pressure needed to push blood to all body. CHOOSE.

14- The biggest blood vessels in human body: a- Aorta b- Valves.



14	BIO.3.1.01.055 Explain the main structure and function of the	IFT	7
14	respiratory, excretory and circulatory systems	Figure 5	7
19	BIO.3.1.01.061 Describe some disorders related to the respiratory,	IFT	7
	digestive and circulatory systems	Figure 6	7

15- A group of cells that sends out signals telling the heart muscle to contract is the ......

16- How do SA adjust the heart rate? **a- Body's CO2 need.** 

b- Body O<sub>2</sub> need.

16- Feature	SA Node (Sinoatrial Node)	AV Node (Atrioventricular Node)
Location	a- Lower part of <b>right atrium</b>	a- Lower part of <b>right atrium</b>
Location	b- Upper wall of <b>right atrium</b>	b- Upper wall of <b>right atrium</b>
Function	a- Primary pacemaker of the heart	a- Primary pacemaker of the heart
l unction	b- secondary pacemaker of the heart	b- secondary pacemaker of the heart
Role in	a- Receives impulse from SA , Ventricle	a- Receives impulse from SA , Ventricle
Conduction	contract	contract.
Conduction	b- Initiates impulses, atria to contract.	b- Initiates impulses, atria to contract.

Figure 5 The SA node initiates the contraction of the heart, which spreads through both atria to the AV node. The AV node transmits the signal through excitable fibers that stimulate both ventricles.

17- Look at the diagram of the heart then write the name of each node in the arrow either SA 0r AV:

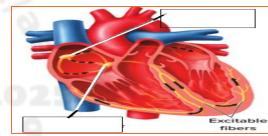


Figure 6 A sphygmomanometer measures the blood pressure in an artery.

Determine What is this person's blood pressure? Is it normal? Explain.

18- Alternating expansion and relaxation of the artery wall

caused by the contraction of the left ventricle is(70 per mins): **a-Pulse** b- Blood pressure

19- Measure of how much pressure is exerted against the vessel walls by the blood:

a- Pulse b- Blood pressure c- Pacemaker d- Atherosclerosis

20- Blood pressure is measured by A device called ...:

a- Thermometers b- A sphygmomanometer c- pulse oximeter

21-Which is normal blood pressure for a healthy adult?

a-141/88 b-162/91 c- 108/65 d- 113/77

22- Normal Reading of the blood pressure is 120/80 mmHg, those numbers refer to:

a- 120 Systolic (pressure during heartbeat) / 80 = Diastolic (pressure at rest).

b- 80 Systolic (pressure during heartbeat) / 120= Diastolic (pressure at rest).

BIO.3.1.01.047 Recognize the components of the circulatory	IFT	8
system and the role of the blood in the digestion and respiration	n Figure 7	8
Figure 7 Blood flow through the body consists of two different circulatory loops.	artery leading le	lmonary vein ading away om the lungs
24 - 1 <sup>st</sup> loop: blood pumped <u>from the heart</u> to the <u>to pick up O2</u>	Loop 1	
and get rid of CO2., and back to heart: a- Liver b- Lunge	Right Left atrium	
25- 2 loop: blood pumped <u>from the heart</u> through and back to heart:	atrium	
a- Lunge b- All body		rtery leading
<b><u>26 A-</u> 1</b> st <b>loop</b> : The <u>Right atrium</u> receives <u>Deoxygenated</u> blood	the body ventricle Left	to the body
from all the body through vessels:	Loop 2 ventricle	
a- Pulmonary vein b- Superior and inferior vena cava.		
27-The deoxygenated blood flow from Right atrium to ventricle.	Blood vessels	
28- The right ventricle pumped the <u>deoxygenated</u> blood to the thr	ough vessels:	
a- Lunge, Pulmonary artery b- Lunge, Pulmonary vein	l	
29- The exchange of gases inside Lunge by Diffuse gas to Er	nter capillaries, while	
gas exits out of the body.		
30 - Second loop: The Left atrium receives Oxygenated blood from	<u>Lunges</u> through vesse	ls:
a- Pulmonary vein b- Aorta c- Superior and	inferior vena cava.	
31-The Oxygenated blood flow from Left atrium to ventricle:	a- Left b- Right	
32-The Left ventricle pumped the Oxygenated blood to all through	ı vessels:	
a- Lunge, Pulmonary artery b- Body, Aorta	c- Heart, Aorta	
33- What is the correct sequence of blood flow starting from the	body?	
a- Pulmonary artery $ ightarrow$ Left atrium $ ightarrow$ right ventricle $ ightarrow$ Aorta.	S7	
b-Superior and inferior vena cava $ ightarrow$ right atrium $ ightarrow$ right ventric	le →Pulmonary artery→	Lung
34- What is the correct sequence of blood flow starting from the	Lungs?	
a- Pulmonary artery → Left atrium → right ventricle –	<del></del>	
b- Pulmonary vein $ ightarrow$ Left atrium $ ightarrow$ Left ventricle $ ightarrow$ A		
35- All the Veins carry Deoxygenated blood EXPET: a- Superior ve		vein
36- All the arteries carry Oxygenated blood EXPET: <b>a-Aorta</b>	b- Pulmonary artery.	VOIII
30- All the afteries carry Oxygenated blood EXPET. a-Autta	b- Fullifolially afterly.	
07 W	2.	
37- Write ( Left Or Right ) in the blank below {look to heart image	e page 6 }:	
Valva Mitral	(biougnid)	

Valve type	a-Tricuspid valve	b- Pulmonary valve	c- Mitral (bicuspid) valve	d- Aortic valve
Position				
between	atrium &	ventricle	atrium &	ventricle
	right ventricle.	& pulmonary artery.	left ventricle	& Aorta .

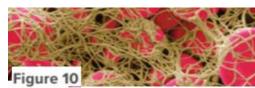
	BIO.3.1.01.047 Recognize the components of the circulatory	IFT	9
3	system and the role of the blood in the digestion and respiration	Figure 9	9
4	BIO.3.1.01.055 Explain the main structure and function of the	IFT	9
4	respiratory, excretory and circulatory systems	IFT	10

Blood components	Plasma	Platelet	White Blood Cells	Red Blood Cells
Function	Carry all materials & blood components.	blood clots with Fibrin	Fight infections	Carry oxygen

Infer: If there too many White Blood Cells, means your body is fighting an infection or inflammation.

- 38- The fluid that transports important substances through the body is: a-Plasma b-Blood
- 39- Circle the blood components below:
- a-Red blood cells b-Lung c-White blood cells d- Stomach e-Platelets f- Plasma.
- 40- Clear, yellowish fluid portion and its 50% of the blood is: **a-Plasma b-Blood**
- 41-Water is around ......% of the plasma and other dissolved material around .....%.
- 42- Which of the following is **NOT** found in blood plasma?
  - a- Hormones b-Oxygen-carrying hemoglobin c- Nutrients d-Waste products
- 43- One of the main functions of plasma is to: a-Carry oxygen b- Help blood clot
  - c- Transport nutrients, hormones, and waste. d- Attack infections directly
- 44- Which proteins are commonly found in plasma?
- a- Regulate water. b-White blood cell proteins. c-For blood clots. d- All of them.
- 45-The flat <u>cell fragment</u> that functions in <u>blood clotting</u>: **a- RBC b-WBC c- Platelet**
- 46-Protein helps form blood clots and stop bleeding: **a-Fibrin b-Platelet**
- رتب المراحل التجلط: 47- Arrange the following steps in the correct order to show how a blood clot forms
  - a- Fibrin forms a network of fibers that trap platelets and red blood cells.
  - b- Platelets release chemicals that produce fibrin protein.
  - c- A blood clot forms.

Answer is: ...... / ...... / ...........



A scab forms as fibrin threads trap blood cells and platelets.

48- Feature	White Blood Cells (WBCs)		Red Blood	i Cells (RBCs)
Function	a- Carry oxygen	b- Fight infections.	a- Carry oxygen	b- Fight infections.
Shono	a- Irregular shape		a- Irregular shape	
Shape	<b>b-</b> Round and biconcave		<b>b-</b> Round and biconcave	
Nucleus	a-Absent b-	Present	a-Absent b	o- Present
Hemoglobin	a-Absent b-	Present	a-Absent b	o- Present
Lifespan	a-Around 120 days	b-Months or years	a-Around 120 days	b-Months or years
Production	a-Bone marrow and ot	her organs.	a-Bone marrow and	d other organs.
site	b- Bone marrow		b- Bone marrow	
Mobility	a-blood vessels & tissu	les.	a-blood vessels & t	issues.
ויוטטונונץ	b-Blood vessels		b-Blood vessels.	

5	PIO 2.1.01.055 Explain the main etructure and function of the	IFT	11
	BIO.3.1.01.055 Explain the main structure and function of the respiratory, excretory and circulatory systems.	Table 1	11
16	BIO.3.1.01.061 Describe some disorders related to the respiratory, digestive and circulatory systems	IFT	11

## **Q49:** Complete this table correctly:

Blood type	2 ()	AB 2	()	( )
Marker	()	( )	9 A	В
Antibodies	Anti & Anti	Non antibodies	Anti B	Anti ( )
Figure	BBAA		BBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBBB	
Can donate to	()	AB	(A& <sup>B</sup> )	(B&)
Can receive from	0	(·)	( <b>A &amp;</b> )	(B &)

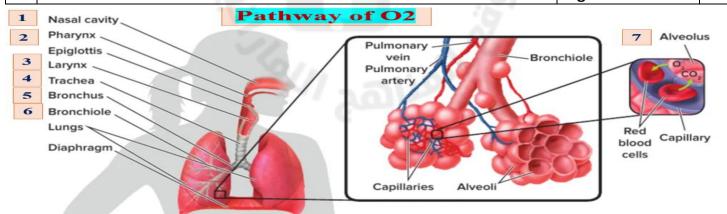
- 50- A marker molecule attached to red blood cells which determines the blood types it's:
  - a- AB antibody
- b- B antibody
- c- Blood group
- 51-Proteins found in the plasma which recognize red blood cell with foreign markers is:
  - a- Antibodies
- b- B markers
- c- Blood group
- 52- What could result from giving type B blood to a type A person?
  - a- The red blood cells would clump and cause blockage in blood vessels.
  - b- The recipient's blood would carry more oxygen.
- 53- Why is **O** blood considered as the universal donor?
  - a. No anti-A or anti-B antibodies
- b- It has no Markers on red blood cells.

54- Why is <b>AB</b> blood considered as the universal receive?		
a- No anti-A or anti-B antibodies b- It has no Markers on red	blood cells	
55-A type of factor or marker on the surface of red blood cells if it's found a	a person well	
Positive to it: a- AB antibody b- B antibody c- I	Rh marker	
56-What can happen if a Rh(-) mother is carrying a Rh (+) fetus, and their	blood mixes duri	ing
pregnancy or delivery?		
a-The mother's immune system makes anti Rh antibodies against Rh(+) f	etus's blood.	
b- The mother's body starts producing red blood cells rapidly		
57- During another pregnancy the antibodies can cross the placenta and c	<u>lestroy red blood</u>	<u> </u>
cells <u>if fetus has</u> : a- Rh positive blood b- Rh negative blo	od	
⇒ This problem happened ONLY if mother Rh Negative blood.		
6 BIO.3.1.01.061 Describe some disorders related to the respiratory, digestive and circulatory systems.		12
58- Which of the following can reduce the flow of oxygen-rich and nutrient-	rich blood travel	ina
	er a and b corre	•
59- A disease of arteries in which fatty deposits reduced blood flow in the l		Cl
a-Pneumonia b- Atherosclerosis	7100d V000015	
	b- Arteries	
60- Which of the following is a possible consequence of atherosclerosis?		
a- Increased flexibility of arteries b- Heart attack or strok	(e	
61- It occurs when blood flow to the brain is interrupted by a blockage or a		
vessel: a- Stroke b- Heart attack	•	
62- It occurs when blood flow to the <u>heart muscle is blocked</u> , typically arte	ry blockage:	
a- Stroke b- Heart attack	,	
BIO.3.1.01.064 Describe using the anatomy of respiratory system the proce	ess of	10
ventilation and gas exchange from the environment to the cell.	IFT	13
63-The Energy rich molecules are needed for all	ation Formula	
body's cells. So, all body's cells and organs can do all activities: <b>a- Sugar b- ATP</b>	≒>6CO2 + 6H2O + ,	ATP
Glucose Oxygen	Carbon Water E Dioxide	Energy
64-Subly O2 to all body cells and remove CO2 waste  from cells is the main function of:  a-Circulatory system  b- Respira	town overtone	
	tory system.	
65- The function of Respiratory system divides into two processes:		
1 Which includes <b>External Respiration</b> 8	k Internal Respirat	<u>ion</u> .

- 66- The exchange of gases between the atmosphere and the blood:
  - a- External respiration
- b- Breathing
- c- Internal respiration
- 67-The mechanical movement of air into and out of the lungs is:
  - a- External respiration
- b- Breathing
- c- Internal respiration
- 68- The exchange of gases between the blood and the body's cells.
  - a- External respiration
- b- Breathing
- c- Internal respiration

69-Choose:	Breathing	Cellular Respiration
Process Type	a- Biochemical b- Mechanical	a- Biochemical b- Mechanical
Mechanism	a- Inhaling oxygen & exhaling carbon dioxide. b-Glucose + O2→ CO2 + H2O + ATP.	a- Inhaling oxygen & exhaling carbon dioxide. b-Glucose + O2→ CO2+ H2O + ATP.

	BIO.3.1.01.064 Describe using the anatomy of respiratory system the	IFT	14
'	process of ventilation and gas exchange from the environment to the cell	Figure 13	14
11	BIO.3.1.01.055 Explain the main structure and function of the respiratory,	IFT	14
' '	excretory and circulatory systems.	Figure 14	14
23	BIO.3.1.01.064 Describe using the anat <mark>omy of</mark> respiratory system the	IFT - Figure 13 +	14
	process of ventilation and gas exchange from the environment to the cell.	Question below it	14
26	BIO.3.1.01.055 Explain the main structure and function of the respiratory,	IFT	14
	excretory and circulatory systems.	Figure 13	14

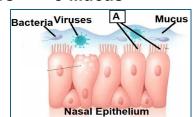


**Figure 13** Air travels into the alveoli of the lungs, where gases are exchanged across thin capillary walls. **Diagram** Trace the path of oxygen from the atmosphere to the alveoli in the lungs.

71-Which of the following correctly lists the **path of air** as it moves from the **outside environment to the alveoli** in the human respiratory system?

- **a-** Nasal cavity  $\rightarrow$  Trachea  $\rightarrow$  Pharynx  $\rightarrow$  Larynx  $\rightarrow$  Bronchi  $\rightarrow$  Bronchioles  $\rightarrow$  Alveoli
- **b-** Nasal cavity  $\rightarrow$  Pharynx  $\rightarrow$  Larynx  $\rightarrow$  Trachea  $\rightarrow$  Bronchi  $\rightarrow$  Bronchioles  $\rightarrow$  Alveoli
- 72- Air first enters the respiratory system through which structure?
  - a- Pharynx
- b- Trachea
- c- Nasal cavity
- d- Bronchi

- 73- The main function of the ... in the nose filters out dust in the air: a-Cilia b- Hairs
- 74- The { A } in this image line nasal passages its: a-Cilia b- Hairs c-Mucus
- 75- What is the function of hairlike cilia lining the nose?
  - a- To exchange gases in the alveoli
  - b- To expand and contract the lung
  - c- To move mucus and trap foreign particles out of the airways.



76-The ... membranes beneath the cilia warm and moisten the air while trapping foreign

particles:

a-Cilia

b- Hairs

c-Mucus.

77-- Which of the following structures prevents food from entering the trachea during swallowing? **a- Alveoli b- Epiglottis** 

**Figure 14** Hairlike cilia line the mucous membranes of the nasal cavity.



77b- Allows air to pass from the larynx to the trachea its: **a- Alveoli b- Epiglottis** 

78- The larynx is commonly known as the:

a- Windpipe

b- Voice box

79- Which of the following is **NOT** part of the human respiratory system?

a- Lungs

b- Bronchi

c- Stomach

d- Diaphragm

80- What is the main function of the trachea?

a- To exchange gases with the blood

b- To prevent air from entering the lungs

b- To warm and filter the air

d-To carry air from the larynx to the bronchi

- 81- What is the role of the bronchi in the respiratory system?
- a- They transport oxygen to the blood

b-They carry air from the trachea to each lung

82- The small <u>sacs in the lungs</u>, which has <u>walls</u> that are <u>one cell thick</u> <u>surrounded</u> by <u>capillaries</u> where <u>actual exchange of gases (O2 & CO2)</u> is called: **a- Bronchi b- Alveoli** 

- 83- Why are the walls of alveoli only one cell thick?
  - a- To protect the lungs from bacteria.

b- To allow quick exchange of gases

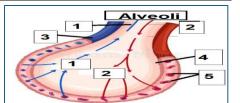
- 84- How does the thin wall of alveoli help with gas exchange?
  - a- It strengthens the structure of the lungs
- b- It reduces the distance gases must travel.

8	BIO.3.1.01.055 Explain the main structure and function of the	IFT	15
0	respiratory, excretory and circulatory systems.	Figure 15	15
10	BIO.3.1.01.064 Describe using the anatomy of respiratory system the	IFT	15
10	process of ventilation and gas exchange from the environment to the cell.	Figure 15	15
25	BIO.3.1.01.064 Describe using the anatomy of respiratory system the	IFT	15
	process of ventilation and gas exchange from the environment to the	Figure 15 &	15
	cell.	Question below it	

24	BIO.3.1.01.064 Describe using the anatomy of respiratory system the	IFT	15
	process of ventilation and gas exchange from the environment.		
20	BIO.3.1.01.064 Describe using the anatomy of respiratory system the	IFT	15
	process of ventilation and gas exchange from the environment to the cell.		

### 85-Label all numbers in this figure below correctly:

a-( ........) Alveoli wall b- ( ........) Capillaries c -( ........) CO2 d-( ........) Red BC e -( .........) O2



86- O2 diffuses across moist, thin wall from ......to.....to.......to....... thin to red BCs.

O2 released to all body cells during.... respiration: a- Internal b-External

87-CO2 in blood crosses from capillary walls and diffuses into the ...... then

travels to atmosphere during .... respiration: a- Internal b-External

88- The .... exists in three forms: Dissolved in plasma, bound to hemoglobin, in RBCs as

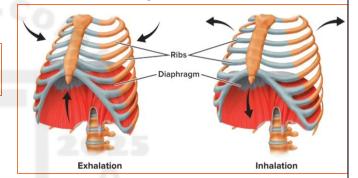
carbonic acid: a-O2 b- CO2

**Figure 15** Rib and diaphraum muscles contract and relax during breathing. **Analyze** how air pressure is involved in breathing.

**Key idea:** Increasing lung volume → Decreases

air pressure → Air flows inside alveoli.

**89-Choose** the correct answer on the table below:



	Inhalation	Exhalation	
Air Direction	a-Out of the lungs.	a-Out of the lungs.	
All Direction	b- Into the lungs	b- Into the lungs	
Diaphragm	a- Relaxes, moves up	a- Relaxes, moves up	
Diapiliagili	b- Contracts, moves down	b- Contracts, moves down	
Chest Cavity	a- Expand b-Reduce	a- Expand b-Reduce	
Ribcage فقص صدري	a-Moves up and out	a-Moves up and out	
Ribcage علام	b- Moves down and in	b- Moves down and in	
Rid & Diaphragm	a- Relaxes	a- Relaxes	
Muscle	b- Contracts	b- Contracts	
Air Pressure	a- Decreases inside the lungs	a- Decreases inside the lungs	
All Flessule	b- Increases inside the lungs	b- Increases inside the lungs	

90- What is the function of the diaphragm in the respiratory system?

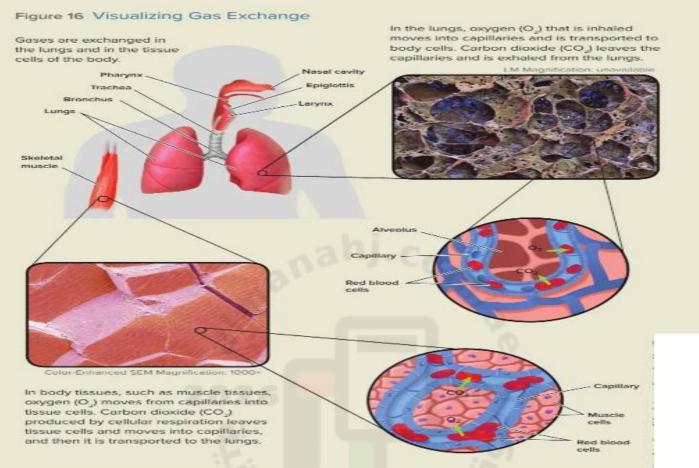
a- To transport oxygen to the blood. b- To filter and moisten the air

c- To help in the process of breathing by contracting and relaxing

91- How does the brain direct the rate of breathing?

a-O2 needs b- CO2 concentration in blood c- Both answer a and b are correct.

27	BIO.3.1.01.064 Describe using the anatomy of respiratory syste	m Figure 16	16	6
	the process of ventilation and gas exchange from the environm	ent		
	to the cell. Study this figure			



# 92-Complete the following:

1-Around Alveoli Inside Lungs	a- The () gas <b>inhaled</b> move into then to body cells. b- The () gas <b>exhaled</b> leaves the then to atmosphere.
2- Near body tissues & cells	a- The () gas <b>moves from capillaries</b> to the

9	BIO.3.1.01.061 Describe some disorders related to the respiratory,	IFT	17
9	digestive and circulatory systems	Table 2	17
12	BIO.3.1.01.061 Describe some disorders related to the respiratory,	IFT	17
12	digestive and circulatory systems	Table 2	17
21	BIO.3.1.01.061 Describe some disorders related to the respiratory,	IFT	17
	digestive and circulatory systems.	Table 2	17
28	BIO.3.1.01.061 Describe some disorders related to the respiratory,	IFT	17
	digestive and circulatory systems.	Table 2	17

- 93- What is the common effect of disorders that damage bronchi and alveoli tissues?
- a- Increased oxygen absorption b-Faster breathing rate c- Difficulty in respiration
- 94- How does smoking affect the respiratory system according to the passage?
  - a- It strengthens the alveoli
- b- It enhances cellular metabolism
- c- It causes chronic irritation and inhibits cellular metabolism
- 95- What can airborne materials like pollen trigger in some individuals?
  - a- Lung cancer

- b- Increased metabolism
- c- Respiratory problems due to allergic reactions
- 96- What happens when respiratory tissues are damaged?
  - a- Breathing becomes easier

- b- Oxygen levels increase in the blood
- c-The effectiveness of bronchi and alveoli is reduced.
- ⇒ 97- Write the correct number of the disorder near its description:

Disorder	Brief Description	
1. Bronchitis	a-() Infection of the lungs causes the alveoli to collect mucous material.	
2. Lung cancer	b-() Respiratory pathways become irritated, and bronchioles constrict.	
3. Disorder Asthma	c-() Uncontrolled cell growth in lung tissue can lead to a persistent cough, shortness of breath, bronchitis, or pneumonia, and can lead to death	
4. Pneumonia	d-() Respiratory pathways become infected, resulting in coughing and production of mucus.	
5. Emphysema	e-() Alveoli breakdown, resulting in reduced surface area needed for gas exchange with the alveoli's blood capillaries.	

You become the best of yourself.

Good Luck for my best students Ms. Arwa Almessabi...